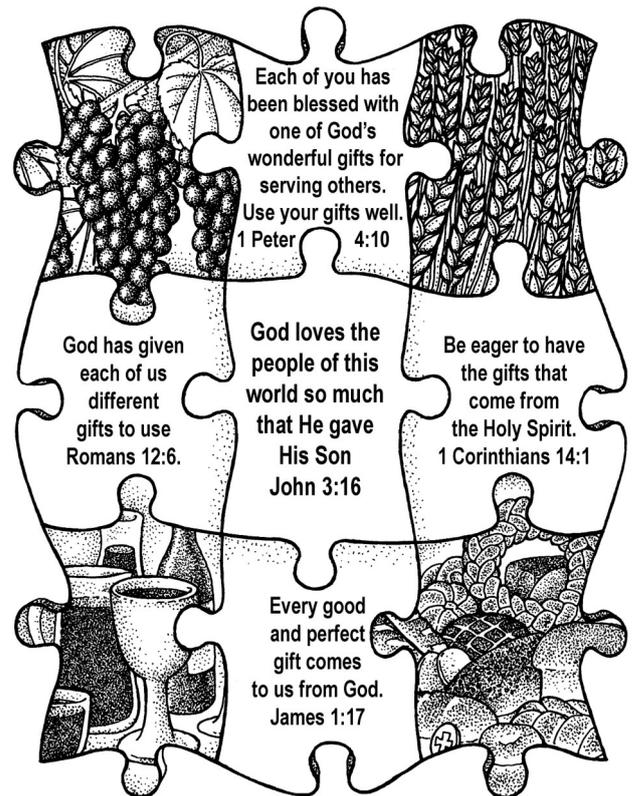


The Messenger



October 2019

Trinity United Reformed Church Upminster



Elder's letter

Dear Friends,

As we look towards our Harvest festival service we remember that the gathering in of the harvest has probably been celebrated ever since human beings first planted seeds, cut the heads of grain and stored them to use through the times of scarcity. Our Harvest Festival corresponds to the Feast of Tabernacles which is described as *"the feast of ingathering, at the end of the year"* (Exodus 23:16). This was the last and greatest feast of the Jewish year. During this time, the men lived in green shelters or 'tabernacles' made out of branches, in commemoration of their time in the wilderness when there were no harvests, and they depended on God for their daily food. People understood their dependence on a good harvest blessed by God.

I doubt if any of us grows all the food we need these days though I have been reflecting on a year with an allotment. We took on the wilderness that was our quarter plot last September and spent a considerable time working to turn it into an area where we could plant and grow fruit and vegetables. It was and still is hard work and to start with we felt like we were fighting a battle where the weeds were the triumphant victors! However, over the last few months we have had our own harvest, with the inevitable glut of some produce and a paltry return from others.

Though we may not grow all the food we need eating food is one of the few things common to us all. In our society the meals on our table will have been brought there through the contribution of many different people working in a variety of environments. This food chain involves farmers or fishermen, processors, retailers and those who purchase and prepare the food to eat. A harvest service is an opportunity to give thanks for all the gifts of creation and to pray for those in the chain upon whom we are dependent; and above all to praise God who starts off each chain by giving life to all living things.

It is also a time to remember the hunger of those whose harvest fails or whose baskets are empty and their struggle to feed themselves and their families. The children of Israel were instructed:

"When you are harvesting in your field and you overlook a sheaf, do not go back to get it. Leave it for the foreigner, the fatherless and the widow, so that the Lord your God may bless you in all the work of your hands." (Deutoronomy 24:19)

Though we are unlikely to be harvesting in our fields, at our Harvest festival service we will be bringing food for the women and children at the Women's Refuge and continue our on-going collection of food for those who need to use a Foodbank. May the Lord bless us in all our endeavours to remember and help those in need.

Chris Willis

P.S. If anyone would like to come and help us harvest the weeds on our allotment they would be most welcome!



Family News

We pray for those members of our congregation who are unwell or facing uncertainty. At this time we especially think of Frank & Margaret and Ian & Meryl.

We think of those unable to worship with us at present and especially Doris, Doreen, Kath and Joan.

We send our congratulations to Victoria and Max following their recent wedding.

If you have any item you wish to be included in Family News, please contact one of the Elders.

Thank you



Smalls for All

'Smalls for All' is a Scottish charity which collects and distributes underwear to help women and children in Africa and the UK.

In Africa, it helps those living in orphanages, slums, IDP (internally displaced persons) camps and schools, as well as those in hospitals suffering from medical conditions. It also helps charities that focus on alleviating poverty in the UK by providing them with underwear.

The charity wants ladies' or children's pants which must be new and while they collect all sizes, those most needed are for children aged 3-15 or ladies size 8-14. They also accept new or 'gently worn' bras which can be any size, including sports and nursing bras, but not teen, cropped-top style or bikini tops. (By 'gently worn' they mean bras that are in good condition and still have good wear left in them.)

If you would like to support this charity I will collect the underwear and send it off; please leave any items in the vestry.

For more information visit the website: <https://www.smallsforall.org>

Chris Willis

Harvest Sunday 13 October

We will be decorating the church again for Harvest. We hope to produce wonderful warm floral displays incorporating your Harvest gifts. To assist us with this we would like any adults that normally bring Harvest gifts on Harvest Sunday to please bring them the week before on the 6th October and put them in the boxes in the porches.

If you wish to bring fresh produce please can you bring them to the church on Saturday 12th October before 10am when we will start to decorate the church.

If anyone would like to come along and help decorate the church or is able to help us tidy up afterwards (approximately 11.30am) we would be pleased to see you.

If you can help in anyway please speak to Linda or Sonia

Many thanks

Linda Legrand

On behalf of the Flower Committee.

Important message !

There have been incidents recently of homeless people / people in need coming to church and coffee mornings asking for help.

As a church community it is important that we show these people our Christian love and concern by assisting them in whatever way we can. As well as offering a drink and a listening ear, they can be signposted to local organisations in Romford that can offer further assistance and accommodation. Please do not be tempted to offer money as it is not church policy and all the organisations that work with homeless people advise against it. If a person needs help to get to Romford, then a rail ticket or bus fare can be purchased and reimbursement will be given by the church.

LOCAL HELP FOR HOMELESS PEOPLE

Hope4Havering 01708 226972

There is a night shelter in Romford open every night of the week. For a place at the night shelter people have to be referred by the Public Advice and Service Centre (Havering Council). The PASC Centre is where the public can access a range of local services in one place.

The PASC is in Romford's Liberty Shopping Centre. Lifts and stairs to the PASC are located via the walkway between H and M and Next shops, opposite the public toilets.

When the shopping centre is closed then the number to ring is 01708 433999.

The night shelter also run a drop-in service from 9am-12 for advice and help. The shelter is at 4 Atlanta Boulevard, Romford (opposite Lidl). **People cannot go to the night shelter without a referral from the PASC centre.**

The Salvation Army

High Street, Romford RM1 1JJ 01708 380280

They run a drop-in advice centre and lunch for rough sleepers on Monday, Tuesday, Wednesday and Friday, 1.30-3.30pm. On Sundays they provide a drop-in lunch service only from 1-3pm.

StreetLink

If you are concerned about someone you have seen sleeping rough, StreetLink will send the details to the local homelessness outreach team so that they can locate the person and connect them to support services. StreetLink can be contacted via their website, mobile app or phone line: www.streetlink.org.uk 0300 500 0914

Harold Hill Foodbank

Open Monday-Friday 10.30am-1.30pm. Unit 1 Guardian Business Centre, Faringdon Avenue, Harold Hill, RM3 8FD.

People must have a voucher to take to the Foodbank and these are available at Trinity via Dorothee or Chris Willis.

Lists of the above organisations will be kept in the vestry and in the small kitchen

Chris Willis

Message from the Elders

The Elders have been reviewing the 2018 Christmas services and events and concluded that providing refreshments was difficult as very few people had come forward to help.

We would like to continue to offer refreshments after Christmas events and services but in order to do so volunteers are needed. The dates for this year are:

1st December - Mulley's Bereavement service

20th December – KCG concert

22nd December – Carols by Candlelight

It is getting near Christmas so could you please give the dates your consideration and let Chris Willis know if you could help. 3-4 people are needed for each occasion. Thank you

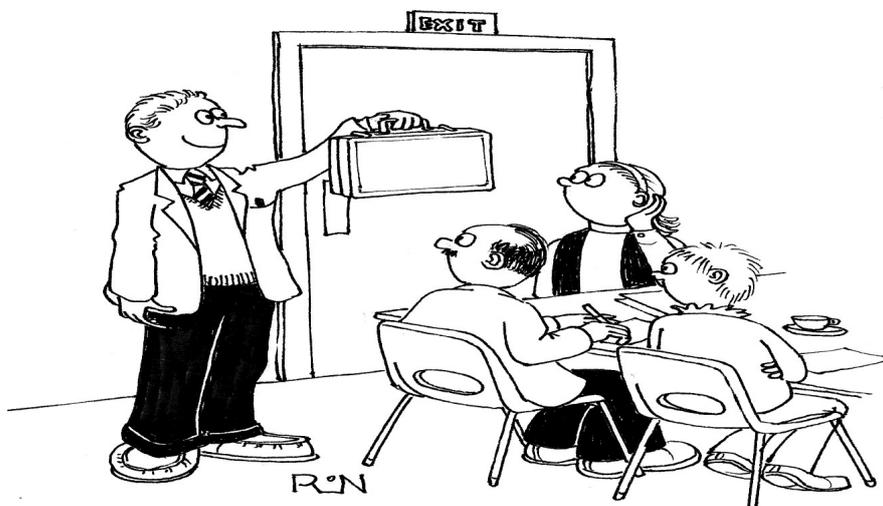
Social & Fundraising

At last the sun shone!

The September Lawn Sale raised a fantastic £128! Thanks to everyone who helped with selling, donating and putting up / taking down the gazebo. The local community was very generous, many making extra donations. And the sun shone!

The Harvest lunch will follow our worship on Sunday 13 October. Tickets are £7 and we will be auctioning off the fresh produce, with proceeds going to the Women's Refuge.

Our annual Market will be held on Saturday 30 November. Please put this date in your diary and if you can offer help in any way please speak to any member of the Fundraising committee.. More details in the November messenger.



The treasurer made the most of his moment in the limelight

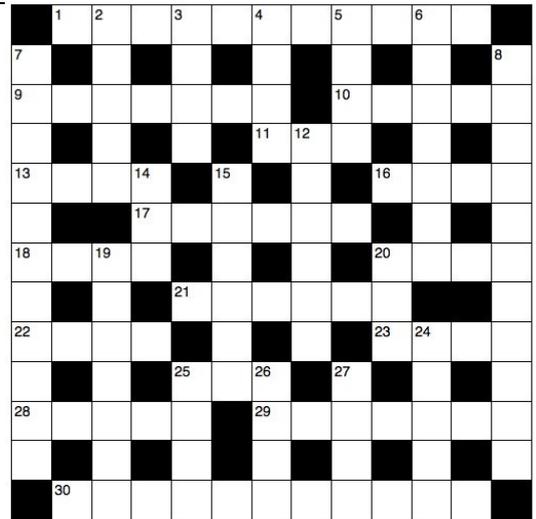
Puzzle Page (answers on page 8)

Across

- 1 The sixth disciple (Matthew 10:3) (11)
- 9 'And lead us not into temptation, but deliver us from the — —' (Matthew 6:13) (4,3)
- 10 Love intensely (Song of Songs 1:4) (5)
- 11 From Mt Carmel to Jezreel, Elijah — all the way (1 Kings 18:46) (3)
- 13 One of the Midianite leaders who was captured and killed after Gideon's victory in the valley near Moreh (Judges 7:25) (4)
- 16 Metallic element (4)
- 17 At line (anag.) (6)
- 18 'Cursed is everyone who is — on a tree' (Galatians 3:13) (4)
- 20 Where Samson killed a thousand Philistines with a donkey's jawbone (Judges 15:14) (4)
- 21 He succeeded Moses (Deuteronomy 34:9) (6)
- 22 'When he saw him, he took — on him' (Luke 10:33) (4)
- 23 'For — is the gate and broad is the road that leads to destruction' (Matthew 7:13) (4)
- 25 'The god of this — has blinded the minds of unbelievers' (2 Corinthians 4:4) (3)
- 28 Fear or terror (Psalm 31:22) (5)
- 29 'We, who are many, are one body, for we all — of the one loaf' (1 Corinthians 10:17) (7)
- 30 Assyrian ruler assassinated by his sons while worshipping his god Nisroch (2 Kings 19:37) (11)

Down

- 2 'For as in Adam all die, so in Christ all will be made —' (1 Corinthians 15:22) (5)
- 3 'After supper he — the cup' (1 Corinthians 11:25) (4)
- 4 The request of a man of Macedonia in Paul's vision: 'Come — to Macedonia and help us' (Acts 16:9) (4)
- 5 He disobeyed his father Judah by refusing to impregnate his dead brother's wife (Genesis 38:9) (4)
- 6 I veto me (anag.) (7)
- 7 Fourth king of Judah (1 Kings 15:24) (11)
- 8 Priest of God Most High, who blessed Abram (Genesis 14:18) (11)
- 12 'I have made you — — for the Gentiles' (Acts 13:47) (1,5)
- 14 Implore (1 Samuel 15:25) (3)



15 'Out of the eater, something to eat; out of the —, something sweet' (Judges 14:14) (6)

19 'I am the most ignorant of men; I do — —

a man's understanding' (Proverbs 30:2) (3,4)

20 'Sin shall not be your master, because you are not under —, but under grace' (Romans 6:14) (3)

24 Native of, say, Baghdad (5)

25 The last word in the Bible (Revelation 22:21) (4)

26 Heroic tale (4)

27 'Then you will know the truth, and the truth will set you —' (John 8:32) (4)

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Edna Cornett's War Time Memories

Lives in many parts of Great Britain during World War II were disrupted in ways that are unthinkable today. One of our church members has many memories of that time which bring to life the hardships endured and the indomitable spirit of the people which emerged.

Edna Cornett was 10 years old when war was declared in September 1939. She was living with her parents and younger brother Alan (aged six years old) in East Ham, in the High Street. Her parents decided that their children should be evacuated and Edna remembers gathering at school. A label was pinned to her clothes and she was given a post card addressed to her parents so that she could let them know where she was. She had no idea where she was going to and had never been away from her parents before. Her brother was unwell at the time so did not join her till later. A teacher, Miss Flowers, accompanied the children to Cheddar Village in Somerset. In the village hall, the local population were assembled and Edna got the impression that they expected them to be undernourished and dressed in rags! A gentleman from the cheese shop was willing to take six girls and Edna remembers their bedroom containing six beds, quite a change from having her own bedroom at home. A housekeeper was expected but she had not arrived so the teacher stayed with them initially. On the Saturday they were each given a six-pence, an orange and some sweets. The girls thought this was a very good start. In the event, the housekeeper never did materialise so the girls were split up and Edna was taken in by a local lady and her husband and eventually her brother joined her. Edna remembers staying "quite a while". She attended the village school, the evacuees were there in the afternoon and the local children went in the morning so the children never integrated. However, life was beginning to settle. A particular memory was of the evening visits to the pub! Edna and her brother were left in the car with crisps to eat while their hosts went into the pub. Edna's parents never went to the pub so this was an unusual experience. When spring came there was yet another move. The lady announced that she could no longer look after them since she had a summer job at Cheddar Gorge. Moving for the third time, Edna and her brother were taken in by a lady who ran a B and B. They were there for quite a "lengthy period" but it was not a happy time. They were made to feel a nuisance and they were not fed properly. Edna's mother had been sending her own ration of butter, cheese and sweets but the food had been used for the paying guests. Alan developed impetigo. Edna's mother managed to visit a couple of times and she was shocked to see the state the children were in.

Back home in East Ham, life was particularly dangerous because of all the bombing. One night, Edna's parents had a lucky escape. They had retired to bed when a bomb passed through the house bringing down the bedroom ceiling. Thankfully the bomb did not explode. Covered in dust and debris they managed to get out together with their little terrier dog who was no longer black but white! Their home was cordoned off because of the unexploded bomb but it didn't stop the looters. The house was ransacked. Edna's mother needed to go to hospital because of injury to her arms and when she was discharged it was decided that she should collect Edna and her brother and go up to stay with relatives in Scotland. This would be a chance for Edna's mother to fully recover from the bombing. It was now 1941. Edna remembers her cousins being "fussy" eaters. They obviously had not had to endure the privations of the blitz or evacuation.

Edna Cornett's War Time Memories (cont)

However, life was much more pleasant; Edna and her brother attended the village school but the English pupils were put into a lower class. After some considerable time Edna's mother was keen to return home and Edna came back with her to East Ham. Her brother stayed in Scotland and inevitably, for a while, his and Edna's lives grew apart.

Edna was almost 13 years old and she returned to her old school. Their house was habitable but not all the windows were glazed. Because windows were constantly being blown out, they were often replaced with black paper attached to a wooden frame. Life carried on against a background of bombing. Sirens precipitated a rush to collect gas masks and get down into the cellar of the grocery shop on the other side of the street. Edna left school at 14 years old and she took a job in a solicitor's office. She travelled into the city by bus but roads were often obstructed by debris and many a time Edna had to complete her journey on foot.

As D-Day on 6th June 1944 drew near, Edna particularly remembers the convoys which passed along the High Street. They passed continuously night and day. Edna's mother along with other neighbours took it upon themselves to feed up the troops. The local shops donated produce and the ladies made sandwiches and Scotch pancakes which they threw in to the lorries. Tea was served in glass jam jars. Other locals were willing to give money so an 'honesty' jar was set up in the street on the casing of the bomb which had passed through Edna's home. Edna helped with this work in the evenings and at weekends and a local newspaper took up the story. The war rumbled on for several more months and Doodlebugs became a feature with their sickening whine then sudden silence before the explosion. Edna remembers often looking up and hoping the bomb would pass beyond them. Even more devastating however were the silent V2 rockets.

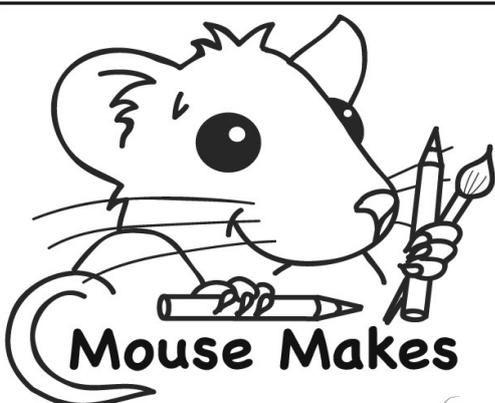
The V-E Day celebrations in 1945 passed Edna by but her brother returned home from Scotland and the family were reunited. Edna along with so many, had endured six years of conflict. Their lives had been turned upside down, they had seen death and destruction at close hand and these memories will never be forgotten.

Susan Neville

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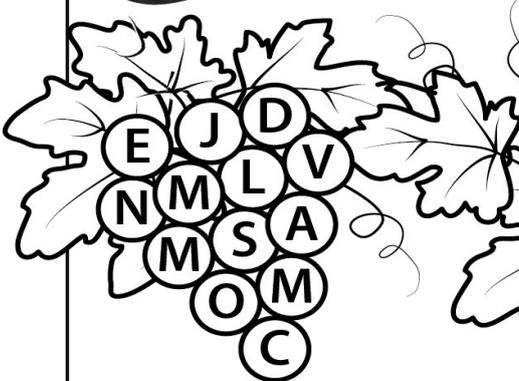
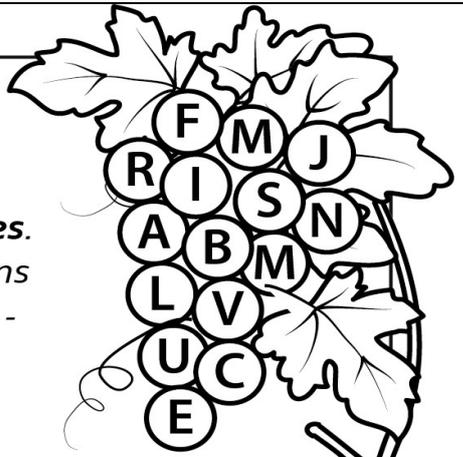
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Children's Page



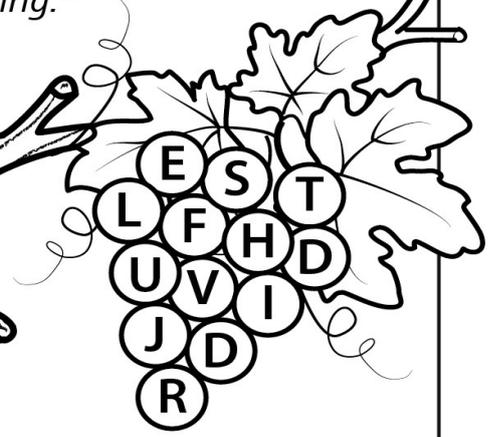
THE TRUE VINE
 Jesus said:
 "I am the **vine**;
 you are the **branches**.
 The one who remains
 in me -and I in him -
 bears much **fruit**,
 because apart
 from me you can
 accomplish nothing."

John 15:5



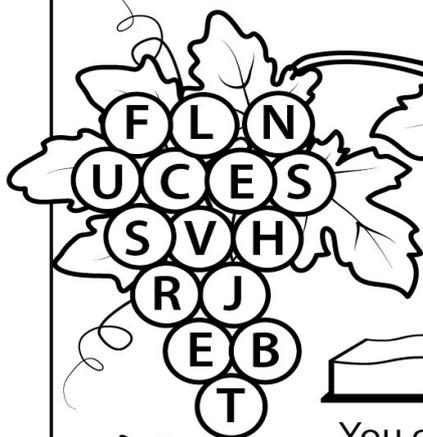
"My **commandment** is this -
 to love one another just
 as I have loved you."

John 15:12



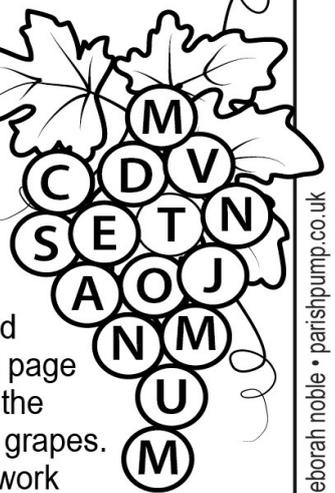
"No one has greater
love than this -
 that one lays down
 his life for his friends."

John 15:13



You can read
 Jesus' teaching on
 The True Vine in:
 John 15:1-17

Each of the word
 in **bold** on this page
 is hidden in the
 bunches of grapes.
 Can you work
 out which bunch
 each word is in?



How many other
 words can you make from:
 THE TRUE VINE

Saturday Coffee Rota

5 Oct	tba		
12 Oct	tba		
19 Oct	Susan Neville	Alison Smith	Laura Davies
26 Oct	Pam Addis	Pat Gothard	Muriel Stock
2 Nov	Brenda Mole	Sue Brand	Jane Whittington



Sunday Coffee Rota

6 Oct	Pam Addis	Mandy Haines
13 Oct	Margaret Sida	Jane Whittington
20 Oct	Susan Neville	Brenda Mole
27 Oct	Eileen Pullin	Heather Stainer
3 Nov	Pam Addis	Mandy Haines

Flower Rota



	WW 1	Communion	WWW 2
6 Oct	Mandy Haines	-	Mandy Haines
13 Oct		HARVEST FESTIVAL	
20 Oct	Susan Neville	Susan Neville	Susan Neville
27 Oct	Clare Brindle	Clare Brindle	Clare Brindle
3 Nov	Eileen Pullin	-	Eileen Pullin

Messenger Deadline for November issue

Please submit any articles for the November issue by 6pm on Wednesday 23rd October with dates up to and including 30th November. The Messenger will be ready for distribution on Sunday 3rd November.

mikeaddis1@btinternet.com

Diary October

Thurs 3	11.30am	Service at Freshfields
	1.00pm	Trinity Leisure Club
Sat 5	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Group D
Sun 6	9.30am	Morning Worship inc Communion - Revd Ann Woodhurst
Thurs 10	1.00pm	Trinity Leisure Club
Sat 12	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Group A
Sun 13	9.30am	Harvest Parade Worship – Maureen Ross
	11.00 am	Auction of fresh produce followed by Harvest Lunch
Thurs 17	1.00pm	Trinity Leisure Club
Sat 19	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Group B
Sun 20	9.30am	Morning Worship – Revd Ann Woodhurst -
Wed 23	6.00pm	Messenger Deadline
Thurs 24	1.00pm	Trinity Leisure Club
Sat 26	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Group C
Sun 27	9.30am	Morning Worship – Paul Guyver - followed by Church Meeting
Thurs 31	1.00pm	Trinity Leisure Club
November		
Sat 2	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Group D
Sun 3	9.30am	Morning Worship inc Communion - Revd Ann Woodhurst

Trinity United Reformed Church

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Heath & Havering Group Web Site: www.heathandhaveringurc.co.uk

Worship

Sunday Morning Worship **9.30am**

Holy Communion 1st Sunday in month

All-age Worship and Parade (term time) 2nd Sunday in month

Young Church 3rd Sunday in month

Saturday Morning Prayers—in the Chapel 9.30am

Weekly Programme

Monday	Beavers	6pm
	Explorer Scout Unit (as arranged)	7.30pm
Tuesday	Cubs	6.30pm
Wednesday	Badminton Club	8pm
Thursday	Trinity Leisure Club TLC	1pm
	Rainbows	5.30pm
	Brownies	5.45pm
	Guides	7.30pm
Friday	Parent & Toddler Group	9.30am
	Scouts at Methodist	7.15pm
Saturday	Coffee Morning	10 am