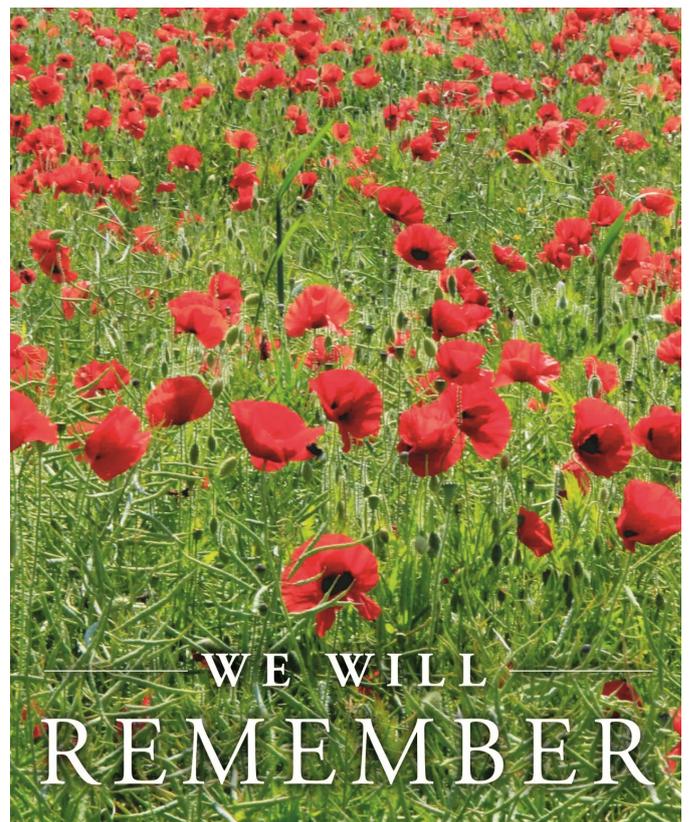


The Messenger



November 2018

Trinity
United
Reformed
Church
Upminster



Minister's Letter

Lest we forget...

100 years after the end of World War I, we continue to remember the horrors of war, which affected our country and many others significantly during the first half of the past century.

We have indeed not forgotten. We continue to remember the tragic events demanding many lives during the cause of the two World Wars.

The phrase lest we forget is based on a Bible verse:

Only be careful, and watch yourselves closely so that you do not forget the things your eyes have seen or let them slip from your heart as long as you live. Teach them to your children and to their children after them .(Deuteronomy 4:9)

We have honoured our duty to continue to tell the stories of the past experiences of war.

The URC and its partner church in the Palatinate (Germany) arranged a theological conference exploring issues connected to WWI from both perspectives about 3 years ago. I was privileged to attend the sessions. Real stories from both sides were shared at the meeting. People realised that their ancestors had fought in the same areas - but on different fronts. Our conversations were enabled by the peace and stability we expect from our contemporary European cultural setting. We respected each other and tried to make sense of all that seemed senseless.

We were held together by our common faith in God. Prayers were said jointly, in English and in German. We gained new insights, new friendships and also new jointly produced liturgies for remembrance. In our Heath & Havering Evening Communion on Remembrance Sunday, we will use some of those resources for worship.

On one of my journeys travelling through Italy, I came across a memorial to the fallen in WWI in the mountain region near Venice: The Sacratio Francese di Pederobba. What struck me about this war memorial were the stone figures at the centre of the memorial. Two mothers, one Italian, one French, holding the body of a child. In its very simply ways, the image reminds us that at the heart of war is the loss of life. Our minds cannot begin to comprehend the grief and suffering endured all over the world by families who lost loved ones.

We must never forget that the sacrifices made during our World Wars (and the wars since) were human sacrifices. We thank those willing to sacrifice themselves for the sake of others. We remember also those who had no option but to serve in the armies of the time. We pray for families who still suffer from the consequences of war.

And as we remember, we entrust the lives lost in war and our own lives into the care of our loving God, whose arms are wide open, ready to embrace all His children from all nations.

May we never again allow war and human greed to cause such suffering to God's world and its people.

May the Peace of Christ enter into our world!

Blessings from Dorothee

Sacrario Francese di Pederobba.



Family News

Congratulations to Sue and Roy Brand on the safe arrival of their granddaughter, Daisy Amelia, on 22nd October and to the proud parents Paul and Vicky.

We pray for members of our congregation who are unwell and continue to remember Mike A and Daniel

We think of those unable to worship with us at present and especially Doris, Doreen, Kath and Joan.

We send our congratulations to Ken who celebrated a special birthday recently.

If you have any item you wish to be included in Family News, please contact one of the Elders.

Message fom Jacquie Chapman

Hazel Corrie and Jacquie Chapman would like to thank everyone for the cards., letters and messages of condolence and prayers after Keith peacefully passed away. The family has been greatly comforted by the kindness and support shown by the church family both at Nelmes and Trinity.

Come and Join Us.

Dig Deeper

Leading Worship

Let's Dig Deeper!*

Dig Deeper Meetings continue at Trinity on Thursday afternoons. Anyone is welcome to join us for any of the sessions, no preparation needed simply come for any meetings that fit into your schedule.



**The next meetings are:
4th October
18th October
1st November
15th November
29th November
and more dates in January
1 - 3pm**

Join in and enjoy chocolate biscuits, company and questions.

*shovels not needed

Message fom Ken Norgate

I thank all at Trinity for the cards and wishes on my birthday.

It was a truly memorable day.



Social & Fundraising

We held a very successful Quiz Evening on Saturday 20th October and raised an amazing £500. A big THANK YOU to everyone who took part. It was a very enjoyable evening with a very close finish!

The Festive Market is approaching rapidly . For various reasons, this year we are rather short staffed so if you have not already volunteered, PLEASE consider coming, to help, even for just an hour. We would also appreciate help with putting up the stalls and bringing the 'stuff' from the stoke hole on Friday afternoon from 2pm.

The boxes in the church are filling up nicely but we still need bottles, sweets, biscuits gifts etc. This is our last fundraising event for CHECT so let's make it a bumper one!

Macmillan Thank You

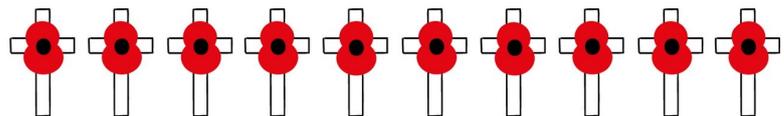
Many thanks to everyone who helped to make the Macmillan Coffee Morning such a success. We raised £200 just by eating cake, drinking coffee and running a raffle—all in an hour and a half!!

Thanks again

Pam

Message from Paul Smith

Paul says he will be selling poppies as usual each Saturday coffee morning until November 11th. Your support will be very much appreciated.



Messenger Deadline for December /January Issue

Please submit any articles for the Dec/Jan issue by 6pm on Wednesday 21st November with dates up to and including 3rd Feb The Messenger will be ready for distribution on Sunday 2nd December PLEASE NOTE THIS IS A DOUBLE ISSUE !!

mike.addis1@btinternet.com

Birthdays

Happy Birthday to Emily Woodgate who will be 10 on 29th November

Message from the Elders

Evening Communion Services.

Every second Sunday of the month, apart from August and December, there is a joint Heath and Havering evening communion service, held in rotation at one of the five churches. It is an opportunity for a more reflective and intimate service and is very enjoyable and uplifting. We would like to encourage more Trinity people to attend if possible.

If you are unable to drive, or prefer not to go out in the evening on your own, please ask any of the Elders who will be only too pleased to organise a lift for you.

This is the plan for the next few months.

The themes come from "Holy Habits". This is a way of life for those exploring or already actively living out the call of Jesus to 'follow me'.

So far the themes of Fellowship and Breaking Bread have been explored. This is the plan now up until June next year.

Remembrance	November 2018
Biblical Teaching -	January 2019
Worship -	February 2019
Prayer -	March 2019
Sharing Resources -	April 2019 (led by Revd Jim Dalgleish)
Making disciples -	May 2019
Eating Together -	June 2019

It's not a course of study, you don't need to come every month, but think about giving it a try. Details will be on the Trinity News each month.



...and the theme of this morning's service is... 'Preaching a Gospel of Simplicity'!

In Flanders Fields by John McCrae

*In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.*

*We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.*

*Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high..
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders field.*

Message from Chris Willis

BOTTLE TOPS

Please continue to save your milk bottle tops for me. I give them to my sister-in-law, who in turn gives them to 'The Springboard Project' in Horsham and Crawley (West Sussex).

The Springboard Project is a community based charity that provides inclusive play and leisure opportunities for families with young children and fun short breaks for children and teenagers with disabilities.

Springboard Houses are open as drop-in centres for any family to bring their children and enjoy our play facilities during the week. The centres are accessible with ceiling hoists and changing facilities and lifts.

Please continue to leave your milk bottle tops in the flower arranging area or give them to me in person.

Please note that the 'Springboard Project' will accept milk bottle tops only; no other plastic bottle tops are of use to raise funds.

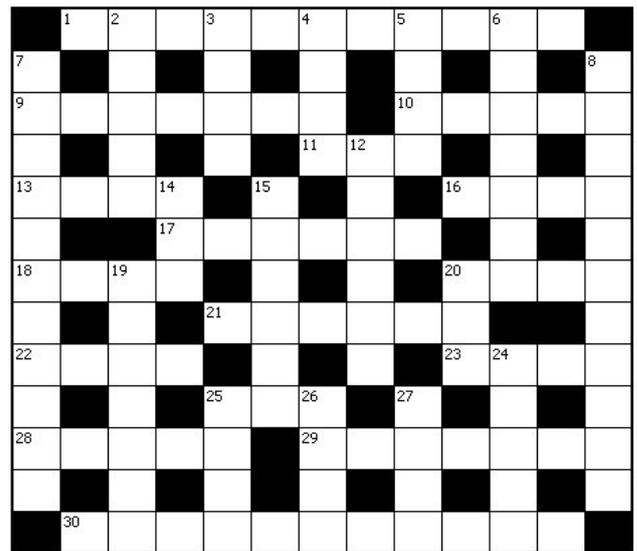
Puzzle Page (answers on page 10)

Across

- 1 and 20 Down Lord of all ..., Lord of all..., whose trust, ever child-like, no cares could destroy (11,3)
 9 Moses' question to a fighting Hebrew labourer: Why are you ... your fellow Hebrew? (Exodus 2:13) (7)
 10 Acclaimed cellist who contracted multiple sclerosis at the height of her fame, Jacqueline ... (2,3)
 11 At even ... the sun was set, the sick, O Lord, around thee lay (3)
 13 A descendant of Gad (Numbers 26:16) (4)
 16 Do not leave Jerusalem, but ... for the gift my Father promised (Acts 1:4) (4)
 17 Clambers (Jeremiah 48:44) (6)
 18 Peter's response to questioning by the Sanhedrin: We must ... God rather than men! (Acts 5:29) (4)
 20 Christian paraplegic author, artist and campaigner, ... Eareckson Tada (4)
 21 Bird partial to the nests of other birds (6)
 22 Such large crowds gathered round him that he got into a boat and sat ... (Matthew 13:2) (2,2)
 23 Infectious tropical disease (4)
 25 Tree (3)
 28 No fear of me should ... you, nor should my hand be heavy upon you (Job 33:7) (5)
 29 For example, to Titus, Timothy or Philemon (7)
 30 Week beginning with Pentecost Sunday, according to the Church's calendar (11)

Down

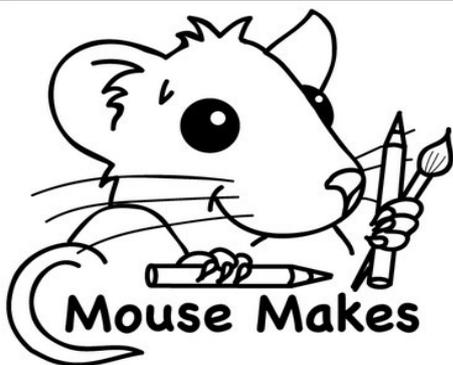
- 2 O Jerusalem, how ... I have longed to gather your children together (Matthew 23:37) (5)
 3 Way out (4)
 4 Exhort (Romans 12:1) (4)
 5 Done (anag.) (4)
 6 Highest of the four voice-parts in a choir (7)
 7 Concerning the study of God (11)
 8 Uniquely, it has Abbey, Cathedral and Chapel (11)
 12 Admonish (Matthew 16:22) (6)
 14 Frozen (3)
 15 Established form of religious ceremony (6)
 19 Inscription often found on gravestones (7)



- 20 See 1 Across
 24 Behaved (Joshua 7:1) (5)
 25 Time (anag.) (4)
 26 Lists choice of meals (4)
 27 For the wages of sin is death, but the ... of God is eternal life in Christ Jesus (Romans 6:23) (4)

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Children's Page



Remember
all the
commandments
of the Lord
and obey them

Colossians 3:25

Remember the words Jesus said:
*"It is more blessed to give
than to receive."*
Colossians 3:25

Jesus took bread,
gave thanks,
broke it and said,
*"This is my body
which I am giving
for you, do this to
remember me."*
Luke 22:19

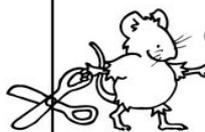
Jesus said:
*"No one can have
greater love than
to give his life for
his friends."*

John 15:13

Remember to keep
the Sabbath day Holy
Exodus 20:8

Remember what you are taught,
and listen carefully to words
of knowledge.

Proverbs 23:12

 Cut out, colour and keep
these cards to help
you to remember
God's words to us.

Saturday Coffee Rota

Nov 3	Jacque Chapman	Pam Addis	Mike Addis
Nov 10	Cubs		
Nov 17	Brenda Mole	Carole Green	Pattie paper
Nov 24	Chris Hewitt	Mick Hewitt	Linda Legrand
Dec 1	Laura Davies	Susan Neville	Alison Smith



Sunday Coffee Rota

Nov 4	Eileen Pullin	Jacque Chapman
Nov 11	Susan Neville	Brenda Mole
Nov 18	Pam Addis	Mandy Haines
Nov 25	Heather Stainer	Linda Legrand
Dec 2	Susan Neville	Brenda Mole



Flower Rota



	WW1 Memorial	Communion	WW2 memorial
Nov 4	Eileen Pullin	-	Eileen Pullin
Nov 11		REMEMBRANCE	
Nov 18	Chris Hewitt	Jacque Chapman	Chris Hewitt
Nov 25	Mavis Jones	Mavis Jones	Mavis Jones
Dec 2	Sonia Gould	Clare Brindle	Sonia Gould

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7	2	5	8	6	3	9	1	4

Diary November

Thurs 1	11.30am	Service at Freshfields
	1.00pm	Trinity Leisure Club
	1.00pm	Dig Deeper - Chapel
Sat 3	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Group C
Sun 4	9.30am	Morning Worship inc Communion – Revd Dorothee Bührma
Thurs 8	1.00pm	Trinity Leisure Club
Sat 10	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Cubs
Sun 11	9.30am	Remembrance Parade Service – Revd Ann Woodhurst
	6.30pm	H & H Evening Communion—Trinity
Thurs 15	1.00pm	Trinity Leisure Club
	1.00pm	Dig Deeper - Chapel
Sat 17	9.30am	Morning Prayers – Chapel
	10am – 1pm	FESTIVE MARKET in aid of Church funds and CHECT
Sun 18	9.30am	Morning Worship – Dr Patrick Smith
Wed 21	6pm	Messenger deadline
Thurs 22	1.00pm	Trinity Leisure Club
Sat 24	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Group A
Sun 25	9.30am	Morning Worship – Maureen Ross
Thurs 29	1.00pm	Trinity Leisure Club
	1.00pm	Dig Deeper - Chapel
December		
Sat 1	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Group B
Sun 2	9.30am	Morning Worship inc Communion – Revd Ann Woodhurst

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Magazine Editor: 220460

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Worship

Sunday Morning Worship **9.30am**

Holy Communion 1st Sunday in month

All-age Worship and Parade (term time) 2nd Sunday in month

Young Church 3rd Sunday in month

Saturday Morning Prayers—in the Chapel 9.30am

Weekly Programme

Monday	Beavers	6pm
	Explorer Scout Unit (as arranged)	7.30pm
Tuesday	Cubs	6.30pm
Wednesday	Badminton Club	8pm
Thursday	Trinity Leisure Club TLC	1pm
	Rainbows	5.30pm
	Brownies	5.45pm
	Guides	7.30pm
Friday	Parent & Toddler Group	9.30am
	Scouts at Methodist	7.15pm
Saturday	Coffee Morning	10 am