

The HEATH



News, Views & Comment from the
United Reformed Church, Chadwell Heath

November 2017

50p

For all the Saints...

Dear friends, fellow-Saints even,

As the year progresses, we are approaching fast the season of remembrance. All Hallows Eve (or Hallowe'en) reminds us of Sinners and Saints, All Saints Day reminds us of the faithful servants of Christ who have gone before us, All Souls Day equally reminds us of those promoted to Glory, and Remembrance Day soon follows to remind us of people who died for their fellow countrymen and -women. Some countries in Europe also celebrate Martinmas on November 11th - a feast attributed to St Martin of Tours, a Roman soldier who became a Friar and showed Christ's love to the poor in the 4th century.

As a reformed Christian, I am pondering the importance of recognising the "Saints" of our church history; particularly as the Reformed Church historically placed less emphasis on the role of Saints. October 31st is celebrated across the world as Reformation Day; the day Martin Luther nailed his 95 theses on the door of the church in Wittenberg, Germany. This year, Protestant churches worldwide celebrate the quincentenary of the Reformation movement, starting on that day with those 95 theses. Would we hail Martin Luther as a Saint? Was he a particularly saintly person?

"What is a saint? The Apostle Paul often speaks of hagioi—a word that means "holy ones," but is usually translated "saints" in our English-language Bibles. Paul writes "To all God's beloved in Rome, who are called to be saints" (Romans 1:7; see also 1 Corinthians 1:2; Philipians 1:1). It is clear from Paul's usage that he intends hagioi — "holy ones"— "saints"— to mean the people of God.

As saints, we are linked to each other by our faith in Christ. The New Testament speaks of Christians as brothers and sisters, so we are one family in Christ. By faith, we are relatives of Godly people who lived long ago—and of those who will come after us."

(Richard Niell Donovan, 2008)

The Communion of Saints, or in Paul's words to the Hebrews, the great cloud of witnesses, is God's timeless family, originated from and intended for eternity. And all God's people are members of this fellowship. All are blessed as saints.

Luther's greatest discovery that influenced his entire theology was the concept of a merciful God, a God who blesses and offers grace even to sinners. Sinners, with God, become Saints. And Martin Luther himself is a good example of this:

a less than perfect Friar, a very earthly man with a strong passion for alcohol, food and parties, a man who freed a group of nuns and ended up married to one of them (with 6 children!), a man who later in life voiced some strong antisemitic thinking and betrayed some of his close friends of the Reformation movement. Even someone as imperfect as Martin Luther was able to share God's love and shed some of God's light among the people of his time - and up until today.

A more contemporary theologian, Lutheran pastor Nadia Bolz-Weber, writes: "what makes us the saints of God is not our ability to be saintly, but rather God's ability to work through sinners. The title 'saint' is always conferred, never earned. ... I have come to realize that *all* the saints I've known have been accidental ones" (*Accidental Saints*, p.7)

The hymnary website gives this summary about the meaning of the famous hymn "For All the Saints": the verses "describe the common life of all the saints: the credit due to Jesus Christ for drawing us all to Him, the strength and guidance we continue to draw from Him, our joint communion in Christ, the continuing struggle against evil, and the coming day when the dead shall rise and we shall all worship together before God the Father, Son and Holy Spirit. No matter what path each of us travels, we all will enjoy the same glorious eternal life."

So as we enter into this time of remembrance and remembering, let us also acknowledge the Saints who travel alongside us on our faith journey. Let us re-member and remind ourselves that we are all part of God's eternal community and family. Let us give thanks for all who inspire us and for all who are simply present alongside us. Sinners, Saints, *"all have sinned and fall short of the glory of God; they are now justified by his grace as a gift, through the redemption that is in Christ Jesus"* (Romans 3:23-24 NRSV) May this Bible verse, which is central to the Reformation movement, assure us of God's love and grace, and may we in turn share this love and grace with the community around us. May we all continuously be reformed, changed, and transformed by God's Spirit. May our whole lives give glory to God - in times of sinfulness and in times of saintliness.

With love & God's blessings,
Dorothee

Five-Finger Prayers (Our Daily Bread)

Prayer is a conversation with God, not a formula. Yet sometimes we might need to use a “method” to freshen up our prayer time. We can pray the Psalms or other Scriptures (such as The Lord’s Prayer), or use the ACTS method (Adoration, Confession, Thanksgiving, and Supplication). I recently came across this “Five-Finger Prayer” to use as a guide when praying for others:

- When you fold your hands, the thumb is nearest you. So begin by praying for those closest to you—your loved ones (Phil. 1:3-5).
- The index finger is the pointer. Pray for those who teach—Bible teachers and preachers, and those who teach children (1 Thess. 5:25).
- The next finger is the tallest. It reminds you to pray for those in authority over you—national and local leaders, and your Manager at work (1 Tim. 2:1-2).
- The fourth finger is usually the weakest. Pray for those who are in trouble or who are suffering (James 5:13-16).
- Then comes your little finger. It reminds you of your smallness in relation to God’s greatness. Ask Him to supply your needs (Phil. 4:6, 19).

Whatever method you use, just talk with your Father. He wants to hear what’s on your heart. —Anne Cetas

Father, give me the wisdom to know how to pray for others.

Dear All.....

I didn't realise how special the Sunday Evening Communion Sending service was going to be until I looked up and saw a full church. So many made the effort to be there and say goodbye. I really appreciated seeing you all. Thank you for all the cards and gifts, I'm not sure how you arranged a collection so quickly but I'm very grateful and will buy something to remind me of a very happy 6 years plus as Minister in the Heath and Havering group.

The plan is I explore possibilities with the East London Group, however I want to discover more about Mental Health and in particular eating disorders, plus as Director of the Christian Education Project bringing the Gospel to schools in Redbridge is another avenue I want to pursue. My role as Ambassador of World Vision and an advocate for the charity 'Lendwithcare' will also now take up more of my time.

Thank you again for your kindness I truly appreciate all the memories.

Martin Wheadon

Do you require Prayer?

Should a quiet time for **private prayers** be requested before any service, please speak to an Elder who will accompany you or ensure your privacy in the Quiet Room.



Prayer Corner

Lord Jesus Christ, equip us to live as you lived, open to the needs of others as well as the promptings and urgings of your spirit, that we may keep growing into the people you created us to be. Amen.

(From the Sunday Link)

CHURCH DIARY NOVEMBER

Thursday 2nd	9:30am	Foodbank, Coffee & Conversation, Church Library time
Sunday 5th	11:15am	Tim Banks, Followed by Refreshments.
Wednesday 8th	2pm	Wednesday Fellowship
Thursday 9th	9:30am	Foodbank, Coffee & Conversation, Church Library time
Sunday 12th	10.50am	The Elders—Remembrance Service
	6:30pm	Evening Communion at Trinity
Monday 13th	7pm	Elders Meeting
Thursday 16th	9:30am	Foodbank, Coffee & Conversation, Church Library time
Sunday 19th	11:15am	Holy Communion — Revd. Dorothee Bűrma Communion Table - Angela
Wednesday 22nd	2pm	Wednesday Fellowship
Thursday 23rd	9:30pm	Foodbank, Coffee & Conversation, Church Library time
	7.30pm	Church Meeting
Sunday 26th	11:15am	Roger Whipp
Thursday 30th	9:30pm	Foodbank, Coffee & Conversation, Church Library time

Worship Themes November

The Junior Church are using different teaching guides for each age group and the themes listed below are based on the Lectionary and will possibly be used by those leading our worship.

November 5, 2017	<u>Joshua 3:7-17</u> <u>Psalm 107:1-7, 33-37</u>	<u>1 Thessalonians 2:9-13</u>	<u>Matthew 23:1-12</u>
November 12, 2017	<u>Joshua 24:1-3a, 14-25</u> <u>Psalm 78:1-7</u>	<u>1 Thessalonians 4:13-18</u>	<u>Matthew 25:1-13</u>
November 19, 2017	<u>Judges 4:1-7</u> <u>Psalm 123</u>	<u>1 Thessalonians 5:1-11</u>	<u>Matthew 25:14-30</u>
November 26, 2017	<u>Ezekiel 34:11-16, 20-24</u> <u>Psalm 100</u>	<u>Ephesians 1:15-23</u>	<u>Matthew 25:31-46</u>

Nick Dawson, who used to come and play the organ for us sometimes on a Sunday morning, was mentioned in a recent issue of the Essex Life Magazine. Those of you who remember him might be interested to know that he is now a prestigious conductor of the West End smash hit musical, Mamma Mia! Nick has been working with Dave Ross, a colleague with whom he wrote many musical shows for the Queens Theatre in Hornchurch. Nick and Dave wrote a special song about a Princess and her tragic life called: "Diana, an Ordinary Girl", which was released on You-Tube the last week of May on the 20th anniversary of the death of Diana, Princess of Wales. This apparently fulfilled a personal promise by the two to the memory of the People's Princess. We wish Nick good luck in his future career.

WEDNESDAY FELLOWSHIP

Our meetings for November are on the 8th and 22nd, We are meeting at St Marks restaurant on 29th November for lunch to end the year and then we restart on 10th January.

Barbara Huntley led our meeting on 11th October when we had a picture quiz to identify fruit and vegetables and then talked about Harvest.

We enjoyed hymns, read from Psalm 66 and shared News from the Pews.

An enjoyable time was spent together, with tea and biscuits before closing in prayer.

Angela

Treasurer's bit

Offertories for September up to 8th October

	cash	envelopes	total
3 Sept	16	341	357
10 Sept	48	143	191
17 Sept	0	220	220
24 Sept	9	125	134
1 Oct	13	259	272
8 Oct	2	210	212
Total offertory		1386	
Hall hire for same period		1700	

I have paid £2000 Church Insurance and £280 manse insurance.

We are preparing a grant application to carry out maintenance on the Church identified under the quinquennial survey and hope to include kitchen refurbishment. However we will still need to contribute ourselves to this work from our Repair account or Capital reserve.

David Suggers

JERSEY TREASURES

Recently Elaine and I had a short holiday on the lovely island of Jersey, whilst the weather was dire and we struggled to find things to do inside, we made two visits that were very special.

ST. MATTHEW'S CHURCH: The original church was dedicated in 1840 and was quite austere until the death of Jesse Boot (Boot's the Chemist), when his widow, whilst visiting her villa in the south of France, requested that her neighbour there, Rene Lalique, would refurbish the interior of her local church on Jersey - he agreed. The result is breath-taking, from the windows, screens, communion table, font, alter cross and the angels in the Lady Chapel, and much more, the effect is so beautiful.



At the entrance there are two doors with beautiful glass panels, one of these has some damage which is said to have been caused by a Nazi gun being flung against it in a street fracas, during the occupation of Jersey in WWII. As you enter the church the vestibule has been made a small area for people to gather. Overall, I have to say there is a lovely feeling in this church. Well worth a visit!



THE OCCUPATION TAPESTRY: This is a masterpiece of the most beautiful needlework I have ever seen, it has been stitched by residents of Jersey who can remember the occupation or have relatives who can.

Jersey is still run on the old Parish system and it was decided that, rather than making one big tapestry it would be divided up into 12 sections and that each of the 12 Parishes on the Island would be responsible for stitching one. The designs were printed onto canvas, but stitchers were allowed to insert small individual items into the designs, as long as it wasn't too intrusive.

Each picture tells the story of how people coped with day-to-day living under occupation: how it affected education, food shortages, transport issues, freedom of movement or should I say lack of it. Some Islanders were sent overseas to internment camps, prisons and concentration camps, just trying to survive, but of course some people didn't.

In front of each tableau was a small touch screen that gave information on what certain parts of each tapestry depicted. This was the most interesting and inspiring experience. Beautiful stitch-work and dedication from people who care about the history of their little island.

Janet Chetland

Jersey Pavement Dedication

“Forgiveness leads to understanding
Understanding leads to friendship
Friendship leads to reconciliation
Reconciliation leads to peace

Michael Ginns MBE
Islander and occupation veteran
Who has led reconciliation initiatives”

As we walked along the streets in St. Helier, there were many pavement dedications to the time this Island was occupied in WW2, one of which I took a photo of and is transcribed above. We saw and heard of the story behind this terrible time – something we cannot imagine today, although similar occupations are sadly still prevalent across the world today causing a mass movement of people and their families to try and find safety.

Elaine Bailey

Martin's Farewell

On Sunday 8th October following the Heath and Havering joint communion service a presentation was made to Martin Wheadon to mark the end of his six year term with us as a Non-Stipendary Minister. The five Churches within the Group presented him with some flowers, a book token and a cheque. His pastoral work will finish this month but he will continue his preaching until the end of the year.

Harvest

Many thanks to all who contributed gifts to our Harvest Festival on 1st October. These gifts were taken to Western Road, who then passed them on to a women's refuge in the area, who were extremely grateful to receive them.

Thanks to all who provided the enjoyable Harvest Lunch after our service. We hope you all enjoyed the food and the fellowship together giving us plenty of time to chat!

Angela's Christmas Project

Following the success of the sheep, bells and Angela's Angels, if anyone would like to make anything for this year's Christmas Service, please see Angela for patterns and ideas.

Happy Harvesting! Dorothee's October Letter.....

Dear Friends,

The year 2017 is moving speedily towards the colder seasons. We find ourselves in autumn and I am currently preparing 4 Harvest services! Alleluia!

When I think of harvest, I still think of farms, tractors and produce: I grew up in a village, in the heart of the Hohenlohe plain in South Germany. There were fields and farms all around our village - and an abundance of crops.

My favourite childhood memories include riding around on the tractor of a church member through their fields (health & safety concerns were different back then), or walking through corn fields higher than ourselves and picking some of the corn on our ways. Our church was the main church in the village and giving thanks to God for the fresh produce from our farms was an important part of church life. During the annual summer holiday club, we always held the Sunday service in someone's barn rather than at church. One Sunday each year, all the local groups and farming organisations were invited to a special service on a farmyard. We enjoyed worship, dancing, and the ever-important German sausages! On Ascension Day (still a bank holiday in Germany), we always worshiped on another farmer's lawn next to a stream of water, looking up at the clouds in the sky.

To me, the Bible verses came to life differently when I was surrounded by nature rather than inside our church building.

This summer, the Lectionary invited us to hear again the stories of the Sower in Matthew's gospel. I preached on those stories while at the same time doing gardening in my spare time. Most impressed by the sower's generous spreading of seeds onto all types of ground, I felt inspired to sow my lawn seeds in such a fashion too. A few weeks later the "harvest" of my sowing efforts was visible: grass had indeed grown, even where I had sown it among weeds.

Paul reminds us, in 1 Cor 3:6: "I planted, Apollos watered, but God gave the growth." (NRSV)

In a world, where humanity is powerful, resourceful and often selfish, it is important to remember that we are called to tend to God's Creation. We are stewards, workers, labourers in God's fields - not our own. And our actions (or inaction) have consequences.

At times of worries about natural disasters, we pray for our world and its people:

Not so safely gathered in, in recent years.

Climate change, floods and disease have taken their toll.

*As we sing the joyful hymns and admire the harvest display,
give us compassion and understanding*

*which moves beyond our dismay at the increased prices in our
shops*

into prayer and active concern

for those whose livelihood depends on the harvest in all its forms.

We pray for farmers,

*especially those whose life's work has been destroyed in an
instant;*

for local people who suffer the knock-on effects;

for all affected by climate change across the world.

(by Carolyn Morris)

Lord, this Harvest, give us joyful hearts and thankfulness for this world and its wonderful productivity. Help us to reassess our personal impact on the environment and help us to make small adjustments to our living that will have a big impact on our world.

Most of all, may we always appreciate life and all the blessings it brings. Amen

Dorothee



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3rd October 2017

Dear Friends at the United Reformed Church,

We would like to offer our heartfelt appreciation for the kindness and support you continue to show our women's refuge year after year. As always we are so very grateful for the wonderful food donation the members of your church have collected at your recent Harvest festival service to help our families through this difficult period in their lives and the time.

As you may be aware families enter the refuge in emergency circumstances and are often on a very low income, being able to offer them food is so very important and without the kindness of our community this is something we would not be able to offer.

So once again we would like to thank you all for your support and send our best wishes to all the members of the church.

Yours sincerely,

Kerry Sellers
Havering Women's Aid

FUNDED BY
LONDON BRIDGE

Marks Gate Baptist Church

Our Christmas Bazaar will be on:-

Thursday 16th November

11 am – 4pm (inc. cream tea)

&

Friday 17th November

10am-2pm

**Christmas items & new goods + lunches,
cakes etc.**

SHOP EARLY!
GET THE BEST SELECTION!
BEAT THE CROWDS!
ENJOY THE HOLIDAY SEASON!

**There will not be a Saturday bazaar (18th)
this year as the church is celebrating its
Diamond Anniversary on Sunday 19th.
More details to follow nearer the time**

There are nearly 50 million people with dementia worldwide and this number is set to treble by 2050. Today is World Alzheimer's Day, a day to reflect on the global dementia challenge and also to focus on the steps we can all take to support people with dementia.

At Alzheimer's Society we are working with organisations to help drive forward awareness and action of dementia worldwide. We are also proud to lead on the global Dementia Friends movement, supporting and working with 26 countries around the world on their own Dementia Friends programmes. Elaine shared this from the Elders Training day and is a Dementia Friend and wanted to share the following tips:

For somebody living with dementia, language and communication can become more difficult over time.

How and when language problems develop will depend on the individual, as well as the type of dementia and the stage it is at. While the person living with the condition may have issues with recall or finding the right word, the words that other people use are important too. A poor choice of language can be both hurtful and frustrating.

Good communication can be key to helping somebody to live well with dementia. Here are a few of the words and questions to avoid in conversation.

7 things not to say to somebody with dementia

1. 'Remember when...?'

While it can be tempting to try and jog the memory of somebody living with dementia, this kind of question is often a reminder of memories lost. This can be a frustrating or painful experience, and there's also no evidence that training the brain in this way will help somebody hold on to memories. That's not to say you should avoid talking about the past, but it's better to lead the conversation and allow the person to join in.

Try this instead:

Instead of posing a question, try leading with 'I remember when...' instead. That way the person can search their memory calmly without feeling embarrassed, then join in if they like.

2. 'I've just told you that'

Having to answer the same question several times can be frustrating, but repetition will happen. There is little benefit to passing on your frustration to somebody with dementia, and saying 'I've just told you that' only reminds the person of their condition.

Try this instead:

Try to be polite and as patient as possible. It's important for somebody with dementia to feel they're being listened to and understood.

3. 'Your brother died 10 years ago'

A person living with dementia may forget about a past bereavement or ask for somebody who has passed away. But reminding them of a loved one's death can be painful, even causing them to relive the grief they've already experienced. How carers should respond to this may vary for different circumstances, but it's always good to show sensitivity.

Try this instead:

It may be better to come up with another reason for somebody's absence, while at other times a gentle reminder is appropriate. In the later stages of dementia, trying to remind them that the person has died is unlikely to work and may be best avoided.



4. 'What did you do this morning?'

Avoid asking too many open-ended questions, as it could be stressful for a person with dementia if they can't remember the answer. While it might seem polite to ask somebody about their day, it's better to focus on what's happening in the present. It's also important that people with dementia continue to make personal choices, but defining the options might be a helpful technique.

Try this instead:

Rather than 'what would you like to drink?', you could ask 'do you want tea or coffee?' or more simply, 'do you want a cup of tea?'

5. 'Do you recognise me?'

It can be distressing when somebody with dementia doesn't recognise you, but remember that the feeling is mutual. Asking the person if they know who you are can make them feel guilty if they don't remember, or offended if they do.

Try this instead:

The way you greet somebody with dementia might change depending on the stage of their condition – judge for yourself, but keep it friendly. A warm hello could suffice, or it may help to say your name.

6. 'Let's have a cup of tea now, then after that we can go for nice walk and get lunch in that café you like in town.'

Long, complex sentences can be difficult to grasp for somebody with dementia. It's difficult to process several ideas at once as cognitive abilities slow down, so it's better to give directions or instructions one step at a time.

Try this instead:

Use short, simple sentences as much as possible. Avoid speaking in loud environments and wait until you have the person's full attention before you start a conversation.

7. 'Do you need some help with that, love?'

Words like 'love', 'honey' and 'dear' can be patronising for people living with dementia. This is sometimes referred to as 'elderspeak' and can cause older people to feel infantilised.

Try this instead:

Always remember the person behind the dementia, using their name as often as appropriate. This helps keep their dignity intact and aids concentration too.



Synod: Random thoughts of Martin.

Synod was held in Hitchin, Hertfordshire. The venue was Christchurch Methodist and United Reformed Church. The minister, Reverend John Hardaker, gave a small presentation about the various churches in the North Herts group of churches. The church we were in had a membership of 275 and there was a variety of activities for the community including Messy Church, a family film club, a parent toddler group, an art space group and so on.

The day started at ten, finished at four and a variety of discussions followed, including, staff changes, budget proposals, and funding for the building of a new church in Newham.

Random Thoughts

1. Thames North Synod is a rich synod with its funds augmented by the receipts of closed churches, this year amounting to over £3 million. There is a desire for the money to be spent through a variety of grants, not just for building projects, but for anything that will ensure greater mission. You just have to know how to apply.
2. The recognition of two more local area groups was formalised, namely Central London and Good News.
3. Permission was given for the development of Christchurch, Newham following a well presented case. The Synod will be giving them a grant of £325,000 plus a bridging loan of £550,000 which will be repaid from completion of the sale of one of their buildings.

Presentation by the Christian Broadcasting in Pakistan, which is a television channel called Bible TV. This is the initiative of Noble Samuel, under the umbrella of SHADO charity (Social Harmony and Development Organisation) and more can be found on the website www.thebibletv.co.uk

1. Monies paid to Ministry and Mission goes straight to the national URC to pay for stipends and other associated costs. Synod receive nothing from the national funds, therefore, their income is purely from investment income, loan income, and rental income. And, because the Synod does have funds available, it runs a deficit budget. In 2018, expenditure over income is estimated to be £549,000.
2. In the afternoon, an innovative approach by the Discipleship Committee pulled together nine "Holy Habits", and we were invited to join in one of these sessions. The Holy Habits included fasting as form of devotion, how to grow faith by breaking bread, how to pray silently, Christian meditation, and the running of a quiet day.
3. The Discipleship Committee presented a new initiative called Walking the Way. There will be a number of resources available to churches for use within their congregations. Much can be found on the URC Resources website, including new weekly prayers.
4. The moderator gave a presentation concerning the two year transition period of moving into local area groups and the benefits it now provided. Whilst not perfect, I came away with a sense that we were more focused and had less meetings to attend, allowing us the opportunity to be disciples of Jesus.

The main benefit of Synod, apart from passing resolutions, and worshiping together, for me is the ability to meet people who I either have not seen for a while or who I wish to see to help me in my ministry. I recommend attending because it is important that we understand the wider church and many of the issues which it confronts.

This is clearly not an exhausted list of our six hours together but I wanted to offer you a flavour of the day.



**Do you have any spare time?
Ever thought about volunteering?**



How about Scouting!

**Greater London North east, Ilford East District Executive
Committee**



**Are looking to recruit a
SHOP MANAGER**

Please see details below:

**Applications are invited for a Shop Manager in our District Scout Shop based at
Hargreaves Activity Centre, Hainault Road, Little Heath, Romford, RM6 5SR.**

The person would be required to manage a team of scout shop helpers who work voluntarily in the shop on a weekly basis which opens on a Tuesday and Friday evening and Saturday afternoons. The person is not expected to be in the shop at all opening times but must ensure there are staff to cover.

You will be responsible for:

Ordering stock

General accounts, paying bills and banking of takings

Organisation of staff to cover shop opening hours



Requirements:

Full credit check will be required

Scout appointment and DBS check

Good interpersonal skills

Good team player

Hargreaves Campsite

Make every day an adventure!

Responsible to: District Executive

PLEASE NOTE THIS IS A VOLUNTARY POSITION

**All applications in writing to be with the District Commissioner by
30th November 2017**

Please email applications to: derek@thejerkysack.co.uk

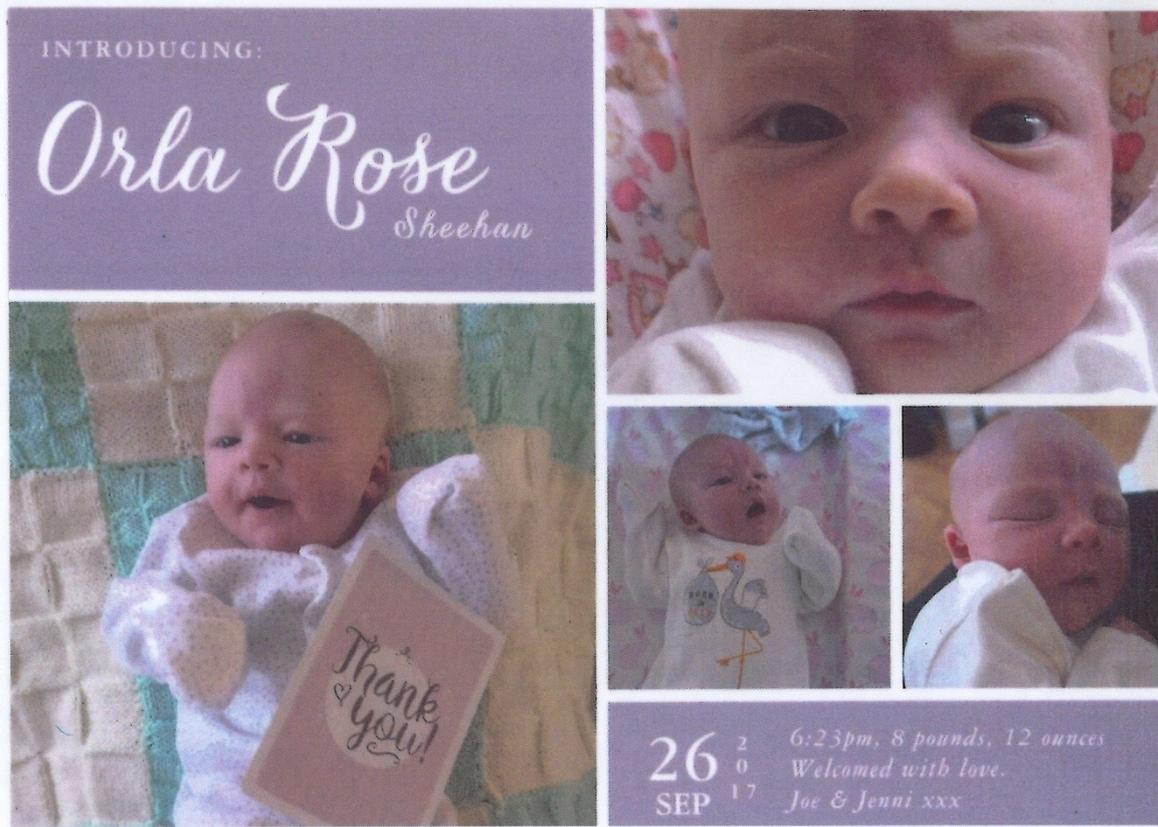


Happy Birthdays in November

13th Helen Wheadon, 16th Tony Saville, 18th Myra McCarrol, 21st

Janet Chetland, 23rd Hannah McCarrol,

27th Madison Cooper



*Jenni & Joe Sheehan
are delighted to announce the birth
of their Daughter Orla Rose.
Born on the 26th September 2017.*



SUNDAY SERVICES



10.30am Prayer Time

11.15am Morning Worship

Family All Age Worship 2nd Sunday

Holy Communion 3rd Sunday

Heath & Havering Group Holy Communion

2nd Sunday in the month at 6.30pm

(at alternate Churches)

WEEKDAY ACTIVITIES

Elders Meeting second Monday in the month 7.00pm

Wednesday Fellowship 2pm 2nd & 4th in each month

Foodbank, Coffee & Conversation, Church Library
time, Thursday 9:30am

Ministers

Revd Dorothee Bührma

RevdDorothee@t-online.de Tel:01708228489

Web site: <http://www.heathandhaveringurc.co.uk/chadwellheath.html>

Chadwell Heath URC is part of the Heath and Havering Group

**Please send any news, information or an article for the
Heath to Dianne Crisp email Dianne.crisp@ntlworld.com**

The deadline is 25th November 2017

for the Dec/Jan Magazine