



The HEATH



News, views & comment from the
United Reformed Church, Chadwell Heath



December 2019 & January 2020

50p

PUDDING
CAROL
SHOPPING
CARD
DAY
PARTY
STOCKING
TREE
FATHER
EVE
PRESENTS
CRACKER
WHITE
BONUS
DECORATIONS
FAYRE
DINNER
CAKE
CACTI
WRAPPING PAPER
LIGHTS

Dear Friends,

Greetings in the name of Our Lord Jesus Christ.

Our churches are entering the powerful traditional themes of Advent, Christmas and Epiphany.

Advent is a season for looking forward, anticipating the future, preparing ourselves for the coming again of Jesus Christ. It is not simply a countdown to Christmas, it is a God given time to prepare ourselves to receive the forgiveness and new life He brings, and to commit ourselves afresh to His service.

In the world around us, this season is characterized by a certain kind of insatiable wanting, and yet the proliferation of consumer goods, for those who can afford them, does nothing to satisfy our own sense of need.

Christmas then, is the time whereby God relinquished power and is found in the helpless vulnerable body of a baby, unprotected from human poverty and danger. This defies our imagination, and we find it easier to sentimentalize Christmas. But let us not be accused of being a kill-joy, rather in all the fun and celebrations of Christmas let us remember the special message of God's coming to us in Christ, Emmanuel.

And may all our celebrations at Chadwell Heath demonstrate that Christmas isn't simply about celebrating the coming of Jesus long ago; but most importantly how each one of us responds to Him now. 'How we express our belief that Jesus was born not just for people then but for us today, and though He died, He rose again and is alive here and now.

This is the news not just for a few but for everyone; not just for others but for us all! And this is news which will go on challenging, inspiring and moving people day after day, from now to eternity; Good News which will remain Good News until the end of time!(Nick Fawcett 'Getting it across')

The Christmas season is followed by Epiphany, which takes it's themes from the journey of the magi, the presumably rich and articulate foreigners who undertook a journey of discovery to search for the Christ. There is in this season, a sense of trying to see more clearly, of being open to 'epiphany' the showing forth of God in unexpected places.

As we journey through these seasons perhaps we too, as a Church, can explore the idea that something new is being shown to us as we move away from familiar ground in order to have our eyes opened. This may be unsettling, but it may also be full of unforeseen delight and God's grace.

Now is also the time to give thanks for the service so many of you have been able to give to the Church, during the past year; using your God given talents, your love and kindness to others.

And may I wish you all, a Happy and Blessed Christmas and may 2020 bring you Health and Prosperity.

Yours in Christ,
Ann

(Revd.Ann. Woodhurst)



Heath & Havering URC
United in Christ

Dear Friends in the H&H Churches,

As the season of Advent & Christmas approaches, we remember our years with you fondly.

Salzburg is already surrounded by snowy mountains - the view from our windows is stunning!

Although we are in a country that is foreign to us, I feel as if I am re-discovering some cherished traditions. Austria is different from where I grew up, but times like Christmas remind me of similarities too.

However, there are many things we will miss from our UK Christmas-es too.



We will hold you and the churches in our thoughts and prayers.

Wishing you a peaceful Christmas and a blessed start to the new year.

Love from Dorothee & family

Here are some photos of my Induction to Gottesdienst Church. This is the link to the official write-up with pics: <http://emk.at/blog/die-emk-salzburg-hat-eine-neue-pastorin>

Also, this is the website I will be editing from now on (but haven't done much yet):

<http://emk.at/salzburg>



Happy Birthdays in December

Karen Bailey 6th, Margaret Rose 8th,
TJ Mayo 10th, Ray Weiner 11th, Ron Smith 16th,
Terry Mayo 19th, Samantha Bailey 21st, Emily Catlin 25th.



& Happy Birthdays in January

Benjamin Campbell 1st, Pauline Clarkson 9th,
Jeanet Zarrate 12th.



A different kind of Advent Calendar

November 1st arrives and apparently it's the Christmas season. Along with decorations, gift ideas and fancy food, advent calendars appear on shop shelves, in bright colours and assorted themes. Some contain chocolates, some have quotes, and some have little surprises hidden behind each door. They vary in price but one thing is for sure, they are a great way for children and adults alike to count down the days until the 25th December. But what if you've been struggling to make ends meet? What if you haven't got enough money to cover your family's normal food bills, let alone the presents for your children, parents, siblings, uncles, aunts and your third cousin once removed who you only see at Christmas but they always get you a gift so you HAVE to reciprocate? That is the position of a lot of families over Christmas, and more and more are turning to a Food Bank to help keep them going until their next pay day. But there is a way we can help. Supermarkets are always full of offers. 3 for 2, buy 1 get 1 free, half price and so on. Next time you go shopping, look at what non-perishable items you are buying and see if there is an offer that allows you to get more for the same price. If there is, get the extra item, and then every time you open a door on your advent calendar, add that extra packet of pasta, tinned food or whatever it happens to be to a pile. As your calendar gets less by the day, your Food Bank pile will grow and grow, and by the time it is Christmas Day, you will have a lovely large donation which will help several families to have a better Christmas season. And don't forget, people need the help of Food Bank all year round, so whenever you find there is a BOGOF but you only wanted the one, donate the second to Food Bank.

Cassie Baker



MAINTENANCE MATTERS

Please find below the Quarterly Maintenance Report as read out and distributed at the Church Meeting on Sunday 24 November 2019. To meet the deadline for this issue of The Heath I have had to send it before the meeting occurs, so let's hope everything works as planned.

As we approach Christmas and winter starts taking a hold, it is good to know that we have had the funds to ensure a warm, dry and safe place in which to worship. But we should of course spare a thought, or offer a prayer, (or something more tangible perhaps?) to those with no such place to go, even for the simple basics.

Brian

Maintenance Report Q4 Oct 2019 to Dec 2019

1. General

As it is only two months since the last Report, this Report includes not just work carried out in October and November 2019, but also work intended for December 2019. Work carried out during the October to December period is shown in the table below, and constitutes:

Four in-house jobs, mostly carried out on Thursday mornings, by Brian and David.

Four contracted jobs carried out in October and November to the value of £1011, the greater part of this was £911 for redecorating the ramp room and games room.

Three planned contracted jobs during December to an estimated value of £280.

The total for the seven contracted jobs is around £1,291. Brief descriptions of all these jobs are shown in the table on the next page.

2. Costs

Repairs and Maintenance is usually budgeted at £5000 - £6000 pa. That is, around £1500 per quarter. Expenditure in Q1 and Q2 totalled just over £3000 which was more or less to budget. In Q3 and Q4 in view of the effect on church finances of the 10 Ashton Gardens refurbishment, expenditure has been kept to essential work only, and comes out at around £1,931. Thus work for the 12 months January to December 2019 will be just under £5,000. That is at the lower end of the budgeted amount.

We have had very useful support from one of our Craven Court neighbours who has spend quite some time tidying up the ground on the west side of the church, and has organised tree cutting and investigated security light problems on the west side, all at no cost to the church.

Finally, as always many thanks to everyone who continues to provide support in maintenance matters.

Brian

19.11.19

MAINTENANCE WORK UNDERTAKEN OCT 2019 TO DEC 2019

Month	In-house Other jobs this month	Contracted work this month	
		Item	Cost
Oct	Weed within light wells to ramp room. Remove guards from wall heaters ramproom and gamesroom.	Redecorate Ramp Room and Games Room Prune shrubs and weed beds incl moss and weeds at side of hall. Repair phase fault to incoming power supply. Weeding and tree cutting to west side.	911 100 foc foc
Nov	Replace bulb in Ramp room. Clear surface drain and gulley in car park.		
Dec		<i>Repair or renew security lights west side of church</i> <i>Check gutters for winter.</i> <i>Replace faulty heater switches in hall.</i>	80 100 100
	Church Meeting 24 Nov 2019	TOTAL MAINT Oct to Dec	(1291)

Trivia:

1. Just sitting quietly, doing nothing at all, your brain churns through more information in 30 seconds than the Hubble Space Telescope has processed in 30 years! A morsel of brain no bigger than a grain of sand holds 2,000 terabytes of information, enough to store all the movies ever made, trailers included. Altogether, the human brain is estimated to contain something in the order of 200 exabytes of information, roughly equal to the entire digital content of today's world. If that is not the most extraordinary thing in the universe, then we certainly have some wonders yet to find.

2. "Red sky at night, shepherd's delight. Red sky in the morning, shepherd's warning." This saying we all know goes back an awfully long way and today there is even a scientific explanation of it. However, do you know it is quoted in the Bible: Matthew 16, vs 1-2 state: "When evening comes you say, 'It will be fair weather, for the sky is red,' and in the morning, 'Today it will be stormy, for the sky is red and overcast.' The rest of the paragraph reads: "You know how to interpret the appearance of the sky, but you cannot interpret the signs of the times. A wicked and adulterous generation looks for a miraculous sign, but none will be given it except the sign of Jonah." Jesus then left them and went away. Food for thought in today's tumultuous times.

Cry for Help: Do you have any unwanted tools lying idle somewhere at home?

There is a Christian charity sending tools across the world. You can read Edwin's story of how he was saved from living on the streets in Uganda. He was offered a place on a Motorbike Repair Course. When he graduated, Tools with a Mission gave him a Mechanic's Kit and he used it to open his own repair business. It has transformed his life with a tool kit costing just £35. Could you give a tool kit? This charity works with other charities to train and equip people in core skills, such as tailoring, carpentry and mechanics. This enables them to break free from poverty through work. They save hundreds of tonnes of tools otherwise heading for landfill, refurbish them and send them to Africa for livelihood creation. Check them out on www.twam.uk/toolclub

CHURCH DIARY DECEMBER

Sunday 1st	11:15am	Morning Worship & Holy Communion — Revd. Ann Woodhurst Communion Table - Angela Refreshments—Elaine & Janet
Thursday 5th	10:00am	Foodbank, Coffee & Conversation, Church Library time
Sunday 8th	11:15am	Morning Worship — Roger Whipp
Thursday 12th	10.00am	Foodbank, Coffee & Conversation, Church Library time
Sunday 15th	4:30pm	Nativity Led by Diana Baker
Thursday 19th	10:00am	Foodbank, Coffee & Conversation, Church Library time
Sunday 22nd	4:30pm	Carols by Candlelight
Wednesday 25th	10:00am	Christmas Day Service Led by the Elders
Sunday 29th	11:15am	Morning Worship — Led by the Elders including the remembrance of Loved Ones who have passed away

Pleshey Retreat Day 2020

Date for your new diaries Tuesday 26th May 2020

this will be the Pleshey Retreat Day



CHURCH DIARY JANUARY

Thursday 2nd	10.00am	Foodbank, Coffee & Conversation, Church Library time
Sunday 5th	11:15am	Holy Communion & Rededication Service— Rev Ann Woodhurst Communion Table - Christina
Thursday 9th	10.00am	Foodbank, Coffee & Conversation, Church Library time
Sunday 12th	11:15am	Morning Worship — The Elders
	6:30pm	Heath & Havering Holy Communion at Heaton Way
Monday 13th	10:00am	Quiet Room—Elders Meeting
Thursday 16th	10.00am	Foodbank, Coffee & Conversation, Church Library time
Sunday 19th	11:15am	Morning Worship — TBC on Link notices Refreshments— Angela & Christina
Thursday 23rd	10.00am	Foodbank, Coffee & Conversation, Church Library time
Saturday 26th	9:30am to 3:30 pm	Elders Training At Cranham Baptist Church
Sunday 26th	11:15am	Morning Worship — Revd. Christine Harding
Thursday 30th	10.00am	Foodbank, Coffee & Conversation, Church Library time

Diary/Noticeboard:

Chadwell Heath + Heath & Havering Group of Churches

News for the Church Family..... that Emelia feels called to stay back home in Ghana and isn't planning on returning to the UK. We wish her all the very best.

Early Notice re Hornchurch Passion Play 2020:

There are a few leaflets at the back of the church. Meeting about this is on 6th October, 3pm at North Street Halls, Hornchurch RM11 1QX visit www.Hornchurchpp.co.uk/2020

Foodbank: Thank you for your continued support. We are currently short of long-life milk & tinned fruit & tomato sauce. We are very grateful to receive any non-perishable food items, as well as more general items such as washing powder/liquid, washing up liquid & tin openers – plus all important personal/ female/ toiletries including soap, toothbrushes & toothpaste/ toilet rolls & baby nappies. Thank you!

Flower Rota: *Would you like to sponsor flowers for a Sunday special to you or do your own arrangement?* The 2020 calendar is on the entrance table if you wish to book a date. Please see Angela Sagers for help.

Do you require Prayer?

Should a quiet time for **private prayers** be requested before any service, please speak to an Elder who will accompany you or ensure your privacy in the Quiet Room.



Worship Themes DECEMBER/JANUARY

The Junior Church are using different teaching guides for each age group and the themes listed below are based on the Lectionary and will possibly be used by those leading our worship.

First Sunday of Advent - December 1, 2019 - Isaiah 2:1-5 - Romans 13:11-14 - Matthew 24:36-44

Second Sunday of Advent - December 8, 2019 - Isaiah 11:1-10 - 18-19 - Romans 15:4-13 - Matthew 3:1-12

Third Sunday of Advent - December 15, 2019 - Isaiah 35:1-10 - or Luke 1:46b-55 - James 5:7-10 - Matthew 11:2-11

Fourth Sunday of Advent - December 22, 2019 - Isaiah 7:10-16 - 17-19 - Romans 1:1-7 - Matthew 1:18-25

Nativity of the Lord - Proper I - December 24/25, 2019 - Isaiah 9:2-7 - Titus 2:11-14 - Luke 2:1-14, (15-20) Nativity of the Lord - -4, (5-12) - John 1:1-14

First Sunday after Christmas Day - December 29, 2019 - Isaiah 63:7-9

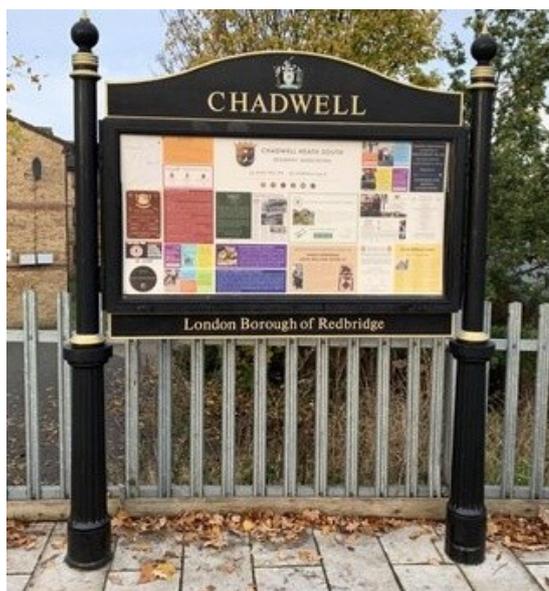
January 6, 2020	<u>Isaiah 60:1-6</u>	<u>Ephesians 3:1-12</u>	<u>Matthew 2:1-12</u>
January 12, 2020	<u>Isaiah 42:1-9</u>	<u>Acts 10:34-43</u>	<u>Matthew 3:13-17</u>
January 19, 2020	<u>Isaiah 49:1-7</u>	<u>1 Corinthians 1:1-9</u>	<u>John 1:29-42</u>
January 26, 2020	<u>Isaiah 9:1-4</u>	<u>1 Corinthians 1:10-18</u>	<u>Matthew 4:12-23</u>

News from Chadwell Heath South's Residents Association

THE NOTICEBOARD ON STATION ROAD IS READY!

After years of neglect, we decided to take the Chadwell Ward Noticeboard under our care. Repositioned, repainted and rejuvenated. Thanks to our local partners and everyone who worked on this project. We will be updating the board seasonally.

Another way to keep you informed on what's happening in Chadwell Heath.



REJUVENATING A NEGLECTED GREEN SPACE

During the Second World War, the corner of Wangey Road/Cedar Park Gardens was used as an allotment for fruit and vegetables, as rationing made purchasing such items difficult. The allotment provided so much food at the time that a lot of it was simply donated to the drivers by nearby residents. When the Public Conveniences were first built, attendants were permanently stationed to look after the area which included tending to the garden. The first roses were planted in the central patch, and the site was a source of local pride winning a number of awards over the years. In the 1990s, local resident Dick Harman planted a solitary cherry tree at the garden, next to his house at No.1 Cedar Park Gardens. The tree is still admired by the local community today, particularly when it blossoms during Spring.

In April 2019, the *Chadwell Heath South Residents' Association* adopted the green spaces on the corner of Wangey Road/Cedar Park Gardens from Redbridge Council, and commenced work to create a Community Garden. Do have a look at the work when you are next passing.



Administrative Assistant (Safeguarding)

London

17.5 hours per week

Fixed-term contract for 1 year

Salary: £13,279

Are you interested in being part of a team to help the Church keep people safe?

A new role has arisen within the Discipleship team at the United Reformed Church House to provide administrative support to the Safeguarding Office, responding to initial safeguarding enquiries from local churches and synods and helping the team to deliver the Safeguarding Strategic Plan.

We are looking for a diligent and motivated person who will contribute to the safeguarding ethos of the Church. With a background of administrative support, you will have excellent interpersonal and communication skills with the ability to deal with matters in a sensitive and confidential manner. You will be organised and thorough with a high level of accuracy and attention to detail. Practical experience of MS office is essential.

Experience of the protection of children and/or vulnerable adults and knowledge of safeguarding would be a distinct advantage.

Happy to talk flexible working.

If you are interested in working for us and can meet the above requirements, please contact us/see our website for an application form (noting that we do not accept CVs):

**Human Resources, the United Reformed Church, 86 Tavistock Place,
London WC1H 9RT**

T: 020 7691 9871

E: recruitment@urc.org.uk

W: www.urch.org.uk/vacancies

Closing date for applications: 12 noon, Friday 6 December 2019

Interview date: Monday 16 December 2019

Recipe for A Happy New Year! By Deborah Ann

Take a cup of Forgiveness,
stir in some of God's grace
then fold it into your heart
and this recipe you'll embrace.

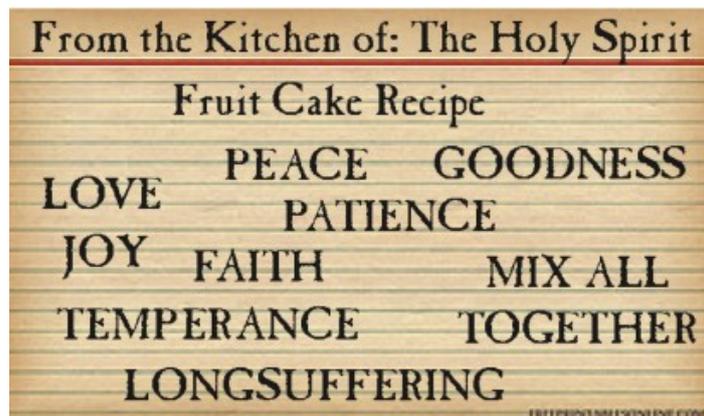
But, you'll need to keep adding,
more ingredients as you go
if you plan on having a year
where Love can rise and grow.

You're going to need Patience,
at least a cup or two . . .
if you want to have Meekness
bubbling up inside of you.

You'll need to slowly blend in,
a heaping spoonful of Goodness
then beat it into the mixture
so you can whip up Gentleness.

Don't forget to add a pinch of Joy,
and as you whisk it into Peace
add a dollop of Faith and Trust
and Hope you will release.

If you live in the Spirit,
you'll need to walk in it too . . .
and if you follow this recipe
it'll produce His fruit in you!





SUNDAY SERVICES

10.30am Prayer Time
11.15am Morning Worship
Family All Age Worship 2nd
Sunday
Holy Communion 1st Sunday



Heath & Havering Group Holy Communion
2nd Sunday in the month at 6.30pm
(at Heaton Way)

WEEKDAY ACTIVITIES

Elders Meeting second Monday in the month
10:00am

Foodbank, Coffee & Conversation, Church Library
time, Thursday 10:00am

Web site: [http://www.heathandhaveringurc.co.uk/
chadwellheath.html](http://www.heathandhaveringurc.co.uk/chadwellheath.html)

Chadwell Heath URC is part of the Heath and
Havering Group



Please send any news, information or an article for the Heath to Dianne Crisp. Email Dianne.crisp@ntlworld.com The deadline is Friday 24th January 2020 for the February/March issue.