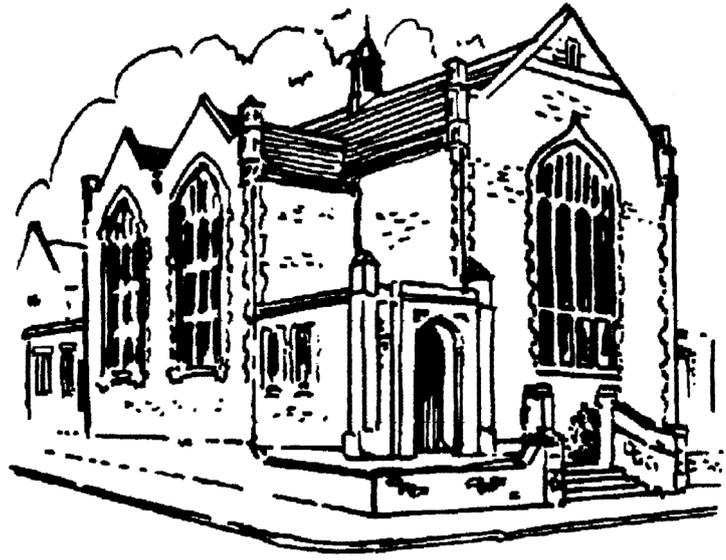


The Messenger



Trinity United Reformed Church Upminster



June 2018



Minister's Letter

Dear Friends,

The Church Year has moved us fast from Advent & Christmas through Lent, past Easter and now beyond Pentecost and Trinity Sunday. We are now in "ordinary time". Nothing spectacular awaits us in terms of church festivals and holy days. We simply move on through the year. And yet...

This is where we learn again about Jesus. We hear the important stories about his life and ministry. His birth matters, his death matters and the resurrection appearances matter. But they wouldn't have the same impact on us without the stories in between. We find ourselves in the stories we read about Jesus in real-life situations, addressing common issues such as worries about health, work, relationships and the future.

With life and ministry moving on swiftly through the first half of 2018, I was grateful for the invitation to attend the National URC Ministers' Gathering last month. Like so many ministers, I didn't know what to expect from this, and on a personal note, I wasn't too excited to spend Jeremiah's birthday away at a conference centre. But God's still small voice seemed persistent. I went by car, so I could turn around and leave the gathering at any point - and yet I stayed until the last day!

Nearly 350 URC ministers (of a total 550) came together at this Gathering. Ministers, I was reminded, come in all shapes and sizes: apart from obvious physical differences, there were ministers of different colours and racial backgrounds (I enjoyed speaking German with my German colleague there), there were young ministers and retired ministers (and everything in between), people with years of experience and those newly ordained, heterosexual ministers and homosexual ministers, a roughly equal balance between female ministers and male ministers, stipendiary ministers, self-supporting ministers, part-time ministers, ministers who preferred wine in common cups and ministers who preferred non-alcoholic wine in individual cups.

At the heart of this Gathering was the fellowship among all, centred round the Lord's Table, sustained by worship. It truly felt as if we all praised God in one voice - and yet from such different walks in life, and with a huge variety of accents!

I was reminded of the URC's wider vision, we heard stories about the "Walking the Way" initiative that will shape the future of our denomination in the coming years, and we learned from guest speakers such as Rowan Williams, as well as the Comedian Paul Kerensa. The keynote speeches were filmed and can be seen on: www.urch.org.uk/latest-news/2652-inspiration-and-ideas-shared-at-first-ministers-gathering.

What this Gathering reminded me of most of all is the invitation of Jesus:

"Let's go off by ourselves to a quiet place and rest awhile." He said this because there were so many people coming and going that Jesus and his apostles didn't even have time to eat. (Mark 6:31, NLT Bible)

Church structures, traditions and expectations can become quite busy. We get so caught up in the processes and procedures (dare I mention examples such as Charity Law, Safeguarding and GDPR!!) that we forget the core of our faith: simply following the ways of Jesus in our lives. Jesus didn't attempt to build an institution - much as he engaged with the Jewish hierarchies from within and without.

Minister's Letter (cont.)

But he primarily invited people to live their lives in their own contexts in different ways. Walking in his ways involves and shapes our daily lives. It also challenges our church structures and invites us to re-imagine our priorities through the eyes of Christ. Sometimes we need to step back and allow ourselves to be refreshed, so that we can inspire others in turn.

I pray that we will all find many special moments of resting in the presence of Christ; particularly during this long season of "ordinary time".

With love & blessings,
your minister Dorothee



Family News

Our thoughts are with David, Meryl and Mick's father, who is in hospital after a fall. Lord, be with David Meryl, Mick and the family at this time.

We continue to pray for those members of the congregation who have been unwell including Dee and Margaret.

We think of those unable to worship with us at present especially remembering Doreen, Doris, Kath and Joan..

Chris's work as Treasurer over the years was recognised at the church AGM and once again we express our sincere thanks for all the work he has undertaken. Our thanks also go to Jacquie for taking over this role.

We send our congratulations to Pete and Hayley Ager on the birth of their daughter, Elizabeth Anne on 30th April. Peter and Hayley were married at Trinity in 2011.

If you have any item you wish to be included in Family News, please contact one of the Elders.

Thank you

Message from Martin

Dear Amazing Trinity Congregation

Thank you so much for the gift of afternoon tea at Marygreen Manor, which was part of your leaving gift to me at the end of last year. Yesterday (29th April), we took full advantage, having champagne, sandwiches, cakes, scones and Earl Grey tea. As you can see from the photographs, not a crumb was left.

So, from Helen and I, thank you so much for your kindness.

Martin and Helen



Message from Daniel

We received an e-mail from Daniel expressing his gratitude for all the support he has received from Trinity whilst he is in hospital.

He is looking forward to returning in the future.

Messenger Deadline for July / August double issue

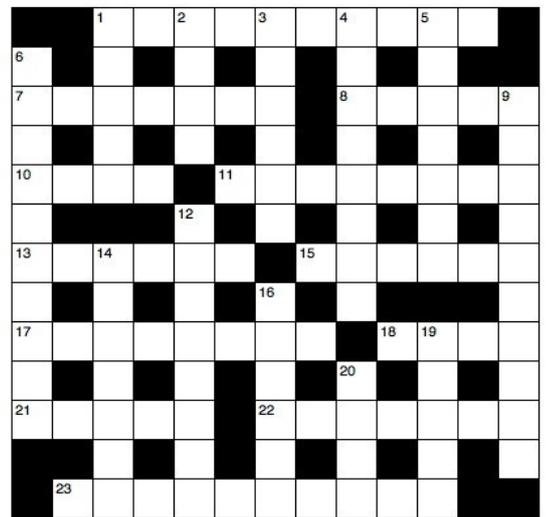
Please submit articles for the July/Aug Messenger by 6 pm on Wednesday 20th June with dates up to and including Sunday 2nd Sept The Messenger will be ready for distribution on Sunday 1st July

mike.addis1@btinternet.com

Puzzle page (answers on page 9)

Across

- 1 Evil (Genesis 6:5) (10)
- 7 Musician called for by Elisha when he met the kings of Israel, Judah and Edom (2 Kings 3:15) (7)
- 8 The request that led to the institution of the Lord's Prayer: 'Lord, — us to pray' (Luke 11:1) (5)
- 10 'We are hard pressed on every—'(2Corinthians4:8) (4)
- 11 Fraud (2Corinthians6:8)(8)
- 13 'His troops advance in force; they build a siege ramp against me and — around my tent' (Job 19:12) (6)
- 15 Where Rachel hid Laban's household gods when he searched his daughter's tent (Genesis 31:34) (6)
- 17 'Now about spiritual gifts, brothers, I do not want you to be—' (1 Corinthians 12:1) (8)
- 18 Nomadic dwelling(Genesis26:25)(4)
- 21 'As for man, his days are like—,he flourishes like a flower of the field' (Psalm 103:15) (5)
- 22 Or I live (anag.)(7)
- 23 Those guilty of 1 Across(Romans13:4)(10)



Down

- 1 'God so loved the — that he gave his one and only Son' (John 3:16) (5)
- 2 'Away in a manger, no — for a bed' (4)
- 3 Mob ten (anag.) (6)
- 4 'Each — group made its own gods in several towns where they settled' (2 Kings 17:29) (8)
- 5 Began (Luke 9:46) (7)
- 6 Speaking very softly (John 7:32) (10)
- 9 Workers Ruth joined when she arrived in Bethlehem with her mother-in-law Naomi (Ruth 2:3) (10) 12 Put in jail(Acts22:19)(8)
- 14 Aceturn(anag.)(7)
- 16 Discharge(Acts21:3)(6)
- 19 'All these—come from inside and make a man "unclean"' (Mark 7:23) (5)
- 20 'Let us rejoice and be glad and — him glory!(Revelation19:7)(4)

2				5		3
	9		6		7	
	5				4	
			8		3	
	3	7			2	6
		1	9			
	2					3
		6		4		9
8			5			7

Social & Fundraising

We had a very successful Lawn Sale on 12th May in spite of some rain! !

Thanks to all who supported us , particularly some strong-armed Beaver dads.

We raised approximately £300 from Frank's Tools, the Sales Tables and Richa's mini beauty treatments.

The next Lawn Sale will be on 9th June when once again we would appreciate as much help as possible to make this one as successful.

Advance Notice

'Sunday Lunch' on 8th July after morning coffee in the Link and a short concert in the church.
Tickets £7

A Quiz Evening .on Saturday 20th October Tickets £6

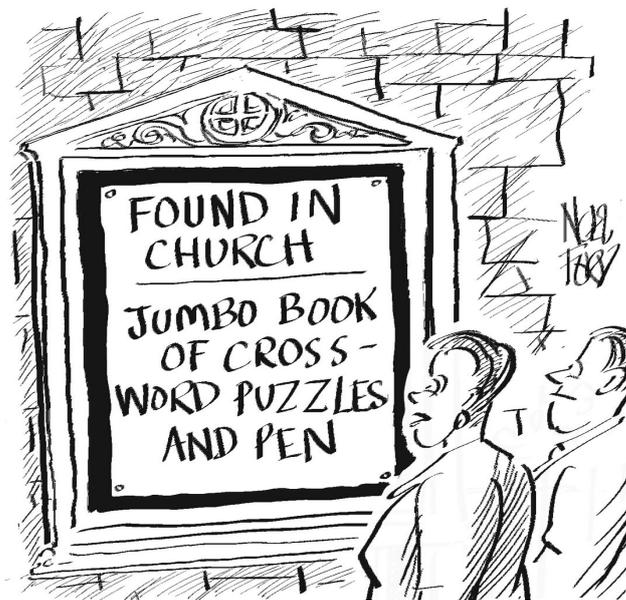
Please put these dates in your diary and tell your friends about the Quiz.

Thank You

As many of you know I have had a health problem since January which has received treatment that I am glad to say has gone well and I would like to thank you all for the support that I have received .

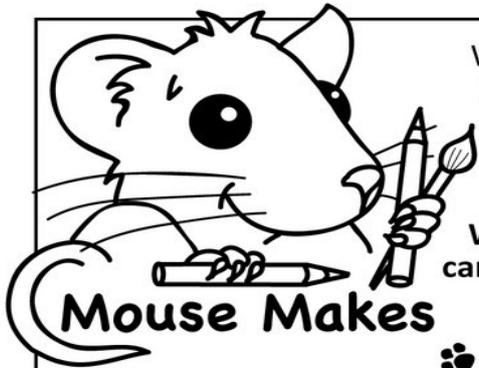
It has meant a lot!

Eileen Pullin



"It'll be interesting to see if anyone has the nerve to claim them."

Children's Page



Which animal did Noah let out of the ark first?

— — — — —
Genesis 8:7

What plague of animals came out of the River Nile?

— — — — —
Exodus 8:6

What insects did John eat in the wilderness?

— — — — —
Matthew 3:4

Which animal can we learn from?

— — — — —
Proverbs 6:6

Which bird did the Holy Spirit appear as?

— — — — —
Luke 3:22

Which animal did Jesus ride on?

— — — — —
Matthew 21:7

DID YOU KNOW?



Four of the miracles Jesus performed were to do with fish.

1. Feeding of the 5000
Matthew 14:15-21
2. The coin in the fish's mouth
Matthew 17:24-27
3. When Jesus called His first disciples
Luke 5:4-11
4. At the Sea of Galilee after Jesus' resurrection
John 21:4-11



Which animal goes with which bible character?



- | | |
|----------|-------------|
| LAMB | HOLY SPIRIT |
| LIONS | BALAAM |
| LOCUSTS | JESUS |
| DOVE | JONAH |
| RAVENS | PAUL |
| BIG FISH | SOLOMON |
| DONKEY | DANIEL |
| BEES | ELIJAH |
| SNAKE | JOHN |
| PEACOCK | SAMSON |

DID YOU KNOW?

There are four animals that are small but the Bible says are extremely wise... the **ANT**, the **HYRAX**, the **LOCUST** and the **LIZARD**.



Look up
Proverbs 30:24-28
to find out why.

D O G C A M E L A M B G A
P L I Z A R D O V E Q N N
F Q P E A C O C K G O A T
I U R A V E N U S X D T F
S A B U L L K S H E E P R
H I S N A K E T E O E I O
L I O N H Y R A X R G G

Find the animals in the word search

- SHEEP • GOAT • LION • LAMB
DONKEY • RAVEN
SNAKE • DOVE
LOCUST • QUAIL • HYRAX
CAMEL • DEER • FISH • FROG
GNAT • PEACOCK
ANT • OX • LIZARD
DOG • PIG • BULL





image from: http://www.mynorthside.com/assets/2419/12_digin2-web.jpg

Let's Dig Deeper!

Dig Deeper Meetings continue at Trinity on some Monday evenings 7.30—9pm.

We are currently going through the five Theology sessions of TLS Lite. Anyone is welcome to join us for any of the session, no preparation needed simply come for any meetings that fit in to your schedule.

Join in and enjoy chocolate biscuits, company and questions.

The next meetings are June 4th , 25th and July 16th.

There will be a more in depth study session on Sunday 24th June at Nelves URC 2—6pm.

This will be led by Revd Anne Sardeson Synod Training Officer..

Anyone is invited to join this session—if you are planning to come please let Dorothee know so that Anne can plan accordingly. But do feel free to turn up spontaneously too!

RevdDorothee@t-online.de 01708 228489

Notice from Chris

HEATH AND HAVERING AGM

This will be held at Western Road URC on Sunday, 8th July, starting with a 'bring and share' tea, followed by the AGM and then the usual evening communion service. It is hoped that there will be a good representation from Trinity. Please let Chris Willis know if you can attend.

FOODBANK

The Foodbank (at Harold Hill) is very grateful for the donations given by Trinity. In 2017 Trinity donated 207kg of food, and I hope that we can do as well, if not better, this year. All tinned and packaged goods are welcome, but the Foodbank is particularly in need of tinned fruit and vegetables, sponge puddings, custard, coffee, hot chocolate and rice pudding.

Chris

Saturday Coffee Rota

June 2	Brenda	Clare	Richard
June 9	Heather	Evelyn	Giovanni
June 16	Sonia	Laura	Susan
June 23	Eileen	Mick	Jacquie
June 30	Brenda	Sue B	Elaine
July 7	Guides / Brownies		



Sunday Coffee Rota

June 3	Heather	Linda
June 10	Susan N	Brenda
June 17	Margaret	Jane
June 24	Eileen	Jacquie
July 1	Pam	Mandy



Flower Rota

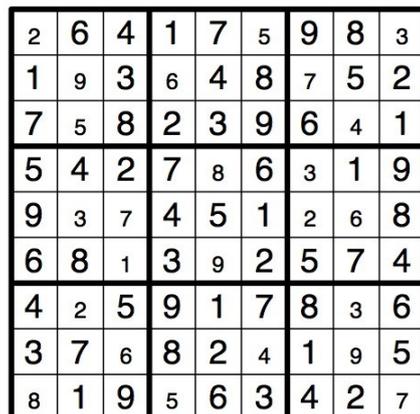


WW1 Memorial

Communion Table

WW2 Memorial

June 3	Rae	-	Rae
June 10	Mandy	Mandy	Mandy
June 17	Brenda	Brenda	Brenda
June 24	Clare	Clare	Rosemary
July 1	Susan	-	Susan



Diary June

Sat 2	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning - Group D
Sun 3	9.30am	Morning Worship inc Communion - Revd Ann Woodhurst
Mon 4th	7.30pm	Dig Deeper—Chapel
Thurs 7	11.30am	Service at Freshfields
	1.00pm	Trinity Leisure Club
Sat 9	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning - Group A
	10.00am	Lawn Sale Christian Aid Quiz.
Sun 10	9.30am	Parade Service—Revd Dorothee Bührma
Thurs 14	1.00pm	Trinity Leisure Club
Sat 16	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Group B
Sun 17	9.30am	Morning Worship - Mr Paul Timbrell
Thurs 21	1.00pm	Trinity Leisure Club
Sat 23	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Group C
Sun 24	9.30am	Morning Worship – Revd Kevin Swaine
	2—6pm	Dig Deeper Study Session at Nelmes URC with Revd Anne Sardeson
Mon 25th	7.30	Dig Deeper—Chapel
Thurs 28	1.00pm	Trinity Leisure Club
Sat 30	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning - Group D
July		
Sun 1	9.30am	Morning Worship inc Communion - Revd Dorothee Bührma

Trinity United Reformed Church

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Heath & Havering Group Web Site: www.heathandhaveringurc.co.uk

Worship

Sunday Morning Worship 9.30am

Holy Communion 1st Sunday in month

All-age Worship and Parade (term time) 2nd Sunday in month

Young Church 3rd Sunday in month

Saturday Morning Prayers—in the Chapel 9.30am

Weekly Programme

Monday	Beavers	6pm
	Explorer Scout Unit (as arranged)	7.30pm
Tuesday	Cubs	6.30pm
Wednesday	Badminton Club	8pm
Thursday	Trinity Leisure Club TLC	1pm
	Rainbows	5.30pm
	Brownies	5.45pm
	Guides	7.30pm
Friday	Parent & Toddler Group	9.30am
	Scouts at Methodist	7.15pm
Saturday	Coffee Morning	10 am