

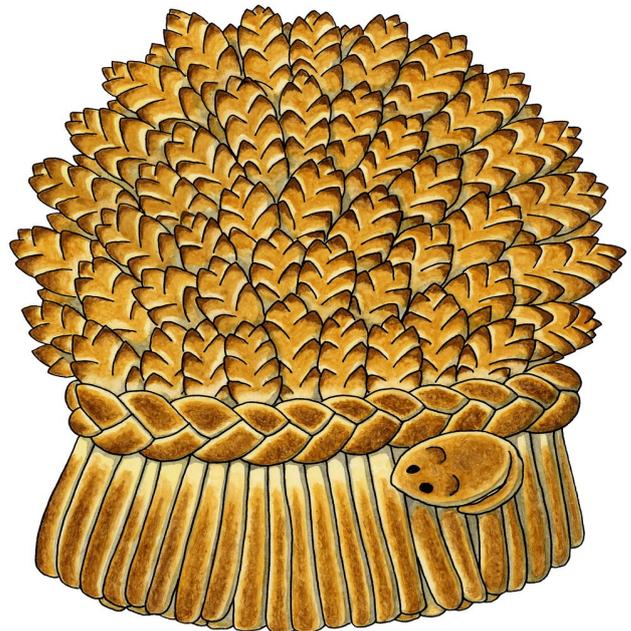
The Messenger



Trinity United Reformed Church Upminster



October
2018



Minister's Letter

Dear friends,

It is harvest-tide (if there is such a word!).

We are gathering in our remaining crops, and preparing our gardens for autumn and winter.

This summer, I have taken up growing tomatoes. It has been an interesting experience - particularly as I'm not overly keen on fresh tomatoes! My friend appeared at the manse in June with 10 tomato plant seedlings. With much love and dedication, Elijah, Jeremiah and I have watered them and tended to the tomatoes' every need.

And our harvest was indeed plentiful! It was full of surprises too: one of her red tomato plants produced the most beautiful sweet yellow tomatoes.

I have become an expert at making fresh tomato sauce, which even the children enjoyed eating. And although we couldn't see our friend again all summer, she was in my thoughts and prayers most days, because the tomato plants reminded me of her.

The Bible is full of harvest imagery. There are clear instructions in the Old Testament about the way in which our harvesting should take into account our wider society:

"When you reap the harvest of your land, do not reap to the very edges of your field or gather the gleanings of your harvest. Leave them for the poor and for the foreigner residing among you." (Lev 23:22, NIV Bible)

This practice was followed by God's people throughout the years - it is at the heart of stories such as the story of Ruth, Naomi and Boaz. The Israelites looked after the poor in society - contrary to the practices of other peoples. They were strongly aware of the blessings God had provided them with: life, land, and produce.

How often do we pause to thank God for the essentials in our lives? How often do we take stock to appreciate what we have? How much do we take for granted?

Harvest is a time to remember our dependence on God's love and grace for our lives. God, who is the source of all life, will carry us through the winter months.

Harvest is also a time to take on some responsibility for those who might struggle during the winter months. In biblical times, the poor were able to gather up enough leftover crops to survive. In our day and age, how do we share our abundance with those living in scarcity?

I have images in my mind of winter night shelters for the homeless, of Christmas meals, for those who wouldn't otherwise have any chance to share food and fellowship, and of charities such as Christian Aid, providing practical aid where it is most needed.

There is much gratitude and much good news in our world.

This autumn, let us recognise God's love at work among His people, and let us be thankful!

With love and God's blessings, **Dorothee**

Family News

Congratulations to Chris and Jacky on the birth of their seventh grandchild, Phoebe.

We continue to pray for Ian, recovering at home after a recent spell in hospital. We also pray for all those of our congregation who are undergoing hospital treatment .

We continue to think of those unable to worship with us, particularly remembering Dori, Doreen, Kath, Joan and Daniel.

If you have any item you wish to be included in family news please contact one of the Elders.

Thank you

Welcome to Revd. Gillian Thomson!

Many of us attended the Ordination and Induction of Gillian on Saturday 8th September at Basildon. She was supported by her son, Alex and her daughter, Olivia.. Over 150 people came, family colleagues from Westminster College,, and friends from the many churches with which Gillian was associated.

The formality of the service was enhanced by Gillian joining with her gospel choir in three spiritual songs. It was rounded off by 'party poppers'!

We wish God's blessing on her as she begins this new phase of her life..



Come and Join Us.

Dig Deeper

Leading Worship

Let's Dig Deeper!*

Dig Deeper Meetings continue at Trinity on Thursday afternoons. Anyone is welcome to join us for any of the sessions, no preparation needed simply come for any meetings that fit into your schedule.



**The next meetings are:
4th October
18th October
1st November
15th November
29th November
and more dates in January
1 - 3pm**



**Join in and enjoy chocolate biscuits,
company and questions.**

*shovels not needed

Social & Fundraising

We had another very successful Lawn Sale in September raising £248 A Big THANK YOU to every one who has helped over the past 6 months.

We are holding our usual Harvest Lunch on Sunday 14th October , this will be preceded by a short quiz and the auction of perishable harvest produce. Tickets £7

The Quiz Evening is on Saturday 20th October.. Tickets are £6 please bring your own drinks, glasses and nibbles. Tables of 6—8 but 2's and 3's can be accommodated. Please arrive at 6.45 for a 7pm prompt start.

This year the Festive Market is on Saturday 17th November, please note change of time 10am—1pm and we will not be serving lunches. There will be collecting boxes in the church for any items for the stalls. We need toiletries, sweets, unwanted gifts, bottles, cakes, preserves, biscuits etc. Please check that perishable items have a long sell-by date.

If anyone is available to help on the day and/or setting up on the Friday 16th please let Chris, Pat or Pam know.

Thank you

Harvest Sunday 14th October 2018

We will be decorating the church again for Harvest. We hope to produce wonderful warm floral displays incorporating your Harvest gifts. To assist us with this we would like any adults that normally bring Harvest gifts on Harvest Sunday to please bring them the week before on the 7th October and put them in the boxes in the porches.

If you wish to bring fresh produce please can you bring them to the church on Saturday 13th October before 10am when we will start to decorate the church.

If anyone would like to come along and help decorate the church or is able to help us tidy up afterwards (approximately 11.30am) we would be pleased to see you.

If you can help in anyway please speak to Brenda or Sonia

Many thanks

Linda Legrand

Messenger Deadline for November Issue

Please submit any articles for the November issue by 6pm on Wednesday 24th October with dates up to and including 2nd Dec The messenger will be ready for distribution on Sunday 4th November

mike.addis1@btinternet.com

Message from the Elders

Evening Communion Services.

Every second Sunday of the month , apart from August and December, there is a joint Heath and Havering evening communion service, held in rotation at one of the five churches. It is an opportunity for a more reflective and intimate service and is very enjoyable and uplifting. We would like to encourage more Trinity people to attend if possible.

If you are unable to drive, or prefer not to go out in the evening on your own, please ask any of the Elders who will be only too pleased to organise a lift for you.

This is the plan for the next few months.

The themes come from "Holy Habits". This is a way of life for those exploring or already actively living out the call of Jesus to 'follow me'.

So far the themes of Fellowship and Breaking Bread have been explored. This is the plan now up until June next year.

Serving -	October 2018
Biblical Teaching -	January 2019
Worship -	February 2019
Prayer -	March 2019
Sharing Resources -	April 2019 (led by Revd Jim Dalgleish)
Making disciples -	May 2019
Eating Together -	June 2019

It's not a course of study, you don't need to come every month, but think about giving it a try.

Details will be on the Trinity News each month.

Pat Gothard (on behalf of the Elders)



Thanks to digital technology, the vicar never got the name wrong again

ActionAid Update

Trinity recently received a letter from ActionAid explaining their current work in the Federal Capital Territory of Nigeria where Awuse, the girl Trinity supports lives.

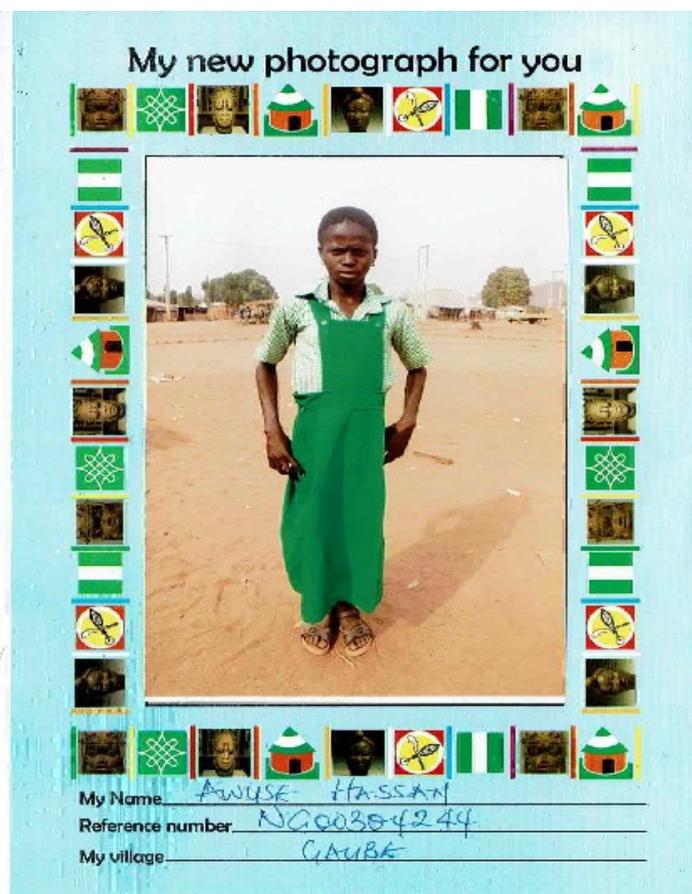
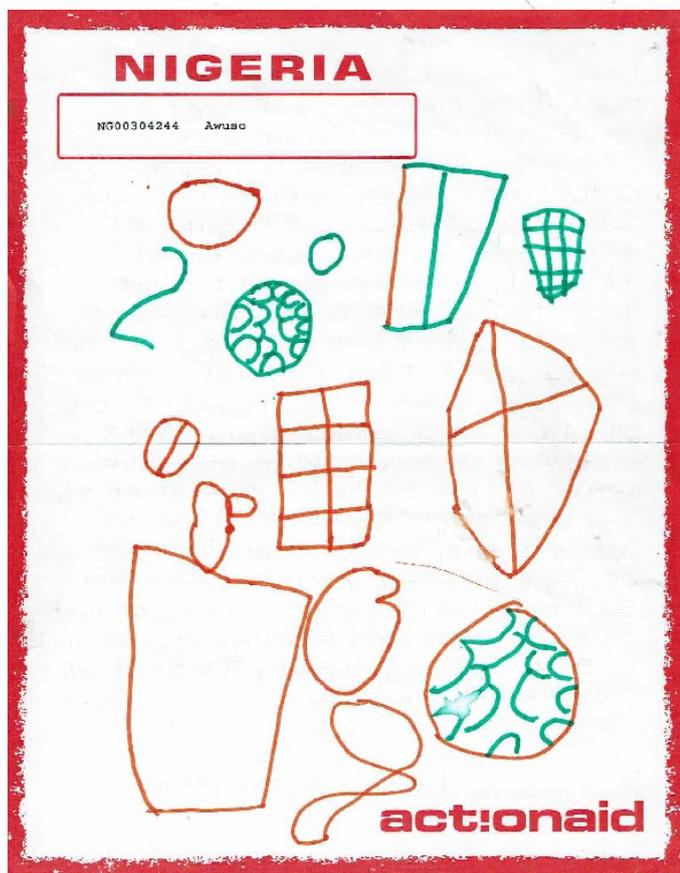
The majority of families who live in this area rely on farming for both food & their livelihoods, but changes in local weather patterns have been decimating crops. ActionAid have regular community meetings and in these meetings 90% of farmers have told ActionAid how poor their harvests had been during the dry season, August to February and they did not understand why.

Working with the farmers ActionAid have established that poor soil quality was a major issue. They also discovered that although the farmers were applying fertilisers, they were doing it incorrectly and actually damaging their crops. To help farmers overcome these issues ActionAid established an Agricultural Development Project - 29 female farmers took part in agriculture training. This included how they could use animal dung and household waste to produce organic fertiliser as well as the importance of crop spacing and pest control to ensure the health of their crops. ActionAid also discussed crop diversification, helped the farmers to choose crops that would grow well even in the dry season like maize, corn and soya beans.

At the end of the training the participants returned to their communities to share what they had learnt with other farmers. Within six months of using these modern farming techniques, 95% of farmers recorded an improvement in their soil condition and an increase in their harvest.

Rebecca (35) was among the farmers to take part in the training. She told ActionAid "Thanks to using the new farming methods, I have had a bumper harvest. For the first time in years I am not worrying about food or money. My children have been able to attend school regularly. My greatest thanks goes to ActionAid for making our lives better."

This is just one example of the real difference ActionAid is making in people's lives in Nigeria.



ActionAid Update (cont.)

DEAR SPONSOR

AWUSE AND HER FAMILY ARE IN GOOD HEALTH CONDITION, SHE IS IN PRIMARY THREE, SHE IS FOURTEEN YEARS OLD, ENGLISH STUDIES IS HER BEST SUBJECT, SHE LIKE READING OF ALPHABETICAL DRIL, SHE WANT TO BE A CLASS TEACHER IN FUTURE TO ENABLE HER GUIDE THE YOUNG ONCE HOW TO READ ALPHABETICAL DRIL, HER BEST FOOD IS RICE, RED IS HER BEST COLOUR, FOOTBALL IS ONE OF HER BEST SPORT GAME THAT SHE LOVE PLAYING WITH HER AGE MATE AFTER SCHOOL, SHE USED TO HELP HER PARENTS AT HOME IN DOING SOME HOUSE WORK LIKE COOKING OF FOOD, WASHING OF PLATS, AND HER SCHOOL UNIFORMS, SWEEPING OF HOUSE SURROUNDING AND FACHING OF WATER. SHE IS VERY HAPPY TO SENDING YOU HER GREETINGS

Message collected by: HARUNA STEPHEN

Birthdays

Happy Birthday to:

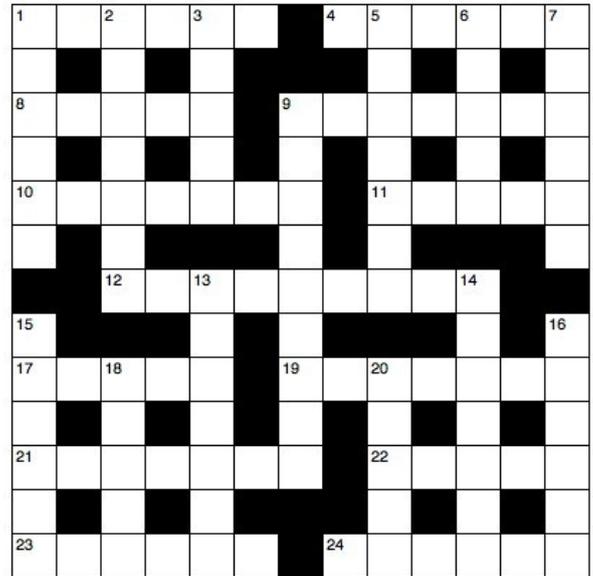
Elijah who will be 5 years old on 13th October

Sarah who will be 18 on 23rd October.

Puzzle Page (answers on page 11)

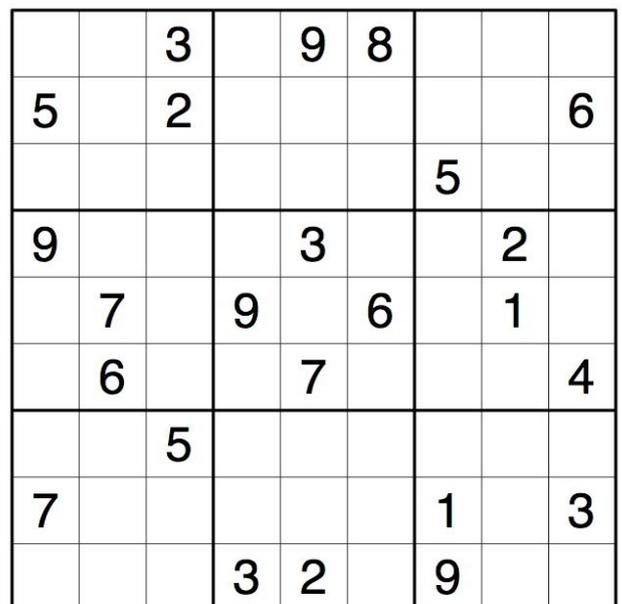
Across

- 1 Tertullus, who presented the high priest's case against Paul in his trial before Felix, was one (Acts 24:1) (6)
 4 As balm (anag.) (6)
 8 Having explored Canaan, he and Joshua urged the Israelites to take possession of it (Numbers 13:30) (5)
 9 On becoming king of Judah, he had all six of his brothers killed (2 Chronicles 21:4) (7)
 10 'Even the — has found a home, and the swallow a nest for herself' (Psalm 84:3) (7)
 11 Banishment(Jeremiah29:1)(5)
 12 'And now I will show you the most — way'(1Corinthians12:31) (9)
 17 'Titus did not exploit you, did he? Did we not — the same spirit and follow the same course?' (2 Corinthians 12:18) (3,2)
 19 Mice den(anag.)(7)
 21 How Egypt is often described in the Old Testament: 'the land of — ' (Exodus 13:3) (7)
 22 One of the first Levites to resettle in Jerusalem after the exile in Babylon (1 Chronicles 9:15) (5)
 23 'As a sheep before her shearers is —,so he did not open his mouth' (Isaiah 53:7) (6)
 24 Paul's birthplace(Acts22:3)(6)



Down

- 1 Ravenous insect inflicted on Egypt in vast numbers as the eighth plague (Exodus 10:14) (6)
 2 Well-being (Philippians 2:20) (7)
 3 Small piece of live coal or wood in a dying fire (Psalm 102:3) (5)
 5 Sportsman or woman (2 Timothy 2:5) (7)
 6 The original name of Abraham's wife (Genesis 17:15) (5)
 7 'So in Christ we who are many form one body, and each — belongs to all the others' (Romans 12:5) (6)
 9 According to Peter, a wife's beauty should not come from wearing this (1 Peter 3:3) (9)
 13 'For God did not send his Son into the world to — the world' (John 3:17) (7)
 14 'The Lord of heaven and earth...does not live in — built by hands' (Acts 17:24) (7)
 15 'If your hand — you to sin,cut it off'(Mark9:43)(6)
 16 Something like these fell from Saul's eyes as soon as Ananias placed his hands on him (Acts 9:18) (6)
 18 Track(Job41:30)(5)
 20 Religious doctrine(5)



Children's Page

The tale of the Mustard Seed & the tale of the Yeast

JESUS OFTEN TOLD STORIES WITH HIDDEN MEANINGS

SOME OF HIS STORIES WERE VERY SHORT, BUT THEY MEANT A GREAT DEAL

ONCE JESUS EXPLAINED HOW THE KINGDOM OF HEAVEN WAS LIKE A MUSTARD SEED

IT IS ONE OF THE SMALLEST OF SEEDS....

BUT WHEN IT GROWS UP IT IS THE BIGGEST OF ALL PLANTS

IT BECOMES A TREE, SO THAT BIRDS COME AND MAKE THEIR NESTS IN THE BRANCHES

JESUS ALSO EXPLAINED THAT THE KINGDOM OF HEAVEN IS LIKE YEAST.

EVEN THOUGH IT'S A TINY INGREDIENT, WHEN IT'S MIXED WITH THE FLOUR, THE WHOLE BATCH OF DOUGH RISES

THIS WAS JESUS' WAY OF SAYING THAT EVEN IF WE HAVE A SMALL AMOUNT OF FAITH... IT CAN MAKE A HUGE DIFFERENCE TO OUR LIVES, AND TO THE LIVES OF OTHERS.

Saturday Coffee Rota

Oct 6	Pat	Muriel	tba
Oct 13	Sue	Clare	Richard
Oct 20	Heather	Evelyn	Giovanni
Oct 27	Margaret	Mavis	Sonia
Nov 3	Jacque	Pam	Mike



Sunday Coffee Rota

Oct 7	Eileen	Jacque
Oct 14	Pam	Mandy
Oct 21	Heather	Linda
Oct 28	Margaret S	Jane
Nov 4	Eileen	Jacque



Flower Rota



	WW1 Memorial	Communion	WW2 memorial
Oct 7	Sonia	-	Sonia
Oct 14		HARVEST	
Oct 21	Susan	Susan	Susan
Oct 28	Heather & Evelyn	Heather & Evelyn	Heather & Evelyn
Nov 4	Eileen	-	Eileen

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5	9	2	7	1	3	4	8	6
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2	7	4	9	8	6	3	1	5
3	6	1	2	7	5	8	9	4
8	3	5	1	6	9	7	4	2
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4	1	6	3	2	7	9	5	8

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Diary October

Thurs 4	11.30am	Service at Freshfields
	1.00pm	Trinity Leisure Club
	1.00pm	Dig Deeper - Chapel
Sat 6	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Group C
Sun 7	9.30am	Morning Worship inc Communion – Revd Ann Woodhurst
Thurs 11	1.00pm	Trinity Leisure Club
Sat 13	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Group D
Sun 14	9.30am	Harvest Celebration - Revd Dorothee Bührma followed by Auction and Harvest Lunch
Thus 18	1.00pm	Trinity Leisure Club
	1.00pm	Dig Deeper—Chapel
Sat 20	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Group A
	6.45pm	Quiz Evening for CHECT
Sun 21	9.30am	Morning Worship - Michaela Lawrence followed by Church meeting
Wed 24	.6.00pm,	Messenger Deadline
Thurs 25	1.00pm	Trinity Leisure Club
Sat 27	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Group B
		Church Clean
Sun 28	9.30am	Morning Worship – Paul Timbrell
November		
Thurs 1	1.00pm	Trinity Leisure Club
	1.00pm	Dig Deeper—Chapel
Sat 3	9.30am	Morning Prayers – Chapel
	10.00am	Coffee Morning – Group C
Sun 4	9.30am	Morning Worship inc Communion – Revd Dorothee Bührma

Trinity United Reformed Church

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Worship**Sunday Morning Worship 9.30am**

Holy Communion 1st Sunday in month

All-age Worship and Parade (term time) 2nd Sunday in month

Young Church 3rd Sunday in month

Saturday Morning Prayers—in the Chapel 9.30am

Weekly Programme

Monday	Beavers	6pm
	Explorer Scout Unit (as arranged)	7.30pm
Tuesday	Cubs	6.30pm
Wednesday	Badminton Club	8pm
Thursday	Trinity Leisure Club TLC	1pm
	Rainbows	5.30pm
	Brownies	5.45pm
	Guides	7.30pm
Friday	Parent & Toddler Group	9.30am
	Scouts at Methodist	7.15pm
Saturday	Coffee Morning	10 am