



# *The* HEATH



*News, Views & Comment from the*  
United Reformed Church, Chadwell Heath

April 2019

50p

Dear Friends,



Heath & Havering URC  
United in Christ

How is your Lent going?

I have decided to do something different this Lent by taking part in the “Living Lent” challenge by the Joint Public Issues Team. Its aim is “Creating a climate of change”. This is done by practical challenges to our lifestyle:

- Giving up single use plastics for Lent
- Going meat-free (or animal-product-free) for Lent
- Finding alternative modes of transport (eg bicycles) for Lent
- Giving up electricity for an hour every day in Lent
- Living (and shopping!) locally during Lent
- Buying nothing new during Lent (excluding food, of course)

People are invited to focus on one of these challenges to change their attitude and lifestyle a bit during Lent. I have chosen to be meat-free for Lent, and as animal-product-free as possible. It is actually proving quite a challenge, but with the evidence mounting drastically for a serious need to stop climate change urgently, I feel it is a sacrifice worth considering for our world.

From the Living Lent Website: “Transforming our climate is not just a one-off activity, but requires whole-life change. As we journey through Lent together, towards the hope of Easter, let’s explore what God’s world-changing transformation can look like for us as individuals and as a society.”

Lent reminds us of the sacrifice of love Jesus made during his life on earth, which culminated in his death on the cross. At Easter we celebrate the new life God offers, which transcends our human understanding and offers us eternal hope and new life.

Jesus assures his disciples of this, and promises:

“I am the resurrection and the life. Those who believe in me, even though they die, will live” (John 11:25, NRSV)

The Easter story is a story of transformation and change.

Grappling with the resurrection was not a glorious moment for the disciples and the women at the tomb, but a startling encounter, challenging everything they had ever known, and confusing them with the possibility of a different reality.

Change is often met with scepticism. People don't like things to change. We enjoy the rhythms of life and we feel settled in our patterns of living and of thinking.

In the words of the Rt Rev Martin Seeley, Bishop of the St Edmundsbury and Ipswich Diocese, (of the Church of England), Easter is the gift for people to live their lives differently. He says: "Jesus' resurrection from the dead frees us from living defensively, and instead we can live generously and hopefully. "We let go bit by bit of our fear of death, which lurks in the background of our lives, to live differently out of love." (quoted from the East Anglian Daily Times, published 28/03/2018)

May we all recognise Easter for ourselves not only as the celebration of our hope in God's eternity, but also as a reminder to change some of our unhealthy habits and patterns into signs of God's love and our own liberation from "what we have always done".

Change is on the horizon for our churches too. At the March meeting of Thames North Synod, Alan Yates, immediate past-moderator of General Assembly, spoke powerfully of the reality of change in our denomination - will we still be a viable denomination in 20 years' time? Will we still be able to have several Synods? What roles will ministers have, if we continue to decline in membership but refuse to close struggling churches? He spoke with the image of a "burning platform". We have not yet reached the stage of a burning platform as a church. When we do, it may be too late to prepare ourselves for the change that will come. But if we acknowledge that our society and culture have changed, can we accept our need to redefine our expectations of church? And if we want to do this, what drastic changes do we need to make as a denomination and as individual churches?

Easter follows on from Lent and Good Friday. The Resurrection takes place after a painful period of mourning and death. Some things will come to a natural end in our own churches and in our own lives. This is at times hard to accept, but we trust that new life does indeed emerge.

This spring and summer, for me, is a time of ending. I am sure that many of us will experience feelings of loss and bereavement, as my family and I prepare to move on from the Heath & Havering Local Area Group and from the wonderful churches I have been privileged to serve for (what will be) six years. A time of blessing and growth in my own life and ministry has reached a poignant moment. God has called me (and us) to move on. God's calling often unsettles us and reminds us not to get too comfortable or even complacent. Only when we journey on with God, can we continue to grow in faith. Our churches will become unsettled by the process of looking for new leadership and pastoral guidance. But I can reassure you that you will all be absolutely fine. We have wonderful Elders and members in all our churches who work together as Christ's Body in our local areas. We give thanks for loving and devoted colleagues within the URC and from other churches, who will continue to support our churches. For us all, this will be a time to evaluate, truthfully, where we are as God's people, and where we envisage God calling us to be.

I look forward to hearing about your continuing journeys as churches when I have moved to Austria. Who knows what resurrection promises lie ahead for our churches and for our own lives...

We will mark the ending of my ministry in the H&H LAG during the July H&H Evening Communion Service and AGM with a time of sharing fellowship and worship.

I would like to remind you of the significance of the words to a hymn, which is probably used too much for our liking, but is very special to me:

**“One more step along the world I go, from the old things to the new keep me travelling along with you ... All the new things that I see you'll be looking at along with me.”** (Sydney Carter, © 1971 Stainer & Bell)

May God bless us all, as we follow in the footsteps of Christ and walk in his ways.

With love and thankfulness for all that has been,  
Your Minister Dorothee





Thank you to Dorothee for our rededication service at the beginning of January 2019

## A New Pew Cushion

A new cushion was dedicated by the Reverend Martin Wheadon at our Morning Service on Sunday 27 January 2019. Sue Penn, daughter of Ruth Kemp, brought along a beautiful pew cushion which she had stitched in memory of her mum. Ruth, a late member, was very involved in many aspects of our church life over the years she worshipped with us.

It was lovely to have Sue with us and she told me, after the service, she looked at the cushion she had randomly picked up and been sitting on only to discover, purely by chance, that it was one her mother had stitched several years ago. What an amazing moment.

Diana Baker



## THAMES NORTH SYNOD REPORT

On 16th March I attended Thames North Synod at Chingford URC as the Chadwell Heath representative. We had opening worship followed by the regular church business. When it came to Ministerial changes Dorothee's move to Salzburg was announced much to many people's surprise and it showed how popular she is and will be sadly missed. Among those who had given fifty years ministerial service to the church was Francis Ackroyd formerly of the Vine, Ilford who has recently conducted several services at Chadwell Heath.

A major part of the morning was taken up with Alan Yates ( a former General Assembly Moderator) giving us his "Visions of the Future". He told us how the URC was in decline due to mortality rates and lack of ministry and we could become extinct in twenty years. He foresaw a reduction in area synods which would mean these would then become more remote from individual churches. He said that as synods go Thames North was not a poor one but we behaved as if we were. There is money available and we could spend more on mission.

The morning concluded with a number of committee reports and various church initiatives including "Walking the Way " from Jim Dalglish.

We opened the afternoon with a gathering song. There was then a talk on Safeguarding by Dawn Watson of 31:8(formerly CCPAS). The new title refers to Proverbs 31:8-look it up in your Bible! Next up was the Ministry and Mission Funds Synod review's final report. Unfortunately when it came to the vote there were a majority of abstentions so it was deferred to next Synod. The final item was a motion by St John's New Barnet regarding divestment in fossil fuels by Thames North Synod , this motion was carried

We finished with closing worship. We next gather at Fairford Leys in October.

Tim Marshall

## THE ORIGINAL "MOTHERING SUNDAY"

Mothering Sunday began as an explicitly religious event of the 16th Century, with no connection to mothers at all. The word "mothering" referred to the "mother church", which is to say the main church or cathedral of the region. It became a tradition that, on the fourth Sunday of Lent, people would return to their mother church for a special service. This pilgrimage was apparently known as "going a-mothering", and became something of a holiday event, with domestic servants traditionally given the day off to visit their own families as well as their mother church.



### SIMNEL CAKE

One of the tastiest traditions of Mothering Sunday was the baking of Simnel cake. Often regarded as a purely Easter-related confection, this rich fruit cake is also tied to Mothering Sunday, as a bit of indulgence to make up for the general austerity of Lent (and a nice home-baked present to take home to your mother). Consisting of layers of cake and marzipan, a traditional Simnel cake also reflects the religious overtones of the event by being adorned with 11 balls of marzipan, representing all the disciples of Jesus, minus Judas.

# Treasurers Report 2018

Last year's income was derived from offertory, hall hire, manse rent and miscellaneous and totalled £31947. Of this offertory accounted for £ 10164 (£1208 or 10% down), with a further £2843 recovered under Gift Aid. This represents 40% of our income (2%down).

The manse provided an income of £7167 with £1876 expenses (22% of income)

Miscellaneous income (magazine, photocopying) totalled £48 or 0.1% of income.

The remainder of the income came from hall hire and produced £11724 or 37% of income.

From this income we paid all our routine expenses including £13620 Ministry and Mission (up £372 on last year), £3177 cleaning (up by £1380), and £5047 heating, water and insurance. We spent £1713 on administration, and gave a total of £917 to various charities. Pastoral expenses amounted to £1825 (£350 up ) and we spent £720 on pulpit supply, £210 more than last year.

At the end of the year we had a surplus of £3050 which was transferred into repair account.

Gift Day raised £145 which was also transferred into Repair account.

Capital Account – with addition of bank interest of £8 the account closed with a balance of £16343 having bought storage boxes, pa system, work platform & trolley. A new photocopier only cost the Church £54 due to a generous donation.

Repair Account. We spent £2122 on electrical work, £130 on kitchen sundries £170 on plumbing £400 on scaffolding and £475 on fire and gas maintenance. Fundraising events raised £210. The major quinquennial repairs cost £33600, for which we received a grant of £16425. The balance stands at £19755

Church giving to Christian Aid throughout the year amounted to £290

From our Christmas Offertories we donated £370 each to London City Mission and Traidcraft Exchange.

At the end of the year the Church assets stood at

Capital Account	£16343
Repair Account	£19756
Loan Account	<u>£ -2600</u>
	£33499

Whilst our offertory income fell by £1200 due to falling membership, our expenditure increased by £3600. This was mainly due to significantly increased cleaning costs now that we employ contract cleaners, additional maintenance on the manse (which is unlikely to be repeated next year) and additional pastoral expenses now they are shared between 3 churches rather than 5 together with additional pulpit supply costs.

Whilst we have lost some hall hiring's, we have gained others, with more due to start in January, and hall hiring's were only £390 less than last year.

Our total assets are £16,415 lower than last year. However given that we paid £17,175 towards the major building works and new kitchen this does not give undue concern and we have sufficient funds to maintain the Church in the coming year

*David Sagers*

## **Hall Hire Report for Chadwell Heath URC Church AGM, 22/3/19**

The Hall Hire Team comprises David Sagers (Treasurer) & Elaine Bailey (Administration including bookings/diary). All information is copied to Diana Baker (Church Secretary) and Revd Dorothee Bäärma.

We currently have 7 Hire organisations plus the occasional B&D Election requirement. Those marked with a star are new this year.

These are listed alphabetically as follows:

Chadwell Heath Residents Association\*  
Chadwell Heath Tuition Centre  
Charren Women's Club  
Christ Apostolic Church (C.A.C)  
Councillor Simon Perry (Labour Ward Surgery) \*  
Muslim Friday Lunchtime Prayer Group\*  
Weight Watchers

Changes since last year's report are that the Russell School of Dance & Drama has closed in this area and the Guides, Brownies and Rainbows have moved to other premises.

There are copies of the current hall hire schedule on the notice board by the kitchen, in the office and in the Quiet Room.

The Christ Apostolic Church have changed their main booking and are now holding their Sunday Service in the church from 08.30-10.30am on Sunday mornings. Their other times and days remain the same. This has been a positive move as we no longer need to worry about finishing quickly or moving them if we require to use the hall for refreshments or lunches. Amendments to their Agreement have been duly signed and filed.

The Charren Women's Club have recently had a change of personnel regarding their Chairwoman and Treasurer who have both retired/resigned. This organisation has continued to be most supportive and have purchased 10 new chairs for general use. Generally, we manage to keep an eye on things, although sometimes there are issues we must address regarding care, safety and security of the premises.

Current hourly charge is £20/hr with no increase planned this year. This fee is reviewed annually and advised in time for any changes to take place. All hire fees are paid directly to our bank account or to David Saggars as Treasurer.

Elaine Bailey

Elder & Hall Hire Administrator

22<sup>nd</sup> March 2018

**Foodbank Report for Chadwell Heath URC Church AGM,**  
**24/3/19**

Thanks once again to the Foodbank Team, comprising Angela & David Saggars, Margaret Rose, Tim Marshall, Liz Thorburn and Jean Quilty who volunteer every Thursday morning. We provide teas & coffees from the kitchen and special thanks go to Angela for the delicious cakes she continues to supply each week. We, and the clients really appreciate these! Unfortunately, we are still seeing a constant flow of local people who need our services when they are often in a very low state and find it difficult to pluck up courage just to come through the door.

The statistics for the last year are:

April 2018 to 21<sup>st</sup> March 2019 - 419 people- 2,497.9kgs given out This is an increase of 115 people and 459.9kgs against 2018, even though we were closed for a few weeks whilst the kitchen was being refurbished.

As an open inclusive coffee morning, we are also lucky to have had a few people drop in for a chat and a drink with cake/biscuits, including a few from other local connections & churches. It should be noted that we are very grateful to St. Chad's as a major donator and the other local churches for their continued support and very generous donations. I have begun noting the donations so, should anyone want to see more details, please ask. We continue to have other people pop in with extra donations as we have become known in the area. Thank you to everyone who contributes to our own Foodbank table at the church entrance and to those who bring donations with them on a Thursday.

We do not always have clients to serve and, when this happens, we take advantage of the time together to do various small jobs (and admin) around the church premises so, Thursday mornings have become a special time together for several reasons. Brian Allison (& sometimes Beryl) arrives most Thursdays to do various jobs whilst David is on hand to give him help if needed. He is often able to chat to those gentlemen who would rather speak to a man, although Liz does a brilliant job when she is here. He says he likes to come and have a coffee and piece of Angela's cake too! Diana Baker has been able to come along quite regularly and we have been able to take the opportunity to discuss Elders items, including preparing for some of our Services, as we are all there together. Dorothee also has been able to come along sometimes and is, of course, very good at talking to people – and making tea when we are busy.

All in all, I should say that Thursday mornings have become a very important part of our time together and to reach out to the local community, so thank you again to all who take part.

Elaine Bailey

Elder & Foodbank Co-ordinator

## Do You Know Your Hymns?

Dentist's Hymn	. . .	Crown Him with Many Crowns.
Weatherman's Hymn	. . .	There Shall Be Showers of Blessings.
Contractor's Hymn	. . .	The Church's One Foundation.
Tailor's Hymn	. . .	Holy, Holy, Holy.
Golfer's Hymn	. . .	There's a Green Hill Far Away.
Politician's Hymn	. . .	Standing on the Promises!
Optometrist's Hymn.	. . .	Open My Eyes That I Might See.
IRS Agent's Hymn	. . .	I Surrender All.
Gossip's Hymn	. . .	Pass It On.
Electrician's Hymn	. . .	Send The Light..
Shopper's Hymn	. . .	Sweet Bye and Bye.
Realtor's Hymn	. . .	I've Got a Mansion, Just Over the Hilltop.
Massage Therapist's Hymn.		He Touched Me.

AND for those who speed on the highway - a few hymns:

55 mph	. . .	God Will Take Care of You
75 mph	. . .	Nearer My God To Thee
85 mph	. . .	This World Is Not My Home
95 mph	. . .	Lord, I'm Coming Home
100 mph	. . .	Precious Memories

Give me a sense of humor, Lord, Give me the grace to see a joke,  
To get some humor out of life, And pass it on to other folks.

Pauline Clarkson



## Happy Birthdays in April

Dianne Crisp 3rd, Henry Clifford 5th,

Evie Catlin & Emelia Williams 9th,

Lidia Catlin 12th, Christina Buxton 22nd

I have been given 4 Bibles, La Sainte Bible, The Schofield Reference Bible, Revised Standard Version Bible and a King James. I also have a child's bible Old Testament. If anyone would like them or knows of anywhere I could send them to be reused please let me know? Dianne Crisp.

# CHURCH DIARY APRIL

Thursday 4th	10.00am	Foodbank, Coffee & Conversation, Church Library time
Sunday 7th	11:15am	Holy Communion — Revd. Dorothee Bäärma Communion Table - Christina
Thursday 11th	10.00am	Foodbank, Coffee & Conversation, Church Library time
Friday 12th	7:15pm	Elders Meeting
Sunday 14th	11:15am	Palm Sunday — Freddy Sayer
	5:30pm	Heath & Havering Holy Communion at Trinity Bring And share tea with Jim & Milly Dagleish before the service
Thursday 18th	10.00am	Foodbank, Coffee & Conversation, Church Library time
Sunday 21st	11:15am	Easter Sunday Including Communion — Revd. Dorothee Bäärma Refreshments—Diana & Cassie
Thursday 25th	10.00am	Foodbank, Coffee & Conversation, Church Library time
Sunday 28th	11:15am	Morning Worship — Revd. Christine Harding

## **Diary/Noticeboard:**

### **Chadwell Heath + Heath & Havering Group of Churches**

**Dig Deeper course** – next meetings are 28<sup>th</sup> March, and 11<sup>th</sup> April. 1-3pm at Trinity URC, Upminster

**Palm Sunday, 14<sup>th</sup> April: Bring & Share Tea, 5.30pm at Western Road URC. Come along and see Jim & Millie Dalglish who will be visiting!**

**Maundy Thursday 18<sup>th</sup> April: Joint H&H Supper, 7.30 at Trinity URC, Upminster. Please advise Dorothee if you are able to go along as they need numbers for catering purposes. Thank you.**

**Food for Thought - A Lent Challenge** – There is a challenge for Lent which has appeared on Facebook. The challenge is to remove one item of clothing from your wardrobe which you no longer wear or need and collect them in a bag to donate to a charity of your choice at the end of Lent, 40 days later. Obviously, the items should be clean and in a good condition. A different way of giving something up for Lent.

### **General:**

We have the new address and contact details for Ron Smith, so please contact Elaine if you would like them.

Do we have any currently certificated **First Aiders** in the congregation? Please let an Elder know if you are or if you would be willing to attend a course to become one.

**Foodbank:** Thank you for your continued support but unfortunately more food donation help is always needed. We currently need tinned spaghetti, instant mashed potato & chocolate as well as more general items such as washing powder/liquid, washing up liquid – plus all important personal/ female/ toiletries/ toilet rolls & baby hygiene items. Thank you!

**Flower Rota:** *Would you like to sponsor flowers for a Sunday special to you or do your own arrangement?*  
The 2019 calendar is now available. Please see Angela Saggars for further help.

# Worship Themes April 2019

*The Junior Church are using different teaching guides for each age group and the themes listed below are based on the Lectionary and will possibly be used by those leading our worship.*

April 7, 2019	<u>Isaiah 43:16-21</u>	<u>Philippians 3:4b-14</u>	<u>John 12:1-8</u>
April 14, 2019	<u>Isaiah 50:4-9a</u>	<u>Philippians 2:5-11</u>	<u>Luke 22:14-23:56</u> or <u>Luke 23:1-49</u>
April 21, 2019 <i>Easter Day</i>	<u>Acts 10:34-43</u> or <u>Isaiah 65:17-25</u>	<u>1 Corinthians 15:19-26</u> or <u>Acts 10:34-43</u>	<u>John 20:1-18</u> or <u>Luke 24:1-12</u>
April 28, 2019	<u>Acts 5:27-32</u>	<u>Revelation 1:4-8</u>	<u>John 20:19</u>

## **Do you require Prayer?**

Should a quiet time for **private prayers** be requested before any service, please speak to an Elder who will accompany you or ensure your privacy in the Quiet Room.





You Are Invited to an Easter Service  
At Marks Gate Baptist Church  
On Wednesday 17th April 2:30 — 3:30pm

There will be refreshments after the service

# Wellgate Community Farms SPRING BABIES

Saturday 27th & Sunday 28th April

10am - 4pm

01708 747850

FREE ENTRY

**PONY & CART RIDES**

**SPRING TRAIL**

**SIDESHOWS**

**BARBEQUE**

**MEET THE BABY  
ANIMALS**

**REFRESHMENTS**

**BOUNCY CASTLE**

**CRAFTS**

Charity No: 1091729



Company No: 4370324

Collier Row Road, Collier Row, Romford, RM5 2BH [www.wellgatefarm.org](http://www.wellgatefarm.org)

**COME & SING**  
**FAURE - REQUIEM**  
Selected choruses

**THE METHODIST CHURCH**  
THE DRIVE, ILFORD IG1 3PP

**GOOD FRIDAY 19<sup>th</sup> APRIL '19**  
4.00pm REGISTRATION  
4.30pm- 6.30pm – CHORAL REHEARSAL  
7.30pm – PUBLIC PERFORMANCE  
[Dress code – Smart casual]

SOPRANOS, ALTOS, TENORS, BASSES  
AUDIENCE

**BAHAY NG PAG ASA – ‘THE HOUSE OF HOPE’**  
**ORPHANAGE AND OUTREACH CENTRE,**  
**SANTIAGO CITY, PHILIPPINE ISLANDS**  
UK Registered charity 1112167  
[www.bahay-ng-pag-asa.org](http://www.bahay-ng-pag-asa.org) or [www.houseofhopephilippines.org](http://www.houseofhopephilippines.org)

SINGERS PLEASE COMPLETE THE REGISTRATION FORM  
AUDIENCE 7.30pm (No booking required)

£10 SINGERS – INCLUDES LIGHT REFRESHMENT & SCORE  
HIRE

**THERE WILL BE A RETIRING COLLECTION!**

For further details contact:-

Mrs Nickie Kenning 54 Carradale, Orton Brimbles, Peterborough PE2 5XQ  
07715710757 [nickiekenning@yahoo.co.uk](mailto:nickiekenning@yahoo.co.uk) Founder Bahay ng Pag Asa  
(House of Hope)

.....  
I should like to reserve .....place(s) for the ‘Come & Sing’ event

**[Cheques should be made payable to: Bahay Ng Pag Asa]**

Name.....S/A/T/B\* Score required N/Y\*

.....S/A/T/B\* Score required N/Y\*

Please delete\*

Contact address/email.....

.....

.....

Reservation acknowledgement required Y/N (Please enclose SAE)

# QUIET DAY

## TUESDAY 9th APRIL 2019



## RETREAT HOUSE PLESHEY

Meeting at Pleshey at 10:00am.  
People requiring transport please ask.  
The cost including lunch is £18 per head.  
The Diocesan Retreat House Pleshey is set in one of the most attractive villages in Essex.  
This is a chance to get away from the hustle & bustle of daily life and remain quiet or have relaxed discussions within the atmosphere of peace.

If you would like to come, please book through Roger.

Tel: 01992 815838

Email: [rogergayler@btinternet.com](mailto:rogergayler@btinternet.com)



## **SUNDAY SERVICES**

10.30am Prayer Time  
11.15am Morning Worship  
Family All Age Worship 2nd  
Sunday  
Holy Communion 1st Sunday



Heath & Havering Group Holy Communion  
2nd Sunday in the month at 6.30pm  
(at alternate Churches)

### **WEEKDAY ACTIVITIES**

Elders Meeting second Friday in the month 7.15pm  
Foodbank, Coffee & Conversation, Church Library  
time, Thursday 9:30am

### **Minister**

**Revd Dorothee Bührma**

RevdDorothee@t-online.de Tel:01708228489

Web site: [http://www.heathandhaveringurc.co.uk/  
chadwellheath.html](http://www.heathandhaveringurc.co.uk/chadwellheath.html)

Chadwell Heath URC is part of the Heath and  
Havering Group



Please send any news, information or an article for the Heath to  
Dianne Crisp. Email [Dianne.crisp@ntlworld.com](mailto:Dianne.crisp@ntlworld.com) The deadline is  
Tuesday 23rd April 2019 for the May/June issue.