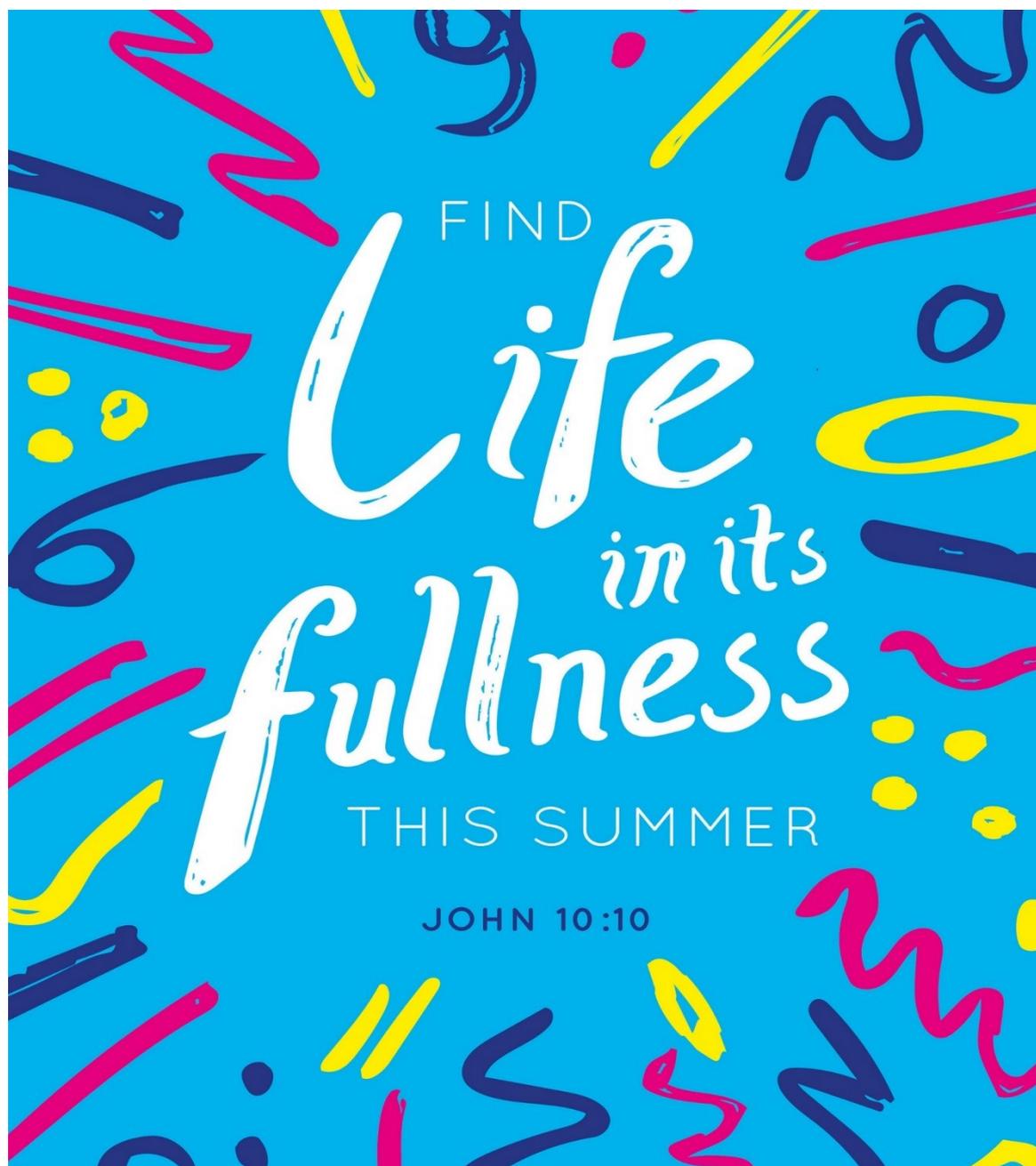




The
United
Reformed
Church

The HEATH



News, Views & Comment from the
United Reformed Church, Chadwell Heath

50p

July /August 2021

Dear All

This month should see the start of the Tokyo Olympics, having been postponed from last year due to the Coronavirus pandemic. A number of New Testament letters refer to Olympic sport including Hebrews: 'Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. Let us fix our eyes on Jesus, the author and perfecter of our faith' (Hebrews 12:1-2).

The Christian life is compared to a long-distance race, but despite the struggles and obstacles, there is a great crowd of witnesses cheering us on. We have a heavenly Father who loves us and a Saviour who has run the race before us. If we keep our eyes fixed on Jesus, He will enable us to finish the race.

During the 1992 Barcelona Olympics, the British athlete Derek Redmond was running in the semi-finals of the 400 metres. About 250 metres from the finish his hamstring tore. He fell to the ground in pain and stretcher bearers came over to him. However, Redmond was determined to finish the race and so he started hopping toward the finishing line. Suddenly Jim Redmond, Derek's father, ran out of the stands towards him. "You don't have to do this," he told his son. "Yes, I do," said Derek, to which his father said, "We're going to finish this together." They completed the lap with Derek leaning on his father's shoulder. As they crossed the finish line, the spectators rose to give Derek a standing ovation. Although he didn't win an Olympic medal, Derek Redmond finished the race with his father at his side. Let's not forget the encouragement we have to finish the race!

Please note: There will be no service on 8th or 29th August due to holidays.

Derek Quilty

Derek was born on 15 July 1934 in Hammersmith and was evacuated to Nailsea in Somerset during the war.

He was called up for National Service with Royal Electrical and Mechanical Engineers in 1952, and as with many events in his life there was a story attached. By following other conscripts, he managed to get on the wrong train, and after spending the night in a station waiting room, arrived at his barracks a day late.

Following National service, Derek became a postman, initially walking the streets of his round, and then working on the Travelling Post Office, long distance trains where mail was sorted en route. Another of his stories related to a mail bag being ejected from the train at the wrong place, necessitating the hire of a rowing boat to retrieve it from a large pond. Derek ended his career as a postal supervisor.

Derek and Jean married and had one son, Wesley.

Derek became a member of our Church in 2006, and also served as an Elder. He was always pleased to take part in Church services, and also helped with the Wednesday Fellowship a midweek devotional meeting which he led for some time. When speakers had not been available Derek would entertain the meeting with stories of old London, or the origin of nursery rhymes or phrases. He kept the Church Prayer Request diary up to date in his distinctive flowing handwriting. He was always smartly dressed in his REME blazer to present the poppy wreath at Remembrance Sunday.

Derek's sense of humour and mischief was best illustrated against a persistent double glazing telesalesman – would you like new windows – No. New door – No. New porch – No. Conservatory – Oh I would love a conservatory – on arriving to give a quote they were surprised to find that he lived in a first floor maisonette!

He was a talented artist, but his main interest was model railways. He was happy to design and build layouts which Wesley would run at the numerous shows they attended together. Wesley was also involved in the Crich Tramway Museum in Derbyshire, and his early death is commemorated with a named bench, and Derek was pleased to hear that Angela and I had rested there on our visit. After Wesley's death Derek continued his railway modelling of layouts some of which had been previously planned by Wesley.

Derek's humour was undiminished as his health started to fail, and he still had ideas for a new railway layout. It was to be a single track country line with a station at one end at the quaintly named village of Uppa Dencha. The other end of the line was to terminate at Lower Denture!

Derek was caring and interested in other people, but often their conversation would trigger a memory for him and he would launch into one of his lengthy tales.

He was a real character and a good and generous friend and will be sadly missed by us all.



Honesty is our best policy



Therefore each of you must put off falsehood and speak truthfully to your neighbour, for we are all members of one body. (Ephesians 4:25)

The church service has just finished, and you are about to go home to read the latest edition of the parish magazine. You parked a bit carelessly because you were in a hurry and as you drive off you feel a slight bump. You stop and see a small scratch on the car parked next to you. It is the vicar's pride and joy! What do you do? Do you drive off and hope no-one saw. Then, when you get home you have a look round your car and see a bump on the other side where someone hit *you*.

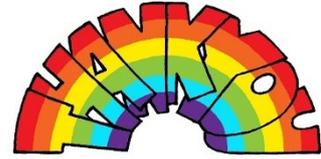
As Christians we are told to be honest and admit our mistakes. When it happens to us, we feel outraged that someone could damage our property and not own up to it. When we do it to others, the right thing would be to leave a note and take care when parking next time. Honesty is the best policy. We should do to others as we expect others to do to us. If you hit another car, you can feel it and often hear an ominous noise. Sometimes it is difficult to know if you have caused any damage.

People do not, of course, always act honestly. Admitting mistakes is not common in our world. A small scratch or bump can be costly to repair and who wants to lose their no claim's bonus? Sometimes it is costly to admit a mistake, but as Christians we should be as open and honest as we expect others to be. We should stand out as different to other people and have a good conscience.

Diary/Noticeboard:

Chadwell Heath + Heath & Havering Group of Churches

Foodbank: Thank you for your continued support. We are short of cereals, milk, tinned fruit, sweets, ketchup & pet food. We are very grateful to receive any non-perishable food items, as well as general items e.g. washing powder/liquid, washing up liquid, tin openers – plus all important personal/ female/ toiletries including soap, toothbrushes & toothpaste/toilet rolls & baby nappies, sizes 5/6.



How climate change could affect your cup of tea

Now here's something that will send you straight to your kitchen to put the kettle on: the Great British cup of tea may not taste quite so good in the future.

It seems that extreme weather and rising temperatures could lead to inferior leaves in the future, according to Christian Aid.

Kenya, the world's foremost exporter of black tea, is now affected by erratic rainfall, floods, droughts, and rising temperatures. India, Sri Lanka and China, also major tea producers, face climate change problems as well.

Climate change has been predicted by some as likely to cut production in Kenya's best tea-making areas by as much as a quarter by 2050. Even areas of only average growing conditions could see production fall by 39 per cent.

As one tea farmer in Kenya's Western Highlands, explained: "We cannot predict seasons anymore. Temperatures are sing, rainfall is erratic, often accompanied by unusual hailstones and longer droughts. If this continues, it will make growing tea much harder."



Worship Themes July & August

The Church will have been using the themes listed below .

July 4, 2021	2 Samuel 5:1-5, 9-10 Psalm 48	2 Corinthians 12:2-10	Mark 6:1-13
July 11, 2021	2 Samuel 6:1-5, 12b-19 Psalm 24	Ephesians 1:3- 14	Mark 6:14-29
July 18, 2021	2 Samuel 7:1- 14a Psalm 89:20-37	Ephesians 2:11- 22	Mark 6:30-34, 53 -56
July 25, 2021	2 Samuel 11:1- 15 Psalm 14	Ephesians 3:14- 21	John 6:1-21
August 1, 2021	2 Samuel 11:26 - 12:13a Psalm 51:1-12	Ephesians 4:1- 16	John 6:24-35
August 8, 2021	2 Samuel 18:5- 9, 15, 31-33 Psalm 130	Ephesians 4:25- 5:2	John 6:35, 41-51
August 15, 2021	1 Kings 2:10-12; 3:3-14 Psalm 111	Ephesians 5:15- 20	John 6:51-58
August 22, 2021	1 Kings 8:(1,6,10 -11), 22-30, 41- 43 Psalm 84	Ephesians 6:10- 20	John 6:56-69
August 29, 2021	Song of Solomon 2:8-13 Psalm 45:1-2, 6-	James 1:17-27	Mark 7:1-8, 14- 15, 21-23

**Please note: There will be no service on 8th or
29th August due to holidays.**

Prioritising

Martha cooked
But Mary looked
And sat at the Master's
feet,
It's a story of old
But we are told
It's where man and God
can meet.

So much to do
But think it through
There's a place for you
and me,
To spend time with the
Lord
And be found in His word
It's where we are meant to
be.

So find a place
To seek His face
Where the Lord Himself is
found
With a God who cares
Hears all our prayers
The place where
grace abounds.

By Megan Carter



Sing to the Lord

**Sing to the Lord a song of
praise
Sing of the wonders that we
see
His right hand and His holy
arm
Have won for Him the victory**

**He has revealed His salvation
Deliv'rance He has truly shown
Before all nations of the world
His mighty acts have been
made known.**

**His faithful love, of limits free
Is seen unto the end of earth,
All peoples see His salvation
And all can sing with joy and
mirth.**

**Make songs for God with
human voice
With trumpets and the mighty
horn
Sing praises to our God and
king
To sunset from the break of
dawn.**

**O let the rivers clap their hands
The hills ring out before the
Lord
For lo, He judges righteously
His justice seen throughout the
world!**

By Nigel Beeton

The Doctor and the Sick



THE PEOPLE JESUS CHOSE TO BE HIS CLOSE FOLLOWERS WERE OFTEN QUITE UNUSUAL.



ONCE JESUS STOPPED BY A TAX-COLLECTOR'S OFFICE AND SPOKE TO A MAN CALLED 'LEVI'.



LEVI'S LIFE WAS CHANGED BY MEETING JESUS.



LEVI WANTED ALL HIS FRIENDS TO MEET JESUS TOO, SO HE CALLED A BIG PARTY FOR HIS TAX COLLECTOR FRIENDS



IN JESUS' DAY TAX COLLECTORS WERE VERY UNPOPULAR. THE PEOPLE THOUGHT JESUS WAS MIXING WITH A BAD BUNCH!

...BUT I AM HERE TO HELP PEOPLE WHO HAVE LOST THEIR WAY!



SURELY IT IS THE UNWELL PERSON WHO NEEDS THE DOCTOR - NOT THE WELL?!



see Luke 5:27-32

‘Remember Me’ – St Paul’s launches fundraising campaign for memorial

St Paul’s Cathedral has launched a campaign in partnership with the Daily Mail to raise £2.3m to build a physical memorial in St Paul’s Cathedral for those who died as a result of the COVID-19 pandemic.

It will be the first build of its kind at St Paul’s for nearly 150 years and is part of the ‘Remember Me’ project, an online book of remembrance launched last year. More than 7,300 names of those who have died as a result of the pandemic have been entered into the book.

The campaign will install the online memorial book at a permanent site within St Paul’s as well as on the internet. People entering the Cathedral by the new Equal Access Ramp will be able to go through the memorial into a tranquil space and take time to remember the many individuals who have died as a result of the pandemic.

The memorial will be a portico in the North Transept on the site of an earlier porch destroyed by a bomb in 1941. Oliver Caroe, the Cathedral’s Surveyor to the Fabric, who has designed the memorial, lost his mother during the pandemic.



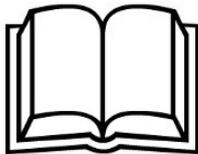
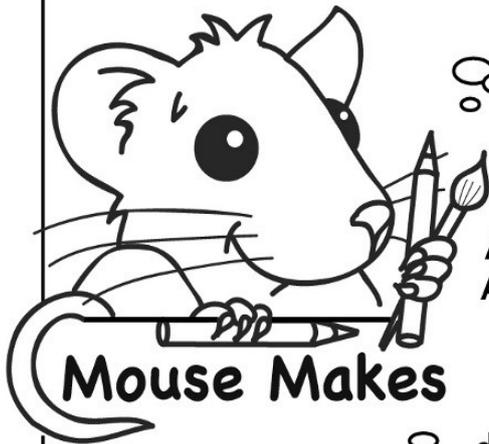
The Good Samaritan

This month we are looking at the Parable of the Good Samaritan (Luke 10:25-37). This familiar story tells of a man who is mugged on the road between Jerusalem and Jericho and rescued by a Samaritan. Jesus tells it in response to a lawyer's question, "What must I do to inherit eternal life?" When Jesus calls for a life of total love towards God and neighbour, the lawyer comes back with the question: 'who is my neighbour?' (29).

The plight of the man and the indifference of the priest and Levite would have horrified Jesus' hearers. They assumed that the hero of the story would be a Jew! However, Jesus presents the Samaritan, a sworn enemy of the Jews, as a model of integrity and an example to follow: "Which of these three do you think was a neighbour to the man who fell into the hands of robbers?...Go and do likewise." (36,7). The challenge of the story is that often our neighbours can be our worst enemies, yet these are the very people we are called to love as ourselves.

Of course, we can all think of people to whom we are called to be a Samaritan in our lives: those we try to avoid and don't want to get alongside. If we are honest, we know that we don't have it in us to love as Jesus says here. We all need somebody who will be our Good Samaritan, to rescue us and enable us to love others as ourselves. Jesus is that Good Samaritan for us.

"By depicting a Samaritan helping a Jew, Jesus could not have found a more forceful way to say that anyone at all in need - regardless of race, politics, class, and religion - is your neighbour." (Tim Keller).



Read the full story in
Luke 10:25-37

The Parable of the Good Samaritan

A man asked Jesus "Who is my neighbour?" and Jesus replied with this parable:

A man was attacked by robbers, they tore his clothes, beat him and left him almost dead. A priest saw him but walked by on the other side. A Levite saw him but walked by on the other side.

A Samaritan saw him and took pity on him, he poured oil and wine on his wounds and then bandaged them. He lifted the man onto his donkey, took him to an inn and cared for him.

The next day he gave the innkeeper two denarii to look after the man until he returned.

Which of the three travellers do you think was the neighbour to the man who was attacked?



	C	L	O	T	H	E	S	P															
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JESUS • PARABLE • JERUSALEM • JERICHO • JOURNEY • MAN • ROBBERS • SAW
CLOTHES • DOWN • ROAD • PRIEST • PASSED • PLACE • SIDE • LEVITE • CARE
GOOD • SAMARITAN • COMPASSION • BOUND • WOUNDS • POURED • OIL
WINE • MERCY • INN • TWO • DENARII • REPAY • BACK • NEIGHBOUR • GO DO

Church notices that didn't quite come out right....

The preacher for Sunday next will be found hanging on the notice board in the porch.

The minister is going on holiday next Saturday. Could all missionary boxes be handed into the vicarage by Friday evening, at the latest.

Ladies, when you have emptied the teapot, please stand upside down in the sink.

There will be a procession in the grounds of the monastery next Sunday afternoon. If it rains in the afternoon, the procession will take place in the morning.

**

The sacristan was in a hurry to inform the congregation that their minister had recovered from an illness, so he put the following notice outside the church: *God is good. The vicar is better.*

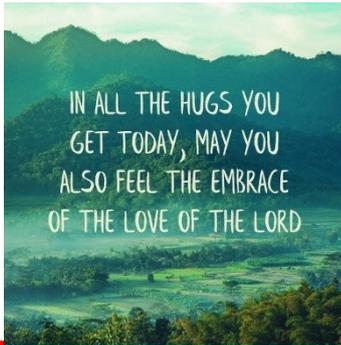
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Once asked how many people worked in the Vatican, the Pope replied, 'Oh, about half.'

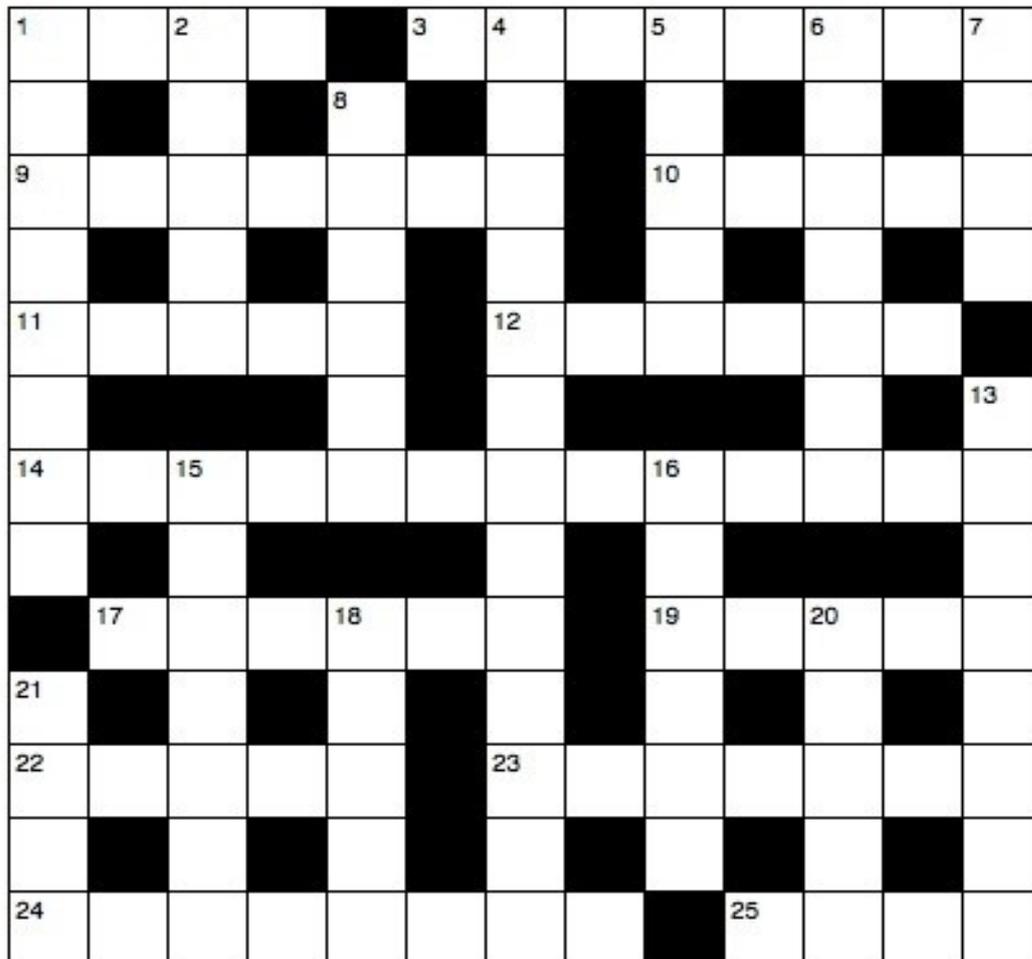
Happy Birthday's in July & August

Cody Cooper July 7th, Beryl Allison & Peggy Burley 8th, Claire Campbell 14th, Jo Weiner 19th, Cassie Baker 23rd.

Derek Levett 4th August, Josie Wheatley 11th, Holly-Anne Saville 12th, Gary Catlin & Christopher Wadsworth 13th, Martin Wheadon 14th, Brian Buxton 17th.



Crossword Questions are on the next page



Crossword Questions

ACROSS

- 1 Sent out three times on a reconnaissance mission from Noah's ark (Genesis 8:8–12) (4)
- 3 'The vilest — who truly believes, that moment from Jesus a pardon receives' (8)
- 9 Described by the 19th-century MP Sir Wilfred Lawson as 'the Devil in solution' (7)
- 10 'Whoever — his life for my sake will find it' (Matthew 10:39) (5)
- 11 King of Gezer (Joshua 10:33) (5)
- 12 Gideon's home town (Judges 6:11) (6)
- 14 The area under the jurisdiction of a primate, for example, Canterbury, York (13)
- 17 To him God promised that David would be king (1 Chronicles 11:3) (6)
- 19 A descendant of Aaron who was not allowed to offer food to God (Leviticus 21:20) (5)
- 22 'If any of you — wisdom, he should ask God' (James 1:5) (5)
- 23 I gain me (anag.) (7)
- 24 Relating to the armed forces (1 Chronicles 5:18) (8)
- 25 Title given to 2 Down (abbrev.) (4)

DOWN

- 1 Greek coins (Acts 19:19) (8)
- 2 Church of England incumbent (5)
- 4 What Epaphroditus was to Paul (Philippians 2:25) (6-7)
- 5 Mother of David's sixth son (2 Samuel 3:5) (5)
- 6 'We are hard pressed on every side, but not crushed; perplexed, but not in — ' (2 Corinthians 4:8) (7)
- 7 It destroys treasures on earth (Matthew 6:19) (4)
- 8 It threatened Paul in Jerusalem (Acts 21:35) (3,3)
- 13 Well-known Reference Bible that espoused dispensationalism (8)
- 15 Where the choir sits in a parish church (7)
- 16 Real do (anag.) (6)
- 18 'Martha, Martha... you are worried and — about many things' (Luke 10:41) (5)
- 20 'One man considers one day more sacred than another; another man considers every day — ' (Romans 14:5) (5)
- 21 A place with twelve springs and 70 palm trees where the Israelites camped (Exodus 15:27) (4)



WEEKDAY ACTIVITIES
Foodbank, Tuesday &
Thursday 10:00am - 12
noon.



Web site: [http://www.heathandhaveringurc.co.uk/
chadwellheath.html](http://www.heathandhaveringurc.co.uk/chadwellheath.html)

Chadwell Heath URC is part of the Heath and
Havering Group



**Inclusive
Church**



The
**United
Reformed
Church**

Cross Word solution

D	O	V	E		O	F	F	E	N	D	E	R
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I		E		E		E		L		K		L
M	I	L	I	T	A	R	Y		R	E	V	D

**Please send any news, information or an article
for the Heath to Dianne Crisp.**

**Email Dianne.crisp@ntlworld.com The deadline is
Wednesday 1st September for the September
Issue**