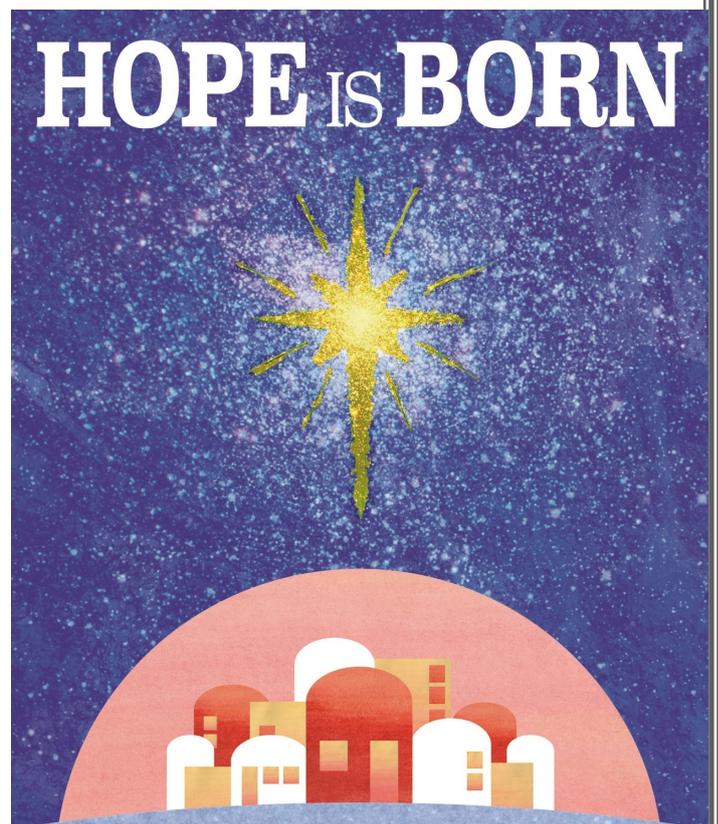


The Messenger



Dec 2018 / Jan 2019

Trinity
United
Reformed
Church
Upminster



Minister's Letter



Dear Friends,

With the image of the Walking the Way foot in my mind, let me bring you my greetings for Advent, Christmas and the New Year. At the Synod Ministers' Residential this autumn, we were refreshed in our ways of following the footsteps of Christ. The URC's "Walking the Way" initiative is beginning to grow in local churches and communities. Now every Synod has been invited to take a giant foot on its way round the Synod, reminding us that we are all connected as we walk Christ's ways locally.

The Heath & Havering Local Area Group will be the starting point of the foot's journey across our Synod. Each church will reflect on how we walk the way of Christ in our church and in our community. We will then send the foot on with our prayers and greetings to the next church.

Advent seems an appropriate time to send this foot off on its journey. During Advent, we journey again towards Christmas, reflecting on

the familiar stories in the Bible and also reflecting on our own lives. We may take stock, evaluate the year that is ending and look ahead to the year to come. We may prepare ourselves for the practicalities of Christmas, as well as for the turn of yet another year.

The journey of Mary and Joseph towards Bethlehem was unexpected, it was inconvenient and it was also rather insignificant to most people at the time, as they set off. Mary and Joseph certainly didn't know that their journey would be the catalyst of so many other journeys: the shepherd's journey to the manger, the magi's arrival at their destination, and Herod's men's rather unpleasant journeys afterwards.

Amid the tinsel and candles, the gift-wrap and cards, let us not strive for the perfect Christmas our world seems to dream of - which we so often fail to deliver or achieve.

Instead, let us remember again the mess, the commotion and the upheaval into which Christ was born. His journey on earth would continue to be unexpected and at times difficult, but he would share God's Peace in the most unlikely situations and with the most undeserving of people.

This Advent, Christmas and this coming new Year, may you feel the blessing of God's Peace in your life. May you be reminded of God's abundant love for the World and all its people. May you walk into the new year assured of the Christian hope that God is with us - Emmanuel.

With love & blessings,
Your minister Dorothee

Family News

We are glad that Brenda's surgery went well and that she is now recovering at home . We pray for her and her family at this time. We also remember Paul Chapman recovering at home after surgery.

We continue to pray for Mike and Daniel and any members of our congregation who are unwell.

We think of those unable to worship with us at present and especially Doris, Doreen, Kath and Joan.

If you have any item you wish to be included in Family News, please contact one of the Elders.

St Francis Hospice coffee morning

This will be held on Saturday, 15th December, 10am-midday, with carol singing on the church lawn from 10.30am-midday. There will be carol singing again on Saturday, 22nd December.

Help is needed with the following:

- Making cakes

- Donating raffle prizes

- Running the raffle on 15th

- And most importantly, singing carols!

If you can help with cakes or the raffle, please let me know. If you are able to join in the carol singing on either, or both days, please be at the church for 10.20am.

Chris Willis

Social & Fundraising

We held a very successful Festive Market , raising over £1600 , which will be divided between church funds and our charity Childhood Eye Cancer Trust. Many thanks to everyone who helped in any way, at the Market and at the fundraising events throughout the year.

Our charity for 2019 will be announced in the New Year.

Please continue to support the fundraising events next year. If you have any suggestions or would be willing to organise an event please speak to a member of the fundraising committee..

Pat Gothard, Susan Neville, Sue Brand, Brenda Mole, Eileen Pullin, Sonia Gould, Pam Addis.

Message from Brenda Mole

Brenda would like to thank all those who have sent cards messages etc to her since her recent operation.. She is recovering well at home.

Message from the Elders

Evening Communion Services. Every second Sunday of the month, apart from August and December, there is a joint Heath and Havering evening communion service, held in rotation at one of the five churches. It is an opportunity for a more reflective and intimate service and is very enjoyable and uplifting. We would like to encourage more Trinity people to attend if possible.

If you are unable to drive, or prefer not to go out in the evening on your own, please ask any of the Elders who will be only too pleased to organise a lift for you.

This is the plan for the next few months.

The themes come from "Holy Habits". This is a way of life for those exploring or already actively living out the call of Jesus to 'follow me'.

So far the themes of Fellowship and Breaking Bread have been explored. This is the plan now up until June next year.

Biblical Teaching -	January 2019
Worship -	February 2019
Prayer -	March 2019
Sharing Resources -	April 2019 (led by Revd Jim Dalglish)
Making disciples -	May 2019
Eating Together -	June 2019

It's not a course of study, you don't need to come every month, but think about giving it a try.

Details will be on the Trinity News each month.

Pat Gothard (on behalf of the Elders)

Birthdays

Happy Birthday to :

Abie Sutherland 15 years on December 21st

Samuel Woodgate 16 years on January 26th

K C G Christmas Concert

Our Christmas concert this year is on Friday 21st December at 7-30. The choir has chosen First Step Opportunity Group to receive half the concert proceeds (the other half goes to the church as usual). Tickets are still only £7-50 which includes seasonal refreshments, and are available from me. This will be our 24th Christmas concert at Trinity and the preceding 23 have raised £17,000 (the summer concerts a little less) split between the church and various charities. We must have been young when we started.!

Messenger Deadline for February Issue

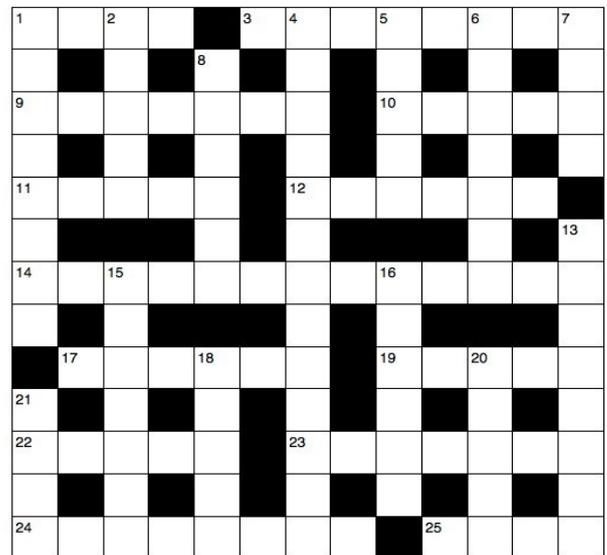
Please submit any articles for the February issue by 6pm on Wednesday 23rd January with dates up to and including 3rd March The Messenger will be ready for distribution on Sunday 3rd February

mike.addis1@btinternet.com

Puzzle Page (answers on page 7)

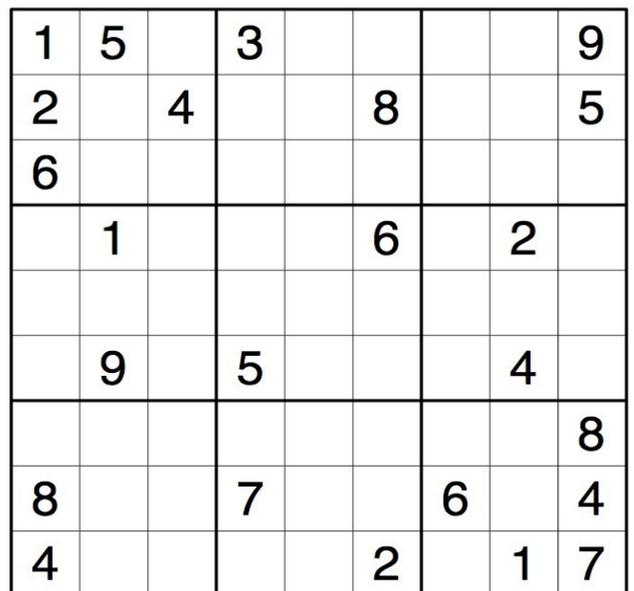
Across

- 1 'How long will you — your face from me?' (Psalm 13:1) (4)
 3 'Let us, then, go to him outside the camp, bearing the — he bore'(Hebrews 13:13) (8)
 9 Posh sin (anag.) (Romans 8:15) (7)
 10 Solemn pledges (Matthew 5:33) (5)
 11 Italian term for full orchestra (5)
 12 'For he who avenges blood remembers; he does not — the cry of the afflicted' (Psalm 9:12) (6)
 14 Prescience (1 Peter 1:2) (13)
 17 Where a Hindu holy man lives (6)
 19 'If he found any... who belonged to the Way, whether — — women, he might take them as prisoners' (Acts 9:3) (3,2)
 22 Fragrance (2 Corinthians 2:15) (5)
 23 Vine hen (anag.) (Jonah 1:2) (7)
 24 Precious stone decorating the twelfth foundation of the New Jerusalem (Revelation 21:20) (8)
 25 'Will you keep to the old path that evil men have — ?' (Job 22:15) (4)



Down

- 1 'Then Moses raised his arm and struck the rock twice with — — ' (Numbers 20:11) (3,5)
 2 'You have heard that it was said to the people long ago, " — — murder"' (Matthew 5:21) (2,3)
 4 One of Paul's many hardships endured as a servant of God (2 Corinthians 6:5) (13)
 5 'We ourselves, who have the firstfruits of the Spirit, — inwardly' (Romans 8:23) (5)
 6 Changed (Daniel 6:8) (7)
 7 'My yoke is — and my burden is light' (Matthew 11:30) (4)
 8 Recoil (Revelation 12:11) (6)
 13 'O Lord, you have — me and you know me' (Psalm 139:1) (8)
 15 ' — to me the joy of your salvation' (Psalm 51:12) (7)
 16 Express sorrow (Isaiah 16:7) (6)
 18 'Then he said to Thomas, " — out your hand and put it into my side"' (John 20:27) (5)
 20 'God has said, " — will I leave you; — will I forsake you"' (Hebrews 13:5) (5)
 21 Son of Onam and brother of Shammai (1 Chronicles 2:28) (4)



Message from the Moderator

Advent Message 2018

The colourful autumn leaves and beautiful scenery fill us with wonder. They will slowly give way to cold bleak winter. Four seasons remind us of God's desire for change, diversity and rebirth.

Farming, fishery, food supply and small businesses face uncertainty while Brexit talks reach their height. The conflict within and between certain nations sees no end. Children suffer with malnutrition, unclean water and abuse. The need for foodbanks in the UK continues to rise.

We are called to share the good news of the Gospel in this context. The Great Commandment of Matt 28 is often read as discipling individuals. However, discipling the nations includes the free global market, politics, justice systems, re-distribution of wealth and care for the environment. What a challenge to disciple some of these faceless powers!

A band of 12 with the authority of the risen Christ set out to change the world. We do not lose hope of being God's chosen instrument in making a difference. We are not defeated until we accept defeat. In the Thames North Synod, we make small beginnings and one-degree shifts that ultimately lead to cultural change.

I have witnessed good news on my visits. A joyful event held recently at St Andrew's Borehamwood demonstrated that the closure of the church building will be a new beginning to engage in mission with Chesterfield Road church. New premises for Adeyfield, still under construction in the heart of Hemel Hempstead town centre, are stunning. The congregation is geared up to give all it must to share God's love in the community. I have been amazed at how the churches in the Local Area Groups support and care for one another. I look forward to all our congregations engaging with the Discipleship and Stepwise initiatives in 2019.

The URC is a rich Church but behaves like a poor one; a strong church but behaves as though weak. Yes, we are like fragile clay pots, but we have spiritual treasure which comes from God. According to an Indian parable, the branches of a tree loaded with fruit lowers humbly and accessibly down to the ground, but a fruitless tree stands tall in pride. Our belief in God-incarnate reminds us of Christ-like humility. The fruits of the Spirit make us humble.

A family good news! Many of you have been praying for Jennifer (our daughter-in-law) who suffered serious illness. She is out of danger, improved and is stable. Thanks to God and to you for your prayers.

May, in this Advent season, the love of God prevail so that no one feels lonely or sleeps without food, water or a warm bed, and may the hope burning within us take away all of our doubts!

The peace of Emmanuel (God with us) and the melody of angels be yours in this advent season!

Andrew Prasad (Rev Dr)
Moderator
The URC Thames North Synod

Christmas Prayers (courtesy Parish Pump)

Loving, generous Father,

This Christmas, please help us to keep you at the centre of our preparations and celebrations. May our thankfulness for the gift of your precious son, Jesus, motivate all that we think and say and do. May the joy of His coming shine from us and attract those who don't know what Christmas really means, so that they want to find out!

In Jesus' name and for His glory,
Amen.

by Daphne Kitching

Room

(Luke 2:6,7)

There was no room for Him. There is no room.
In a world full of
grasping, acquiring and keeping,
of rights and demanding and self-centred living,
there is no room for Him, the Child who is God.
The world is full.

And yet...without Him, without Jesus,
this full world is empty.

Make room. Invite Him in. Make room.
Find life in all the fullness
Christmas offers –
Love and hope and joy and peace.
Emmanuel,
God with us and in us, always.

Make room!

by Daphne Kitching

H	I	D	E	D	I	S	G	R	A	C	E													
I	O	S	M	R	L	A	S	O	N	S	H	I	P	O	A	T	H	S						
S	O	R	R	A	E	Y	T	U	T	T	I	I	G	N	O	R	E	S						
A	F	O	R	E	K	N	O	W	L	E	D	G	E	F	E	N	A	A						
J	A	S	H	R	A	M	M	E	N	O	R	C	A	R	O	M	A	N	I	N	E	V	E	H
D	R	C	T	T	E	E	A	M	E	T	H	S	T	T	R	O	D							



1	5	7	3	2	4	8	6	9
2	3	4	9	6	8	1	7	5
6	8	9	1	5	7	4	3	2
5	1	8	4	7	6	9	2	3
7	4	6	2	3	9	5	8	1
3	9	2	5	8	1	7	4	6
9	7	1	6	4	3	2	5	8
8	2	3	7	1	5	6	9	4
4	6	5	8	9	2	3	1	7

Children's Page



Saturday Coffee Rota

Dec 1	Laura Davies	Susan Neville	Alison Smith
Dec 8	Eileen & Mick Pullin	Muriel Stock	
Dec 15	Brenda Mole	Clare & Richard Brindle	
Dec 22	Heather Stainer	Evelyn Charlton	Mandy Haines
Dec 29	Susan Neville	Laura Davies	Alison Smith
Jan 5	Eileen & Mick Pullin	Jacquie Chapman	
Jan 12	Badminton Club		
Jan 19	Jane Whittington	Clare & Richard Brindle	
Jan 26	Chris & Mick Hewitt	Giovanni Anastasi	
Feb2	Cubs		



Sunday Coffee Rota

Dec 2	Susan Neville	Brenda Mole	Jan 6	Margaret Sida Jane Whittington
Dec 9	Margaret Sida Jane Whittington	Jan 13	Susan Neville Brenda Mole	
Dec 16	Eileen Pullin Jacquie Chapman	Jan 20	Eileen Pullin Heather Stainer	
Dec 23	Pam Addis Mandy Haines	Jan 27	Pam Addis Mandy Haines	
Dec 30	Heather Stainer Linda Legrand	Feb 3	Margaret Sida Jane Whittington	

Flower Rota



	WW1 Memorial	Communion	WW2 memorial
Dec 2	Sonia Gould	Clare Brindle	Sonia Gould
Dec 9		CHRISTMAS DECORATIONS	
Dec 16		CHRISTMAS DECORATIONS	
Dec 23		CHRISTMAS DECORATIONS	
Dec 30		CHRISTMAS DECORATIONS	
Jan 6		CHRISTMAS DECORATIONS	
Jan 13	Sonia Gould	Sonia Gould	Sonia Gould
Jan 20	Linda Legrand	Linda Legrand	Linda Legrand
Jan 27	Clare Brindle	Clare Brindle	Clare Brindle
Feb3	Heather & Evelyn	-	Heather & Evelyn

Diary December

Sat 1	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Group B
Sun 2	9.30am	Morning Worship inc Communion – Revd Ann Woodhurst
Thurs 6	11.30am	Service at Freshfields
	1.00pm	Trinity Leisure Club
Sat 8	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Group C
	5.00pm	German Advent & Christmas Carols
Sun 9	9.30am	Nativity & Gift Service – Revd Dorothee Bührma
Thurs 13	1.00pm	Trinity Leisure Club
Sat 15	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Group D
		Carol singing on the lawn for St Francis Hospice
Sun 16	9.30am	Christingle Service – Revd Dorothee Bührma
Thurs 20	1.00pm	Trinity Leisure Club
Fri 21	7.30pm	K C G Concert
Sat 22	9.30am	Morning Prayers – Chapel
	10am	Coffee Morning – Group A
		Carol singing on the lawn for St Francis Hospice
Sun 23	9.30am	Morning Worship - Revd Ann Woodhurst
	6.30 pm	Carols by Candlelight
Mon 24	11.30pm	Midnight Communion at Upminster Methodist
Tues 25	10am	Christmas Day Worship
Sat 29	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Group B

Diary January 2019

Thurs 3	11.30am	Service at Freshfields
	1.00pm	Trinity Leisure Club
Sat 5	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Group C
Sun 6	9.30am	Morning Worship inc Communion – Revd Dorothee Bäärma
Thurs 10	1.00pm	Trinity Leisure Club
Sat 12	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Badminton
Sun 13	9.30am	Parade Service – Revd Dorothee Bäärma
	6.30 pm	Evening Communion
Thurs 17	1.00pm	Trinity Leisure Club
Sat 19	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Group D
Sun 20	9.30am	Morning Worship – Revd Ann Woodhurst
Thurs 24	1.00pm	Trinity Leisure Club
Sat 26	9.30am	Morning Prayers – Chapel
	10.00 am	Coffee Morning Group A
Sun 27	9.30am	Morning Worship – Worship Group
Thurs 31	1.00pm	Trinity Leisure Club
February		
Sat 2	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Cubs
Sun 3	9.30am	Morning Worship inc Communion – Revd Dorothee Bäärma

Trinity United Reformed Church

Ministers: Revd D. Bűrma 228489
RevdDorothee@t-online.de
Revd A Woodhurst annwoodhurst@yahoo.co.uk

Secretary: 250842

Treasurer: 450014

Hall Secretary: 226492

Magazine Circulation: 226492

Magazine Editor: 220460

Church Telephone No:, 220129

Heath & Havering Group Web Site: www.heathandhaveringurc.co.uk

Worship

Sunday Morning Worship 9.30am

Holy Communion 1st Sunday in month

All-age Worship and Parade (term time) 2nd Sunday in month

Young Church 3rd Sunday in month

Saturday Morning Prayers—in the Chapel 9.30am

Weekly Programme

Monday	Beavers	6pm
	Explorer Scout Unit (as arranged)	7.30pm
Tuesday	Cubs	6.30pm
Wednesday	Badminton Club	8pm
Thursday	Trinity Leisure Club TLC	1pm
	Rainbows	5.30pm
	Brownies	5.45pm
	Guides	7.30pm
Friday	Parent & Toddler Group	9.30am
	Scouts at Methodist	7.15pm
Saturday	Coffee Morning	10 am