

# *The* HEATH



*News, Views & Comment from the*  
United Reformed Church, Chadwell Heath

July/August 2018

50p

Do you require Prayer?

Should a quiet time for **private prayers** be requested before any service, please speak to an Elder who will accompany you or ensure your privacy in the Quiet Room.



## Pleshey Quiet Day 2018

We had another peaceful day at Pleshey on 29<sup>th</sup> May. Unfortunately the weather was not conducive to being able to wander in the gardens as we usually do, but some of us managed to dodge the rain for a short foray and picked up some cuttings to bring home for our gardens. Thanks to Roger for arranging this once again and although there were fewer of us this year, I'm sure those who went gained a day of peace and tranquillity, free from the varied normal stresses of life.

We came back refreshed and happy. Thanks to Jill Hunt for being the chauffeuse this year too.



Dear Friends,

It is my favourite time of the year! The sun is out regularly, the outside world is buzzing with life and excitement, trees and flowers are in bloom or even producing some fruit already. God's beautiful world is full of life and energy. Little Elijah is enjoying learning about the seasons of the year and the sequence of months. He is truly fascinated by the fact that it all starts again every year. The rhythm of life is so familiar to us and yet so wonderful!

In Isaiah 43, God promises:

*"From eternity to eternity I am God. ... No one can undo what I have done." (vs. 13)*

*"For I am about to do something new. See, I have already begun! Do you not see it?" (vs. 19)*

I am looking forward to 3 weeks of holidays in August and find myself reflecting on the past 5 years in my ministry here with the Heath & Havering Group. The end of June marks the end of an important and dear phase in my ministry with our churches. The Romford pastorate of our group is well and truly in the process of looking for a new minister to come and join us, serving our group in the 2 churches part-time. From July onwards I will no longer be overseeing the Romford churches or preach there much. The churches are now preparing themselves for something new - with God's help. And I shall miss ministering to those churches and in the way we did when we had a team of 4 ministers.

I will remain in pastoral charge of the 3 other H&H churches, Chadwell Heath, Nelmes and Trinity URCs. In short, the ChaNT Pastorate.

Ann will continue to lead worship at all our churches and to attend Steering Committee and Synod Executive. She also does other pieces of work for the Synod and churches.

However, God is certainly doing something new - we have exciting news to share:

From this summer, we will be blessed with an Ordinand from Northern College, who is going to spend his final (major) 2-year placement with our churches and in the ChaNT pastorate. Initially, he will mainly be involved in ministry at Chadwell Heath URC, but this will widen to include Trinity and Nelmes as well, as the placement progresses.

We look back with thankfulness for all that has been, we look ahead with anticipation of the future God is offering to us, and we embrace the challenges, changes and opportunities of our current situation prayerfully and faithfully.

May God bless your lives this summer with special moments of love, peace, joy and faith.

Yours, in Christ, Dorothee



A brief message from Solomon on the next page, who will continue his ministerial education with a placement at our three churches:

My name is Solomon Aryee-Brown, a Christian with Baptist, Presbyterian and Methodist background. I am now a member of the United Reformed Church. A third-year student (from September 2018) training for the United Reformed Church ministry at the Northern College – Manchester currently as a self-supporting minister. I have four children: Michelle, Bridget, Rachel and Nathanael and a wife – Paulina. I used to work as a Data Centre Engineer.



I was commissioned as a lay preacher of the URC in 2007/8. Became a local church leader at Ray Lodge – 2010 at Woodford Green in the Forest Group of Churches. I was transferred to Grange Park URC – Leyton - part of the East London Group of churches in 2012 as a local church leader; working with nine Elders to oversee the pastorate.

I am very passionate about pastoral care and evangelism. I considered myself as an enabler who strives to encourage God's people to put their faith into action.

I am open to exploring God's love with people of different faith backgrounds, welcoming and talking to people about spiritual sustenance and wellbeing. I look for ways of opening platforms where experiences, knowledge and skills are shared to improve build and improve relationships.

I look forward to getting to know all the churches in the ChaNT pastorate and to actively engage in the life of the church. I feel privileged to be among you all.

# CHURCH DIARY JULY

Sunday 1st	11:15am	Holy Communion — Revd. Dorothee Bührma Communion Table - Emilia
Thursday 5th	10.00am	Foodbank, Coffee & Conversation, Church Library time
Sunday 8th	11:15am	TBC on the link notices
	5:30pm	Heath & Havering Anniversary Tea and Holy Communion at Western Road
Monday 9th	7pm	Elders Meeting
Thursday 12th	10.00am	Foodbank, Coffee & Conversation, Church Library time
Saturday 14th	2:30pm	Barking Band Concert. Followed by games and Afternoon Tea.
Sunday 15th	11:15am	Revd. Ann Woodhurst
Thursday 19th	10.00am	Foodbank, Coffee & Conversation, Church Library time
Sunday 22nd	11:15am	Christine Harding
Thursday 26th	10.00am	Foodbank, Coffee & Conversation, Church Library time
Sunday 29th	11:15am	Angel Tiebas

# CHURCH DIARY AUGUST

Thursday 2nd	10.00am	Foodbank, Coffee & Conversation, Church Library time
Sunday 5th	11.15am	Cassie Baker and The Elders—Holy Communion Communion Table — Angela
Thursday 9th	10.00am	Foodbank, Coffee & Conversation, Church Library time
Sunday 12th	11:15am	Christine Harding
Thursday 16th	10.00am	Foodbank, Coffee & Conversation, Church Library time
Sunday 19th	11.15am	Revd. Dorothee Bäärma Followed by Refreshments by Cassie & Diana
Thursday 23rd	10.00am	Foodbank, Coffee & Conversation, Church Library
Sunday 26th	11.15am	Angel Tiebas
Thursday 30th	10.00am	Foodbank, Coffee & Conversation, Church Library time

# Worship Themes July & August

*The Junior Church are using different teaching guides for each age group and the themes listed below are based on the Lectionary and will possibly be used by those leading our worship.*

July 1, 2018	<a href="#"><u>2 Samuel 1:1, 17-27</u></a>  <a href="#"><u>Psalms 130</u></a>	<a href="#"><u>2 Corinthians 8:7-15</u></a>	<a href="#"><u>Mark 5:21-43</u></a>
July 8, 2018	<a href="#"><u>2 Samuel 5:1-5, 9-10</u></a>  <a href="#"><u>Psalms 48</u></a>	<a href="#"><u>2 Corinthians 12:2-10</u></a>	<a href="#"><u>Mark 6:1-13</u></a>
July 15, 2018	<a href="#"><u>2 Samuel 6:1-5, 12b-19</u></a>  <a href="#"><u>Psalms 24</u></a>	<a href="#"><u>Ephesians 1:3-14</u></a>	<a href="#"><u>Mark 6:14-29</u></a>
July 22, 2018	<a href="#"><u>2 Samuel 7:1-14a</u></a>  <a href="#"><u>Psalms 89:20-37</u></a>	<a href="#"><u>Ephesians 2:11-22</u></a>	<a href="#"><u>Mark 6:30-34, 53-56</u></a>
July 29, 2018	<a href="#"><u>2 Samuel 11:1-15</u></a>  <a href="#"><u>Psalms 14</u></a>	<a href="#"><u>Ephesians 3:14-21</u></a>	<a href="#"><u>John 6:1-21</u></a>
August 5, 2018	<a href="#"><u>2 Samuel 11:26 - 12:13a</u></a>  <a href="#"><u>Psalms 51:1-12</u></a>	<a href="#"><u>Ephesians 4:1-16</u></a>	<a href="#"><u>John 6:24-35</u></a>
August 12, 2018	<a href="#"><u>2 Samuel 18:5-9, 15, 31-33</u></a>  <a href="#"><u>Psalms 130</u></a>	<a href="#"><u>Ephesians 4:25-5:2</u></a>	<a href="#"><u>John 6:35, 41-51</u></a>
August 19, 2018	<a href="#"><u>1 Kings 2:10-12; 3:3-14</u></a>  <a href="#"><u>Psalms 111</u></a>	<a href="#"><u>Ephesians 5:15-20</u></a>	<a href="#"><u>John 6:51-58</u></a>
August 26, 2018	<a href="#"><u>1 Kings 8:(1,6,10-11), 22-30, 41-43</u></a>  <a href="#"><u>Psalms 84</u></a>	<a href="#"><u>Ephesians 6:10-20</u></a>	<a href="#"><u>John 6:56-69</u></a>

## Christian Aid Walk

I would like to thank everybody who helped me raise a total of £169 when I did the walk known as "Circle the City" for Christian Aid on 20th May. This involved walking to a number of different churches and related sites in the City of London and joining in activities taking place. Some of the churches I didn't even know existed! I plan to revisit these in the coming months. We started and finished at St Mary-le-Bow and passed by St Paul's Cathedral though we couldn't go in due to Sunday Services. The weather was just perfect-warm and dry and I got to meet other lovely people doing the walk.

Tim



## Prayer for Summertime

Loving God, Creator of all times and places,  
we thank you for the gift of summertime,  
the days of light, warmth and leisure.

Thank you for the beauty that surrounds us everywhere we look:  
the multi-coloured flowers, the deep blue of the sky, the tranquil  
surface of lakes, the laughter of children at play, people strolling  
in park, families gathered around picnic tables and the increased  
time to spend with family and friends.

As we open our eyes and ears to the landscape of nature and  
people, open our hearts to receive all as gift. Give us that insight  
to see you as the Divine Artist. Help us to realize and appreciate  
that you are labouring to keep all in existence.

And warm our souls with the awareness of your presence.  
Let all the gifts we enjoy this summer  
deepen our awareness of you love  
so that we may share this with others and enjoy  
a summertime of re-creation.

Amen

We would like to thank Mill Lane for the gift presented to Dad yesterday, it was a very kind thought. I am sure Dad was pleased with the pictures, although these days he will have forgotten what took place a short while after it has taken place.



The two pictures will be a reminder of his years at Mill Lane. Best wishes David & Jenny Skipp.



## Happy Birthdays in July

*7th Cody Cooper, 8th Beryl Allison, Peggy Burley, 14th Claire Campbell, 15th Derek Quilty, Jo Weiner, 23rd Cassie Baker.*

## Happy Birthdays in August



*4th Derek Levett, 11th Jeremiah Buurma, Harrison Mayo, 12th Holly-Anne Saville, 13th Gary Catlin, 14th Martin Wheadon, 17th Brian Buxton, 20th Helen Mayo, Harry Skipp, 25th Alexander Clifford, Tyrell Sullivan, Sue Grubb.*

## Nesadin's Story

**Nesadin, 12, can't remember Sudan; he was small when his father, Muhammad, a market gardener, gathered up the family – and a packet of seeds – and ran. “There were attacks... they burned the houses. They killed my brothers and sisters,” Muhammad sobs.**

Eventually the family were welcomed into a refugee camp in Kenya. For the first time the family relied on hand-outs, until Muhammad took the initiative to cultivate a patch of overgrown land “My oldest sons helped. Then I hand-dug a well. I took those seeds, the ones I brought from Darfur, and they grew,” Muhammad says.



*Nesadin, 12, Kenya ©2017 World Vision*

They started to eat fresh vegetables. But when drought struck, the well ran dry and the crops failed.

Last year, when World Vision installed a solar-powered borehole in the area, and started a community garden. Muhammad was quick to join.

“I like the food from our farm. I eat beans, okra and watermelon, but I do not like the pumpkin. I feel so nice when I eat meals. I have never been sick from the day I started eating this type of meal,”

Nesadin explains. Clearly proud of his dad's hard work, Nesadin talks of becoming a farmer just like him. Just don't make him eat pumpkin.

## SHARE A MEAL. GROW COMMUNITY

This Harvest weekend (5-7 October), World Vision along with our partners **HOPE** encourage you to share a meal with others – and bring communities together. It's simple. Claim your Share a Meal pack today and get ideas and resources to help you enjoy a fun time with family, friends and neighbours.

**[worldvision.org.uk/shareaharvestmeal](http://worldvision.org.uk/shareaharvestmeal)**

World Vision believes that by working together with children, their communities, and our supporters and partners, the lives of the world's most vulnerable children can be transformed. We bring together people – of all faiths and none – in almost 100 countries, to improve children's health, education, water, protection and sources of family income.

## Foodbank Report for Chadwell Heath URC Church AGM, 27/3/18

Thanks to the Foodbank Team, comprising Angela & David Sagers, Margaret Rose, Tim Marshall, Liz Thorburn and Jean Quilty. We provide teas & coffees from the kitchen and special thanks go to Angela for the delicious cakes she continues to supply each week. We, and the clients really appreciate these! I have even had good feedback from Marks Gate Community Centre as people to whom they have supplied the vouchers have commented on how friendly and welcoming we are, which helps tremendously when they are often in a very low state and find it difficult to pluck up courage just to come through the door.

We are very lucky to continue to have the services of Debbie Cattell from ICT Training who comes along to give advice and sign-posting to the clients. Feedback from this is that she has helped many people when they have been unable to get help from statutory quarters.

The statistics for the last year are:

March-December 2017 - 214 people - 1,531 kgs given out

January-March (22<sup>nd</sup>) 2018 - 90 people - 506.8 kgs given out

As an open inclusive coffee morning, we are also lucky to have had a few people drop in for a chat and a drink with cake/biscuits,

including a few from other local connections & churches. It should be noted that we are very grateful to St. Chad's and the High Road Baptist Churches for their continued support and very generous donations. Also, Mark's Gate Children Centre collect donations and we often have other people pop in with extra donations as we have become known in the area.

We do not always have clients to serve and, when this happens, we take advantage of the time together to do various small jobs around the church premises so, Thursday mornings have become a special time together for several reasons.

During the period of closure for the building works, kitchen refurbishment and local election, we are unable to hold the foodbank on Thursdays. However, we have been very lucky in arranging cover by the Romford Foodbank organisation and any vouchers issued for our centre will be honoured by one of their three centres during this period: Church of the Ascension, Collier Row; Wykeham Centre at St Edward's Church, Romford Market Place; Romford Baptist Church, Main Road Romford. Thanks to Debbie for suggesting this through her connections at Mark's Gate Community Centre. We are happy to have been able to organise this so that we do not let down those local people in need.

Elaine Bailey

Elder & Foodbank Co-ordinator

27<sup>th</sup> March 2018

## Reader's Digest Wedding quiz

1. At almost 33 by 23 feet, Paolo Veronese's *The Wedding at Cana* is one of the largest oil on canvases ever painted. It contains several unusual details, but which one is particularly surprising?
  - a. The bride and groom are seated at one end of the table rather than in the middle;
  - b. The groom is seated between two brides;
  - c. The bride has fallen asleep during the feast.
  
2. (What do brides in Tibet throw into the sky after making their marriage vows?)
  - a. A dove
  - b. Yogurt
  - c. A multi-coloured ribbon
  
3. What is the name of the wedding canopy that the marriage ceremony takes place under at Jewish weddings?
  - a. Chuppah
  - b. Niddah
  - c. Mikveh
  
4. In 2014 a Canadian couple celebrated their 80<sup>th</sup> wedding anniversary. What name is given to this anniversary?
  - a. Oak anniversary
  - b. Wool anniversary
  - c. Maple anniversary

Answers are on the last page :)



## **SUNDAY SERVICES**

10.30am Prayer Time

11.15am Morning Worship

Family All Age Worship 2nd Sunday

Holy Communion 1st Sunday



Heath & Havering Group Holy Communion

2nd Sunday in the month at 6.30pm

(at alternate Churches)

## **WEEKDAY ACTIVITIES**

Elders Meeting second Monday in the month 7.00pm

Foodbank, Coffee & Conversation, Church Library  
time, Thursday 9:30am

### **Minister**

**Revd Dorothee Bűrma**

RevdDorothee@t-online.de Tel:01708228489

Web site: [http://www.heathandhaveringurc.co.uk/  
chadwellheath.html](http://www.heathandhaveringurc.co.uk/chadwellheath.html)

Chadwell Heath URC is part of the Heath and  
Havering Group

**Please send any news, information or an article for the Heath  
to Dianne Crisp. Email [Dianne.crisp@ntlworld.com](mailto:Dianne.crisp@ntlworld.com)**

**The deadline is Tuesday 28th August 2018 for the September  
issue.**



## Answers to the Readers Digest Marriage quiz

### Answer 1:

a, Jesus and his mother Mary are seated at the centre of the table. The bride and groom are made to appear like guests at their own wedding.

### Answer: 2

- b. The bride does this to ask for the protection of the Buddha.

### Answer: 3

- a. The Chuppah symbolises the newlyweds' future home and is open on all sides to show that there will always be room there for friends and family.

### Answer:

A marriage that has lasted 80 years really is as solid  
as oak!